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Holiday games, holiday magic

The countdown begins — Andover's long Thanksgiving weekend featured the Feaster Five (above), where several thousand runners jockeyed for position in the early going; the annual Andover High Thanksgiving Day football game (below), during which the Warriors unfortunately spent too much time chasing Central Catholic; and the lighting of the Christmas Tree Sunday evening in Brickstone Square (left).

► Related stories and more photos are on pages 28, 38, 44.

Photos by Lisa Adelsberger



Fire-setting teenagers face 10 arson charges

By Neil Fater

Police arrested two 15-year-old Andover males Monday and Tuesday and declared an end to the burning, after a weekend marred by five downtown fires launched a joint state-town effort to snuff out Andover arson.

"People can sleep easy tonight and so can the firemen," says Andover Det. Don Pattullo, after midnight Tuesday.

Police plan to charge both suspects with at least 10 fire-setting crimes downtown, including a

Sunday fire that closed My Brothers Pizza Place on Post Office Avenue. Before the arrests, Andover Fire Chief Harold Wright said, the arsonists could face serious jail time if caught and convicted.

"You're talking felony charges for this. You're talking Cedar Junction (state penitentiary) — and Cedar Junction is not a resort area," he said.

Police arrested the first suspect Monday after a vehicle fire was reported on "Gradall Lane."

(Continued on page 29)

Charter school plan survives the first cut

By Rebecca Lipchitz

Residents proposing the formation of the Andover Classical Charter School were celebrating their first victory yesterday when the state approved their preliminary application.

Their initial application, a 10-page prospectus outlining the mission of their proposed school, was approved by the state and the group was invited to submit a 50 page report for final review, says Susan Dalton, the former School Committee member heading up

the effort to open a new school.

"It was very exciting," she says.

Dalton and a group of Andover residents are proposing to open a middle school for grades 5-8 in the Franciscan Center on River Road in Andover, using the E.D. Hirsch curriculum designed to emphasize such social values as civic duty and responsibility.

Their 50-page expanded prospectus is due to the state by Jan. 5, Dalton says.

As of *Townsmen* presstime

(Continued on page 3)

Silverman won't run again

By Neil Fater

Apparently 18 is enough for long-time Selectman Jerry Silverman, who has announced he will not seek reelection this spring, after he completes his sixth term on the board.



Jerry Silverman

Silverman made his decision public during Monday's selectmen's meeting by simply an-

nouncing "I will be serving my last term on the Board of Select-

(Continued on page 27)

INSIDE:

- Wheelabrator will challenge possible fines: page 5.
- Bill Downs had his cake — and meatballs too: page 7.
- Arson can burn a community: page 8.
- Beefing up block scheduling at AHS: page 27.

NEXT WEEK:

- Section: Holiday Gift Guide.

TOWNTALK

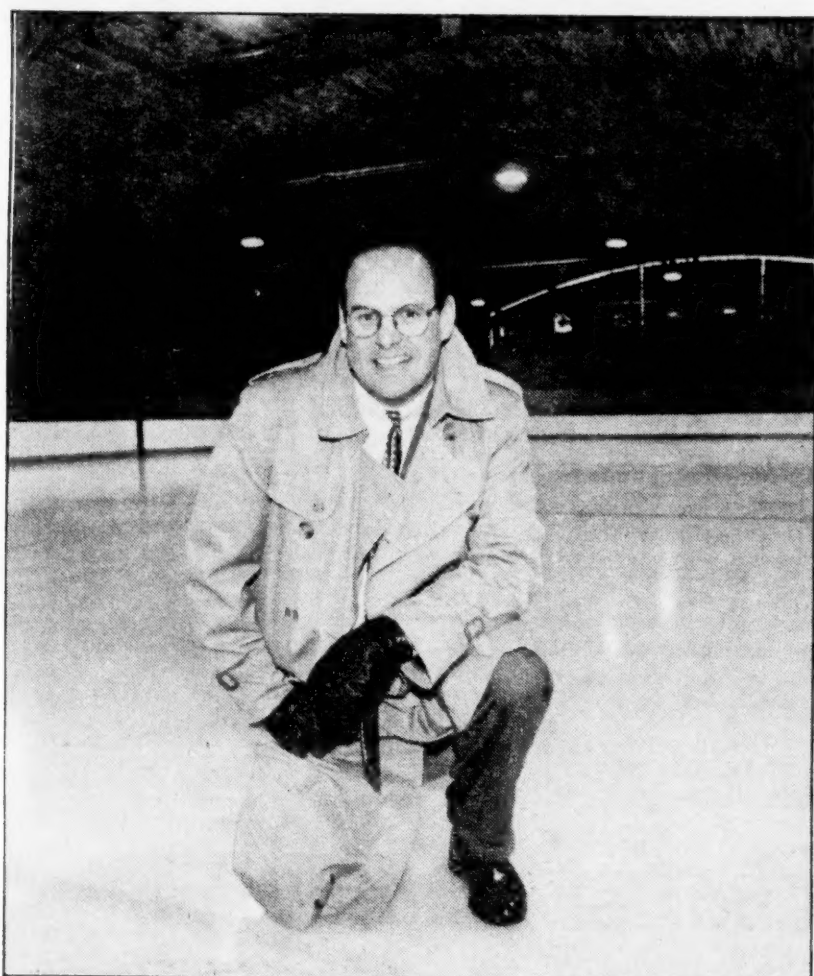


Photo by Lisa Adelsberger

Ice time — Andover Skating Club president Ed Hunter, shown at the Phillips Academy covered rink, says membership is open to local residents — as soon as there is an opening.

Skating club found, but full

A local resident who had gone looking for the Andover Skating Club and found nothing discovered last week that they weren't in hiding — they were only laying low.

The club was formed in the late '50s, according to Ed Hunter, who took over as president last year.

Joan Broderick, a resident who wrote to the *Townsmen* recently complaining that her letters to the skating club remained unanswered ("Can anyone help us join the skating club?" *Townsmen*, Nov. 20), changed her tune this week.

"I got a tremendous response," she said Monday of the phone calls she received with information about the club, including a call from the club itself.

Hunter says the skating club has about 1,200 members, the maximum number it can have to accommodate its members.

Because of limited time and space on the ice, there has to be a limited number of memberships.

"I wish we could say it's a community service, but it's not," Hunter says.

Because there are only so many slots that open each year, anyone applying to join goes on the waiting list, he says.

"Once you're in, you're in. You

just have to wait your turn," he says.

Broderick says she had no problem waiting her turn, but was dismayed when her requests for information were returned from the post office.

"I wasn't frustrated because there was a waiting list. I was frustrated because I didn't hear from anybody," she says.

Hunter says the only way to get information or to join is to write to P.O. Box 271 in Andover, which was closed briefly when the presidency changed hands. He is working with his staff to develop a system of responding to applicants, so they know their requests were received.

The Skating Club hotline, 474-5010, is not for leaving messages, Hunter says, but is a recording for members to check available ice times.

Hunter, who works in corporate finance and is an avid hockey player, says the organization has three other members to help him administrate, a membership coordinator, a figure skating instructor and a hockey skating instructor who helps coordinate the guards who monitor open skating.

The club holds open skating at the outdoor (but covered) skating

(Continued on page 4)

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NEWS IN BRIEF

Get your cultural grants here

The Andover Cultural Council will meet to discuss applications for the 1997-'98 funding cycle on Thursday, Dec. 11, at 7:30 p.m. in the second-floor conference room of the Town Offices.

Charter School survives the first cut

(Continued from page 1)

Wednesday, the status of the Haverhill Merrimack Valley Regional Alternative School's application was not available.

The Haverhill charter school's plan is to add small high school campuses along the North Shore from Newburyport down to the Andover, North Andover area, said founder Robert Crosby.

The campuses would be an expansion of the Richard Milburn High School, which opened 3 years ago in Haverhill, Crosby says. Their motto is "Never give up on a student," Crosby says, and their mission is to graduate students who were likely to drop out of their public high school.

The downtown Haverhill campus enrolled 30 students this year, he says. "We're not innovative, but we're successful," he says, because they offer school-to-work programs, small classes, and lots of counseling.

He cited a demand for a high school that targets potential dropouts in the Andover/North Andover area, citing data that shows 17 Andover students dropped out last year, and 18 dropped out in 1995.

"The entire area needs a school like this," he says.

The Haverhill campus enrolls students from Haverhill, Pentucket, Amesbury and Triton Regional school districts, Crosby says.

Representatives from organizations and individuals who have submitted proposals are welcome, but not required, to attend.

More than 35 grant applications and four PASS applications were received by the Oct. 15 deadline. Applications will be reviewed and grants awarded, within the \$8,028 allocated for this granting cycle, on the basis of criteria such as quality, benefit to the Andover community, and accomplishment.

Further information is available through John Zipeto, council chairperson, at 475-7844.

YouthReach is reaching out

State Senator John D. O'Brien, D-Andover, announced that the Massachusetts Cultural Council (MCC) is accepting applications for the YouthReach Project.

MCC will provide grants to promote the integration of substantive arts opportunities into community-based efforts to assist young people in need. This program helps support the mission of the MCC which is to promote excellence, access, education and diversity in the arts, humanities and interpretive sciences to improve the quality of life for all Massachusetts residents and to contribute to the economic vitality of communities.

The goal of the YouthReach Initiative is to promote the integration of substantive out-of-school arts opportunities into a collaborative, community response to the need of young people at risk of not making a successful transition from adolescence to young adulthood.

Those targeted to participate include young people with disabilities, school dropouts, homeless youth, young people facing neighborhood violence, court-involved youth, runaways and pregnant or parenting teens.

The YouthReach Program will support communities using the arts to build a stronger environment for young people. Another goal of this program is to foster collaborations between organizations dedicated to the arts with other community organizations that nurture the creative spirit in young people. MCC will support programs that provide young people with in-depth arts experiences, giving them an opportunity to interact with artists, develop techniques for constructive self-expression and target young people in need. Projects may include art education, training programs, internships, youth-generated performances, literature, video and film pieces, murals and exhibitions.

Applications are due Feb. 9.

For more information, call MCC at (617) 727-3668 or 1-800-232-0960.

For the record

The "Christmas at Home" tree, pictured on page 11 of the *Townsmen's* Nov. 26 Holiday Gift Guide, was decorated by the staff at the Methuen office of the Prudential Howe and Doherty agency. The tree won an award in the "most traditional tree" category at last year's Festival of Trees.

A story on Alistair Bor in the business section of the Nov. 26 *Townsmen* should have stated that he is the son of Ann Bor and the late Thomas Bor.

Quote, unquote . . .

'We're a really close family. You can have (everything else) in the world, but that's what really counts."

Bunny Downs, describing a week of celebration: Thanksgiving; her husband Bill Downs being selected grand marshal of the Firefighters Christmas Parade; and his Nov. 24 birthday.

'Ill miss the enjoyment of all the things we do with the board, the involvement with all the people. What I won't miss is having Monday night unavailable."

Jerry Silverman, on his announcing he won't run for another term.

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TOWN TALK

(Continued from page 2)

rink at Phillips Academy weekdays from 10 a.m. to 1 p.m., and on Saturday mornings and Sunday nights.

The club shares the rink with Phillips Academy teams, Andover High School teams and Andover Hockey Association teams, Hunter says.

— Rebecca Lipchitz

Hurricane Island book resurfaces

Local author Eleanor M. Richardson's history of Hurricane Island is back in print, after it sold out in its first year.

The island, off the coast of Maine, is now home to one of five schools of Outward Bound, where students learn to navigate in rough waters and to work with strangers when survival is the test.

Richardson's book, *Hurricane Island, The Town that Disappeared*, tells the tale of how a small town lived for nearly 50 years and then suddenly disappeared when its granite quarrying industry ran out.

Andover resident and Outward Bound founder Joshua Miner said the island's history and its present home to Outward Bound is "a fortuitous marriage, but not by intent."

Miner described the island's atmosphere as "spartan," an ideal place to open a school of survival and kinship.

The school at Hurricane Island opened in 1952, the third Outward Bound school to open.

Richardson's story of Hurricane Island begins in 1870 as stone workers arrived to quarry the masses of granite, and ends in 1914, when what Richardson describes as "an accident of fate" resulted in the disappearance of the town.

It was first printed in 1989 and sold out within a year after its publication.

Richardson said she had it reprinted at the urging of Outward Bound graduates, genealogists and many Maine residents. She is also the author of *Andover, A Century of Change 1896-1996*.

— Rebecca Lipchitz

McGovern not worried she's not in the money

Reports that former state senator and gubernatorial candidate Patricia McGovern's campaign finances are off to a slow start won't mean any changes in strategy, her campaign officials say.

"I think our strategy is sound," says press secretary Stephen Bilafer.

While McGovern's campaign made less than they would have liked in November — \$63,000 — Bilafer says they expect to make up for it in the coming months, he says.

"Part of what we're facing is typical problems in holiday months," he says, and added that they plan to remain on their fund-raising course, with 15 scheduled fund-raising events in

December and 20 scheduled for January.

In a race where campaigns usually cost between \$3 million and \$7 million, McGovern has to date raised \$190,000 according to the *Boston Globe*, which requested November financial state-

ments from the candidates before this Friday's deadline.

Attorney General Scott Harshbarger, the presumed Democratic front-runner, has reportedly raised \$1.3 million, Gov. Paul Cellucci \$2.63 million and Treasurer Joseph Malone \$1.26 million.

Bilafer says the

Best of the Brittany — Mickie Sue Bevers won the championship award at the Fitchburg North Shore Kennel Club contest, handled by Andover dog lovers Joan and Burl Bevers. Mickie Sue is a Brittany, like colleague in competition Lord Benjamin (Benji), who is also handled by the Bevers. After Mickie Sue won her championship on Nov. 9, Benji won his Junior Hunting Title on Nov. 16 handled by Joan on the field. The dogs are judged on movement and standards for the breed. They accumulate points through various completions, and must win championship points under at least two judges, Joan Bevers says.



candidates holding office had an advantage during fund-raising season, and because they had years to build up campaign funds.

"Our campaign is 75 days old. It's easier to raise money from an established position," he says, estimating that Harshbarger had more than

\$600,000 in the bank before his campaign started.

New McGovern staffers are also expected to spur donations. McGovern is banking on the talents of newly-appointed finance chair Paul Eggerman and "very experienced" finance

director, whom Bilafer declined to name as yet.

McGovern was scheduled to appear locally last night, at a Democratic Town Committee meeting in Memorial Hall Library.

— Rebecca Lipchitz

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Wheelabrator says it will challenge possible fines

By Rebecca Lipchitz

The North Andover NESWC incinerator, charged Nov. 20 with a dozen violations of environmental standards, could face fines of up to \$27,000 a day.

Or, if the federal Environmental Protection Agency decides against monetary penalties, it could impose an administrative penalty order or seek an injunction in federal court. If the EPA were to seek a federal court injunction, the specific penalty would be determined by a federal judge, said EPA Senior Enforcement Counsel Edith Goldman.

But the plant owners say they will contest every citation, arguing that the EPA has its facts wrong.

The EPA's citations against Wheelabrator, the North Andover incinerator's owner and operator, include unmonitored emissions, failure to record how much trash they process and shutting down a secondary pollution control system without permission.

According to James T. Owens III, chief regulatory enforcement counsel of the EPA, the penalties won't be imposed until the EPA meets with Wheelabrator.

NESWC Executive Director Steven Rothstein said this week that while the members of the 23-town consortium weren't surprised by any of the EPA's findings, they were "disturbed" to hear of the alleged violations. Andover is a member of NESWC (North East Solid Waste Committee), whose members are contracted to send trash to, and help pay for the building of, the North Andover incinerator.

Rothstein says they have spoken with the EPA, Wheelabrator and have their own engineers looking at the EPA's alleged violations, but he declined to quantify the severity of the allegations.

"We're the customer. We let them know our frustration, but we're waiting for Wheelabrator's response to determine what actions are appropriate for NESWC," he says.

Wheelabrator plant manager James McIver says the company plans to challenge all of the EPA's alleged violations.

"In a large measure, they don't have their facts correct," McIver says. "We demonstrate what we did and why we did it."

One of the alleged violations against Wheelabrator is a charge that the company doesn't weigh the amount of trash it takes in to be processed, Owens says.

McIver says that violations is more a question of method, rather than a problem with the amount of trash processed. Wheelabrator measures the total steam flow produced by trash processing.

"I don't think they've wrapped their arms around the method we use right now," McIver says.

But Rothstein says whether or not Wheelabrator processes more trash than their permit allows, "it's important that Wheelabrator follows the letter of the law, not just the spirit."

Wheelabrator was also charged with shutting down a secondary pollution control system, a "secondary dry sorbent injection system which limits pollutants like

hydrochloric acid, sulfur dioxide some metals and dioxins from entering the atmosphere.

The EPA charged Wheelabrator with shutting down the system in the first quarter of 1995, and failing to apply for a permit to shut it down.

McIver says the secondary system is out of operation because it is unnecessary, that the primary system Wheelabrator uses for pollution control does the job and that the state was notified that the secondary system was shut off.

The EPA also charged Wheelabrator with lack of monitoring their emissions in the first and second quarters of 1996 and 1997.

The incinerator is required to use a "continuous emissions monitoring" system for 4,000 hours per quarter, per unit, says McIver. The Wheelabrator plant uses two units, he says.

The EPA charged Wheelabrator with allowing their CEMs to go down at various points between 1996 and 1997 — up to 8.97 percent of the time required in one quarter.

For the second half of 1996, they were charged with failing to report emissions of

sulfur dioxide and carbon monoxide in three-hour block averages.

Owens announced the EPA's charges against the plant before a public forum on incineration with residents and politicians held by local environmental activists. Wheelabrator has until January 20 to meet with the EPA and respond to the violations, he says.

Asked if the emissions of the five local incinerators in the Merrimack Valley are dangerous enough to require that they close, Owens says that type of decision isn't easy or clear.

"People want some definitive answer, that X facility is emitting X amount of bad things and the result is this particular health problem," he says. "I was initially wanting to do that study, but found it was far more complicated. It's important for us to look at the big picture."

For the EPA to do a cumulative study of health problems in the area relative to incinerators, the scope of the study itself could take two years to develop, he says.

"The hard part is actually sitting down and looking at the scope, and at what point we are trying to get to," he says.

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It's official: police chief search will stay in-house

By Neil Fater

Selectmen appear to have guaranteed that one of Andover's current officers will become the next chief of police.

A unanimous vote by the board Monday calls for an independent assessment committee to question and evaluate interested superior officers to determine which of them are worthy of becoming the next chief.



Gammon — 'If you find him, let me know. I want to marry him.'

"The main drive of this thing is to keep it (the search for a new chief) within the department. Originally there was talk of doing a national search," said Selectman Bill Downs.

The vote came after three residents and Officer Edward Higgenbottom requested that the town refrain from looking outside the department for qualified candidates. Both the patrolmen's union and the union representing superior officers had made the same request.

After Monday's vote, police present at the meeting were all smiles.

"That's what we were hoping the board would do. I know for a fact there's qualified candidates within the department," said patrolmen's union president Craig Poirier.

"We're happy with what's been done. This is what we came here asking for," agreed Higgenbottom.

Higgenbottom had more to say during the meeting. He told selectmen that giving the position to someone outside the department would send a damaging message to those officers who have worked hard to improve their skills. Higgenbottom himself is pursuing a master's degree in criminal justice administration and admits "I do one day aspire to be the chief of police."

"The removal of the chief of police position from this department will not send a positive message to the rank and file of our department," said Higgenbottom.

"Why do we work so hard?" he asked. "I know why I did it. It was to reach the top, to climb the ladder."

Although he voted for the independent committee, Selectman John Hess noted that of all those who talked about the chief position, only Norma Gammon listed criteria besides "the next chief should come from Andover."

The board had weeks ago invited residents to come to an informal meeting to discuss qualifications. But residency was the main message at the time.

With that apparently settled now, Hess said much more specific criteria for a chief must be determined, and a job description created, before the independent committee comes in and begins working.

Asked after the vote if the patrolmen's union would suggest such criteria, Higgenbottom said, "We would assist in any way that we can. We just want the most qualified candidate."

Gammon suggested the next chief should have a high level of education with a strong

background in finance because the chief deals with a substantial budget, and should be capable of writing grants to bring assistance to Andover.

The ideal candidate should also connect with the community and Andover's youth, and be accessible to both the community and the staff.

"If you find that person, you let me know. I want to marry him," joked Gammon.

As for other residents at the meeting, Williams Street's Bob Kelley and Haggetts Pond Road's Rick Kelley praised the Andover police, saying the town did not need to look outside of the department for a successor to

outgoing Chief James Johnson.

"There are fully a half dozen who could take up the reigns of chief of police and continue the march," said Rick Kelley. "Of all the police departments in the Merrimack Valley, and I deal with all of them, Andover stands head and shoulders about the rest."

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Dr. Melia received his medical degree from Tufts University School of Medicine in Boston and completed his internship and residency in Internal Medicine at St. Elizabeth's Hospital in Boston. Dr. Melia served in the U.S. Army Medical Corps in San Pedro, CA during the mid-1960's. Prior to joining PMA, Dr. Melia was in private practice in Andover and Lawrence.

Dr. Thompson received her medical degree from Tufts University School of Medicine in Boston and completed her internship and residency in Internal Medicine at Newton Wellesley Hospital, in Newton, MA. She is Board Certified in Internal Medicine and a member of the American Medical Women's Association. Prior to joining Pentucket Medical Associates, Inc., Dr. Thompson was in private practice in Andover, MA.

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Bill Downs had his cake and ate his own meatballs, too

By Neil Fater

Born in Andover on Thanksgiving Day, 1927, Selectman Bill Downs had much to be thankful for last week as he celebrated his 70th birthday. He not only had his cake Monday, he later ate his own meatballs, too.

But the capper to Downs' week may have been riding in a convertible Sunday as grand marshal of the annual firefighters' Christmas Parade. The honor appeared to mean a great deal to the 10-year selectman because he spent more than 31 years of his life as an Andover firefighter.

Downs was a member of the department from 1955 until his retirement in 1986, and he spent his last 10 years as fire chief. So when the firefighters called and asked him to be grand marshal, even the normally reserved Downs admits he was "excited."

His wife paints a fuller picture.

"He was elated, he really was. In fact, I've almost never seen him so happy," says Bunny Downs. "He was thrilled, thrilled to think that the guys still thought so much of him."

The selection of Bill Downs as parade marshal was especially fitting, because he was intimately involved with creating the first firefighters' parade, just a few months after he joined the department in July, 1955.

"We started with decorating the fire house," says Downs. "The first parade was mainly, we put a couple of fire trucks in the road ... and some of us marched. That was the



Photo by Lisa Adelsberger

Drizzle or not — Firefighters Christmas Parade grand marshal, Selectmen Bill Downs, and his wife, Bunny, didn't let the raindrops dampen their enthusiasm. For more photos of the parade, see page 16.

beginning of it."

Then as the years went by, the parade began to grow and people started renting floats and dressing up in costumes.

Now the parade attracts lots of families with kids eager to see Santa roll down Main Street at the end of the parade. Though nature literally drizzled a bit on his parade this year, Bill Downs led the popular festivities Sunday to the cheers of the townspeople.

"I was really thrilled for him, because he's very modest," says Bunny Downs. "He doesn't push himself at people. So I'm always happy when people fuss over him."

If that's the case, she must have been ecstatic last week.

The Youth Council started things off Monday by bringing a birthday cake to the selectmen's meeting and singing *Happy Birthday* to him. Mem-

bers feted both Downs and fellow birthday-boy Selectman John Hess, who shares Downs' Nov. 24 birthday.

Then, Saturday, about 70 friends and family members shocked Downs with a surprise birthday party. A few of his card-party buddies got the former fire chief to the reception hall by telling him it was a fund-raiser for a mutual friend of theirs.

Downs never smelled the smokescreen.

In fact, earlier in the week, he had unknowingly prepared some of the food for the party.

As a cover story, Bunny Downs says she told her husband she was going to make some cocktail-size meatballs in preparation for their Christmas party. She said she'd freeze them and it would make things less hectic around the holiday.

But her husband, who enjoys cooking and has been making the cocktail meatballs for the last several years, insisted on completing his regular Christmas-time task. So he went ahead and rolled his own party snacks.

His daughters kidded him at the party for cooking some of the food for his own surprise party. Fortunately, Bill Downs didn't have to eat humble pie. It was his party, after all. (And he didn't pre-

pare any of that.)

But you can bet the Downs' daughters will get a good chuckle over their father's meatball moment for years to come. Besides the Downs' three daughters, they also have seven grandchildren and the clan gets together frequently, says Bunny Downs.

"We're a really close family," she says. "You can have (everything else) in the world, but that's what really counts."

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Townsmen EDITORIALS

Winner, New England Press Association's Editorial Page Awards 1993, 1995 • Horace Greeley Award for Community Service

Arson can burn a community

While it is supposed to be true all through the year, this is the month when we give special significance to sharing and pulling together.

Usually that is done to create a closer sense of community and to help those who are less fortunate. That is as it should be, and should continue. Unfortunately, however, there was a need in Andover this week to pull together against something uglier.

Before apprehending two 15-year-old suspects, fire officials sought public help in stopping a disturbing and dangerous cluster of fires. A reward of up to \$5,000 was even offered for information.

Most of those who don't own a scanner — or monitor the police and fire logs — might not have been aware of the problem. But there had been an unusual number of dumpster fires in recent months.

Perhaps those could have been excused as petty vandalism. They were a nuisance, but they weren't putting anybody in danger.

This past weekend, all that changed. Things went well beyond petty vandalism and juvenile thrills. In a four-day span there were six fires — one bad enough to shut down My Brothers Place pizza shop on Post Office Avenue.

State and local officials worked together to solve this case. But they can't solve these types of cases alone.

In this case, they relied on residents to report how many people they had seen near the fire scenes before the fires erupted. One man was credited with squelching a fire before it could do serious damage to a new construction site.

Investigators need this kind of help, reward or no reward. James Brooks, a state police sergeant who works out of the state fire marshal's office, says fire-setting is a growing problem with youth in this area.

So when it comes to threatening lives and livelihoods, it's past the time to keep silent and protect someone one might regard as "basically a good person."

As for those who have set other fires, if it's meant as one of those so-called "cries for help," you'd be better off turning yourself in and asking for it.

Because if local officials catch you attacking buildings, they say they'll prosecute you as vigorously as they can, and the only help they'll offer is a one-way trip to state prison.

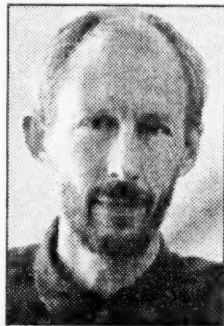
That, as the fire chief notes, is no resort hotel.



Photo by Lisa Adelsberger

Smiles for Santa — Olivia Blain, 6, and Merdith Bilodeau, 6, were dolled up, bundled up and proud to represent the Girl Scouts while marching in this year's Andover Firefighters' Christmas Parade on Sunday afternoon. The rain didn't dampen the spirits of marchers, or of Santa himself, who managed to show up in spite of the wet weather. See other photos, page 16.

Time to cultivate a sense of community



Taylor Armerding

I have to start this with a major *mea culpa*.

My intentions were good. I had intended to attend Selectman Larry Larsen's breakfast for newcomers this past Monday, figuring I was not only authorized as a representative of the press, but qualified in the newcomer category as well. Not to mention that I could pontificate about it in a column.

So of course Larry was there, along with several of his governmental colleagues, plus about a dozen residents new to town in the past year. But I wasn't.

I had a reasonably good excuse. The close relatives visiting for the weekend had planned to leave in the middle of Sunday, but decided to stay over until Monday morning. So while Larry was conducting his focus group, I was hanging out, carrying luggage and saying goodbye.

But no excuse is a really good

excuse, especially when there was a free breakfast involved. Therefore, my pontification authorization is revoked, or at least suspended.

Which is probably just as well. These observations come with thanks to the good Dr. Larsen, who was willing to summarize the state of mind of Andover's recent immigrants, even to somebody who stood him up. Probably because he's a psychologist and knows the self-esteem of journalists is even more fragile than that of politicians.

So, *mea maxima culpa*. And on to the more important stuff.

You who have been here for generations probably won't be surprised at what is on the minds of your newer neighbors, but their order of priorities might not be exactly what you expect.

Yes, there has been lots of talk about preserving the character of the downtown, but in recent months that's been somewhat buried under louder rhetoric about youth activities, block scheduling and completion of the high school.

It's numero uno among those who came to the Monday breakfast. "People said they had moved here because they liked the Main Street design of the town. They want a place with a center and an identity, and they're very concerned about anything happening to that," Larsen says.

So it makes sense that they're also high on town "events" — everything from parades to the Know Your Town Fair to Clown Town.

They may be newcomers, but that doesn't mean they want to wait a decade before they get involved. They're creating neighborhood associations, holding block parties and doing other things that form the connective tissue of communities.

The group was also concerned about education. No, they don't think the schools in Andover are lousy and need an overhaul, but they do think it has taken too long, and continues to take too long, to address the overcrowding at the lower grade levels (Are you listening, School Committee?).

Then there are recreational facilities, which "came in for a sound drubbing," Larsen notes drily. It hasn't taken this group years to notice that there are too many "dust bowls" — fields that have turned to dust from overuse.

Now they can join the somewhat rough and tumble discussions about where to put them, since in the minds of some neighborhoods the fields are venues for noise, litter, drinking, vandalism and public urination.

And finally, there was significant discussion about creating "centers" in the outer neighborhoods of town, like

LETTERS

Discipline can make it worse

Editor, *Townsmen*:

I think that too much discipline can cause children to want to do more bad things. They want to fight back. I think that grownups should not reinforce so much discipline.

Here's how I got my answer. I've been observing many situations. I've been noticing that the same thing happens when a parent punishes a child. The child gets mad. Some show it by hitting and kicking. Others show it by whining.

I believe that the more discipline children get, the worse they behave. I think that we could change it. Grownups should have less discipline. Not no discipline, but less.

I think teachers and parents could stop putting so much trouble into their hands by doing this. I also have gotten my answer from knowing that kids are sensitive, which causes children to react that way. If we tried this, I think it would work.

I hope some people try this. I think it could work, as I've said before. I hope it works.

Kyle Butler, 8

Tree-lighting delay leaves them cold, wet, frustrated

Editor, *Townsmen*:

I want to express my disappointment with the lighting of the Christmas tree at Brickstone Square. My husband, two children and I have attended for the last four years and have always enjoyed the festivities. This year, however, my children walked away feeling sad and angry.

The festivities, including the opening

of Santa's Village, were scheduled to begin at 5:30 p.m. with the tree lighting at 6 p.m., according to the *Townsmen*. Having experienced the crowds in prior years, we arrived, undaunted by the rain, at 5:15 p.m. We grabbed a cookie, some cocoa and got in line for Santa's Village. Shortly after 6 p.m., Barry Burbank, meteorologist for WBZ Channel 4, announced that the lighting would be broadcast live at 6:45 p.m. We were then informed that Santa's Village would open following the lighting. The rain, which had been just an inconvenience, began to feel cold and wet. People began to leave with tearful children in tow. At 6:20 p.m., we followed those folks and headed home to watch the tree lighting on television.

I am disappointed that the media schedule postponed the tree lighting and opening of Santa's Village. The actual broadcast lasted no more than 30 seconds and Santa's Village was not even shown. Why couldn't the village have opened at 5:30 p.m. as scheduled? I think that delaying the events to accommodate television is insensitive to the children for whom the festivities are magical. Surely the television-viewing audience would not feel as disappointed watching the tree lighting on tape delay as those young families walking away that night feeling cold, wet and frustrated.

Kathleen Fanikos
181 High St.

Don't slow down on closing incinerators

Editor, *Townsmen*:

While I thank Mr. Armerding for highlighting the ill-health effects of incineration in his editorial ("Go slow on incinerators," *Townsmen*, Nov. 26, 1997), I seriously question his basic message. Rather than cautioning officials and residents to "... go slow on incineration," I suggest one

should support the momentum building in this region and keep the "good" pressure on.

The Merrimack Valley presently supports three municipal incinerators and two medical waste facilities: five total. No other region in the entire United States, except one, hosts such a high concentration of incinerators. The combined levels of dioxin and mercury produced are alarming and life-threatening. We cannot slow down. Many of our bodies already exceed EPA "safe levels" for dioxin exposure.

What can we do? We can embrace recycling; assist town officials and Concerned Andover Residents for the Environment (CARE) who are working to develop a town recycling plan that will work for each resident and markedly reduce our waste stream. Yes, it will take "... a lot more than 200 people, (the number of attendees at a local hearing on Nov. 20, 1997) to make trash troubles go away." Each and every household needs to understand clearly that incinerators are poisoning our bodies and take responsibility for separating out trash that can be recycled. It may require new arrangements in an apartment or garage but once set up, it becomes a simple habit.

We can also close one or more area incinerators without losing a place to put the trash that cannot be recycled. This tonnage can be absorbed by remaining incinerators easily, according to available projections ... as long as recycling levels reach the Massachusetts' goal of 46 percent or higher. This is one proposed solution and there are many individuals and organizations working toward others.

Now is the time, as an intelligent and progressive community, to take responsibility for our waste. We must pull together ... to make recycling work in Andover and to close as many incinerators in this region as is viable. Many

hands and minds can solve our waste problem as have other communities nationwide. We need only to recognize the urgency and move to positive action. Skepticism and doubt are only slowing down our community and contributing to illness among us.

Roberta Whitney
35 Argilla Road

Come and be heard on Collins Center

Editor, *Townsmen*:

On Dec. 9, a public hearing on the future of the Collins Center will be held at the Memorial Auditorium of Doherty Middle School at 7:30 p.m. Invitations have been sent to the Andover Board of Selectmen, the Andover Finance Committee, and numerous community groups and organizations.

The Collins Center has been closed for more than two years. Now is the time your voice can be heard as to what the future of the Collins Center should be. Should the center be the Collins Center For Performing Arts or just the High School Auditorium?

This is an important decision and should not be taken lightly. This decision will have great effect on the whole community. Our community of Andover, including the business leaders and the town officials, must come together and decide what is best for this town. The Collins Center could become the focal point of the Merrimack Valley. Our committee will compile the ideas and make a presentation to the School Committee.

Do you have an opinion? Come to the meeting on the 9th and make it heard.

Atty. Sheldon A. Fine, Chairman
Ad Hoc Finance Committee
For Andover Schools
36 Bannister Road

A sense of community ...

West Andover and Ballardvale.

What should all of this be telling local officials?

At one level, not much that they don't already know. Selectmen like Larsen, Bill Downs and John Hess, who have been here for, in some cases decades, probably could have come up with a list before the meeting that included everything that came up during the discussion.

But among the different issues, a theme emerges — one that should be encouraging to those who love their town and hope to see it become stronger, and one that should help selectmen and other leaders who struggle year after year to form a vision from all the competing interests and issues in the town.

First, this is a group that wants to give more than it takes. Yes, they want things done, they want services at every level, from sidewalks to schools to recreation. But they are willing to help. They're just

looking for a bit of direction. Officials should put 'em to work. New blood can help to balance the views of those who have been here for generations.

Second, the items on their list, taken collectively, show an intense desire to experience real community — to live in a place where people share much more than a zip code, to create a place where the neighborhood is an extended family.

Perhaps the nuclear family is dead, and the sociologists can't agree on what is replacing it, but here there is an obvious, instinctive urge in that direction — to connect, to be committed to one another, to create a network of support, to know and be known, to work, play, celebrate and mourn with others.

That's not something you can include as a line item in the budget. But it is probably more valuable than any expenditure voted at town meeting.

Nurture it, and everything else will fall into place.

NEWS CALENDAR

Thursday, December 4

Board of Appeals, second floor, Memorial Hall Library, 6 p.m.

Superintendent Search Committee, School Committee room, School Administration Building, 3:30-5 p.m. and 7:30-9 p.m.

Greater Lawrence Technical High School, district subcommittee, 57 River Road, 4:15 p.m.

Saturday, December 6

Board of Appeals, deliberation meeting, second floor, Memorial Hall Library, 10:30 a.m.

Monday, December 8

Board of Health, second-floor conference room, Town Offices, 6 p.m.

Board of Selectmen, recreation department forum, Cafeteria of Doherty Middle School, 7:30 p.m.

Greater Lawrence Technical High School, school building subcommittee, 57 River Road, 3:30 p.m.

Tuesday, December 9

Senior Center Design Selection Team, site evaluation subcommittee, Andover Senior Center 7:30 a.m.; architect selection subcommittee, 8:30 a.m.

Schools Ad Hoc Committee for Finance, Memorial Auditorium, Doherty Middle School, 7:30 p.m.

Preservation Commission, second-floor conference room, Town Offices, 5:30 p.m.

Wednesday, December 10

Senior Center Design Selection Team, third-floor conference room, Town Offices, 6 p.m.

Thursday, December 11

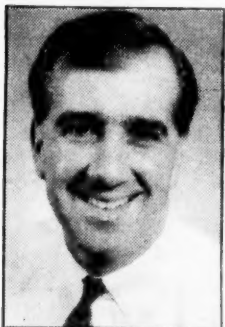
School Building Committee, third-floor conference room, Town Offices, 7:30 p.m.

Andover Cultural Council, second-floor conference room, Town Offices, 7:30 p.m.

BUSINESS

Anders Ekman named president of marketing firm

Paul Berenson recently announced that Anders Ekman would assume the position of president of Berenson & Isham & Partners Inc. in Boston. Berenson, who has held the position for 26 years, said "Anders not only shares the company's philosophy and direction, but also brings the energy, vision and enthusiasm it takes to make our organization successful in the next millennium."



Anders Ekman

Berenson & Isham is one of the country's leading developers of direct response marketing programs. The addition of Ekman to the agency has expanded its services by adding branding capabilities, as well as improving the company's integrated marketing strategies.

Ekman, a veteran of the New England and Washington, D.C., advertising industry, was a principal at OGBE in Manchester, N.H. He joined Berenson & Isham in May as executive vice president of marketing.

"Anders' first task," according to Berenson, "is to help make the work we do for our present clients even more successful through implementation of what we call measured marketing." Ekman and Berenson will also team up to develop new business opportunities for the agency.

Local MediaOne channel wins awards

CTV-3, MediaOne's local channel serving Andover, has received three first-place television programming

awards, one of which also took the prestigious Massachusetts Video of the Year Award from the Massachusetts Cable Television Commission.

These CTV-3 awards represent the most any cable system received in this

year's 12th annual Community Television Contest, which was held recently in Lexington. The awards recognize outstanding programming throughout the Commonwealth. CTV-3 had also led the nomination field with nine nomina-

tions. Statewide, MediaOne received 15 awards from 32 nominations.

CTV-3 News videographer Ray Valdez received the first Video of the Year Award for his documentary on the Lawrence police titled *One Patrol: Inside*

He's booked up, in more ways than one

Meet Brian Serpone, social worker. He spends his days at Baldpate Hospital in Georgetown, doing what social workers do.

But then, you might also want to meet Brian Serpone, acoustic musician. You can catch him a couple of nights a week in Davis Square, Somerville, where he plays guitar at Tallulah's Brew Pub in a duo called Bardic Lore. The group also plays around the region. They "cover the map," playing everything from Medieval songs to contemporary stuff. They've been working on a self-produced CD, for about two years, "but these things take a long time to get out," he sighs.

And then, you might also want to meet Brian Serpone, booking agent and manager, co-founder of Legends & Associates of Wakefield. They have about a half-dozen musical acts under contract, but also book for other groups around the region.

And after all that, you might wonder how you can meet yet another Brian Serpone, this one the 24-year-old owner of The Book Cellar, a new book shop just a few steps down from street level (in the cellar, get it?) at Park Street Village.

For Serpone, who grew up in Yarmouth on Cape Cod, attended Merrimack College and now lives in Andover, each one of his vocations reflects one of his areas of interest. But the bookstore might not have happened, at least not this soon, he says, if



Photo by Lisa Adelsberger

Paging Brian — Book Cellar owner Brian Serpone, with just a little bit of his hardcover inventory.

the booking agency hadn't done so well. "That's what gave me the money to do this," he says.

The Book Cellar is obviously not the only book game in town, but Serpone is trying to carve out his own niche, specializing in out-of-print, first editions and rare collectibles, paperbacks, magazines from the '50s and '60s (when was the last time you saw a *Life* magazine with Nikita Khrushchev on the cover?) and hard-cover books nearly two centuries old, from the early 1800s. He also

has an inventory of used children's books.

"I'd always been interested in fiction," he says, and then I started collecting first editions, things like that."

He says the real action in these sorts of books is on the Internet, where book dealers do the majority of their trading, buying and selling.

"If somebody comes in here looking for a rare book," he says, "I can go to a section on the Web with antiquarian books, and find who has a copy anywhere in the world, and then just order it in."

Similarly, if he has a book somebody wants, they can find him on the Internet at www.thebookcellar.com and he'll ship it out.

He also collects inventory in the more traditional way, from things like estate sales. "I've got members of my family and friends looking for me," he says.

The store itself, which is open only after 4 p.m. Monday through Friday (after he finishes his day job) and on weekends, still has a bit of a "transitional" look to it. But it is already the site of yet another activity — The Presidents Club, an organization of single professionals that meets Thursday nights to discuss books.

So far, if he had the time, Serpone could be a member. There is no wife and children so far.

"No, that will probably take some time," he says.

— Taylor Armerding

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BUSINESS

the Lawrence Police Department. This documentary focused on several police programs associated with zero tolerance.

Former CTV-3 news director **Samantha McDermott** won an award in the Public Affairs category for CTV-3's community safety series, *All Points Bulletin*. This series can be seen Fridays at 6 p.m.

CTV-3 special events programming was also recognized at the awards ceremony. Studio manager **Tom Shallow** received an award in the Cultural category for CTV-3's coverage of the *Lawrence Hispanic Festival*.

CTV-3 also earned six nominations for the following shows: *Issues and Answers with Attorney General Scott Harshbarger*, *Nuestra Comunidad*, *Paws for Adoption*, *Around Town with Bruce*

Arnold and CTV-3 Basketball Coverage.

McCarthy attends realty management retreat

Cathy McCarthy, manager of the Andover offices of Hunneman Victor-Coldwell Banker, recently attended a three-day Hunneman management retreat at the Blackpoint Inn in Scarborough, Maine.

The working session, held for the company's managers in recognition of their outstanding performance over the past year, combined cutting-edge computer technology with real estate know-how, emphasizing specialized and sophisticated real estate software capabilities. Hunneman strongly advocates using technology to ensure future growth and remain an industry leader, while continuing to provide the exceptional services its sales associates and customers expect.



Management retreat — William E. Kiley Jr., president of Hunneman-Coldwell Banker, and Cathy McCarthy, manager of the firm's Andover office.

With 68 residential offices and more than 1,900 real estate professionals located throughout Massachusetts and Southern New Hampshire, Hunneman-Coldwell Banker exceeded \$2.9 billion in sales volume of residential real estate

over the past year. The Andover offices are located at 28 Elm St. and 168 North Main St.

Poulo completes realty course

Beth Poulo has completed a highly specialized course in the new skills involved in real estate listings, conducted by the Realtors National Marketing Institute.

The class was conducted in Waltham and is one of the required courses that must be taken by real estate agents and brokers to qualify for the Certified Residential Specialists (CRS) designation.

The course included techniques in seller counseling, pricing, clients servicing activities, marketing techniques and other programs designed to close sales on residential properties.

"Today's real estate sales are more

(Continued on page 13)

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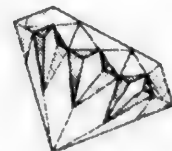
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It wasn't a Boston hospital, it was Lawrence General.

BUSINESS

(Continued from page 11)

complex then ever before and the initial listing process has become the key in the movement of residential properties," said Poulos. "This course provided me with new input to enable me to serve both buyers and sellers of residences more effectively."

Residential Sales Council courses are presented throughout the United States. The Council is part of the Realtors National Marketing Institute, an affiliate of the National Association of Realtors.

Wild Harvest volunteers for better quality control

Wild Harvest is the first natural foods retailer in New England to voluntarily implement strict procedures to ensure the quality and safety of its seafood products.

Last month, Wild Harvest put into effect the tough guidelines of HACCP (Hazard Analysis Critical Control

Point), a voluntary seafood safety program offered by the U.S. Department of Commerce.

Originally developed for the NASA space program, the HACCP program acts as an "early warning system" to spot potential seafood problems, establishing quality and safety checkpoints all along the processing and distribution line, literally "from catch to kitchen."

While retailers are not required to put HACCP standards in place, Wild Harvest has voluntarily done so. It will employ rigid temperature-testing for all seafood products. Accurate data will be kept on all tests.

As a condition of HACCP certification, Wild Harvest's handling procedures at all of its locations have been audited and approved by the U.S. Department of Commerce. To inform consumers of the HACCP standards, Wild Harvest will prominently display the HACCP seal at its stores and on its seafood packaging.

The Wild Harvest's decision comes as food safety has emerged as an issue of national concern. Statistics that

illustrate the scope and nature of the problem include:

- Every 58 minutes one person will die and another 1,027 will get sick from a food-borne illness in the United States. Each year nine million people contract some form of food poisoning.

- The National Academy of Sciences concluded in its study of seafood safety that the greatest microbiological risk associated with seafood other than raw molluscan shellfish appears to be mishandling at the retail and food service levels.

- In 1992, the nation's leading consumer testing organization reported that 30 percent of 113 fish samples bought at random from retail outlets were spoiled, and another 9 percent were nearly spoiled.

Earlier this year, during a nationwide radio address in which he cited a number of tragic incidents related to food poisoning, President Bill Clinton said his administration has established the health and safety of Americans as it relates to food standards as its top priority.

Wild Harvest, a division of Star Mar-

kets Company Inc., operates stores in Medford, Saugus and Andover, with plans to open a fourth store in Framingham later this month.

Andover Financial president up for radio award

Andover Financial Advisors has announced the nomination of its president, Charles K. Erban II, as a finalist, for the second year in a row in the Achievement In Radio (A.I.R.) Awards.

Erban has been nominated in the category of Best Talk Show Host for his weekly radio show *Retirement & Your Financial Future*, heard locally on WLLH, 1400AM, every Wednesday from 6-7 p.m. The other nominees, all from WRKO, are Howie Carr, Jerry Williams and The Two Chicks Dishing. (Williams was the 1996 winner).

Tom Bergeron, Boston TV and radio veteran, will host this year's award show. The event, held at the Boston Long Wharf Marriott, is sponsored nationally by Ford Motor Co. and will benefit the Massachusetts Chapter of the March of Dimes.



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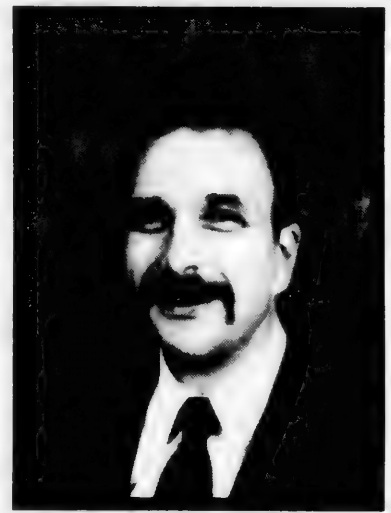
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Dan Richard, R. Ph



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Good through January 10, 1998



35189

35189

NEWS FOR SENIORS

Clinics for elders set in January

Home Health VNA, a United Way-funded agency serving the Merrimack Valley and Southern New Hampshire, offers free elderly health clinics throughout the Merrimack Valley.

The clinics are conducted by Home Health VNA registered nurses and sponsored in part through town funds and through funding from the Older Americans Act as granted by Elder Services of the Merrimack Valley.

The clinics focus on preven-

tive care and assist elders in maintaining good health through blood pressure checks, weight management and nutrition and medication counseling. The clinics are free and open to the public.

Clinics in Andover are staffed jointly by Home Health VNA and the Andover Health Department. Clinics will be held Monday, Jan. 12, at Andover Commons and Monday, Jan. 26, at Frye Circle from 1 to 3 p.m. both days.

Call the health department at 623-8200 or Home Health VNA at 373-1141, Ext. 3150, for further information.

She cares — Patricia VanVleet of Andover (left) received the David Bruno Caregiver Award from the Elder Services of the Merrimack Valley at the agency's recent annual meeting. Making the presentation were Maryann Bennett from Elder Services and Sixth District Congressman John Tierney. Since 1994, VanVleet has coordinated the care of her mother-in-law, brother-in-law and husband. The theme of the meeting was that families have a role as partners with health care agencies in the care of elderly family members.



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SENIOR NEWS

Lifetime learners

The Lifetime Learners Society will hold their meeting Thursday, Dec. 11, at 1 p.m. The agenda will include discussion of the selection of study topics and a sign-up for study groups. For more information, call Saul Birnbach at 475-4033.

Brown bag luncheon/lecture

Ed Neiburger will speak on shell collecting at the brown bag luncheon and lecture Thursday, Dec. 11, at 11:30 a.m. Neiburger has been a shell collector for 38 years and is just back from the

Aging council wins grant

State Sen. John O'Brien, D-Andover, and state Rep. Barry Finegold, D-Andover, joined Franklin Ollivierre, Secretary of the Executive Office of Elder Affairs, to announce that the Andover Council on Aging will soon receive a formula grant award of \$15,991. These funds will be used to employ a day-care program aide, to print and distribute the newsletter and a new brochure and to provide for dues, conference attendance and volunteer recognition and support.

"I would like to commend Jeanne Madden and the entire council staff for participating in this grant process," O'Brien said. "I know that the senior citizens in Andover already benefit from the many outstanding services provided by the Senior Center. Through this grant award, the Senior Center will be able to expand its services and continue to serve the needs of the elders in the community."

"The people at the Senior Center have done an excellent job making their establishment number one in the state," Finegold added. "I am happy to see that their hard work and dedication have been rewarded with this grant so they may continue to provide such excellent services."

Madden, director of the Andover Council on Aging, added, "This grant, coupled with client fees, will now allow the Council to expand its staff. The addition of a new staff person will add stability to our center and improve the care for all Andover seniors."

British Shell Collectors Show in London. He will bring some of his collection and invites participants to bring their favorite shells or a shell they would like to have identified. Cost is \$1 per person. Preregistration would be appreciated.

Cookie walk

The center's Christmas cookie walk will take place Friday, Dec. 12, from 10 a.m. to 2 p.m. Contributions of cookies, bars, squares, etc. for the sale would be appreciated. Let the center know if you can bring something. Christmas crafts will also be for sale.

Men's breakfast

The men's monthly breakfast will be held Friday, Dec. 12, at 8:30 a.m. Men are invited to treat their wives to this breakfast — no cost to the ladies. Make reservations prior to Dec. 10 by calling the center.

Movie matinee

Sleepless in Seattle, starring Tom Hanks and Meg Ryan, will be showing Monday, Dec. 15, at 12:30 p.m. Nora Ephron's romantic comedy is about two

people drawn together by destiny.

Fix-it shop

The next fix-it shop will take place Monday, Dec. 15, from 12:30 p.m.

Holiday party

The Senior Center and Haven Associates will hold their annual holiday party at Old Town Hall Wednesday, Dec. 10, at noon. A chicken pie luncheon will be followed by music and

dancing to the sounds of George Mattheson. Tickets are \$7 per person.

Christmas concert/eggnog social

A Christmas concert featuring the Merrimack Valley chapter of Sweet Adelines and Doherty Middle School handbell choir will be held at the Senior Center Sunday, Dec. 14, at 1 p.m. Tickets are \$4 per person and are available at the center on an advance-purchase basis only. An eggnog social will follow.

SENIOR MEALS

Monday: Chicken, oven brown potatoes, seasoned green beans, assorted whole grain bread, fruit cocktail.

Tuesday: Roast sirloin of beef, brown sauce, mashed potatoes, peas, assorted whole grain bread, homemade cookie.

Wednesday: Spaghetti with meatballs, tomato sauce, garden salad with house dressing, Italian bread and butter, pear.

Thursday: Baked stuffed pepper with sauce, whipped potatoes, mixed vegetables, assorted whole grain

bread, frosted cake.

Friday: Broiled fish, tartar sauce, scalloped potatoes, carrot wheels, assorted whole grain bread, pineapple.

A choice of milk, coffee or tea is available daily.

For reservations, call 623-8321 before 2 p.m. on the business day before the lunch you plan to attend. The Senior Center will serve baked veal roulade on Monday, Dec. 15, and turkey on Tuesday, Dec. 16. Menus are subject to change.



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FIREFIGHTERS' SANTA PARADE RINGS IN THE HOLIDAYS



◀ Andover Firefighters held their 42nd annual Christmas Parade Sunday afternoon downtown. The grand marshal of the parade was retired fire chief and selectman Bill Downs, riding with his wife, Bunny.

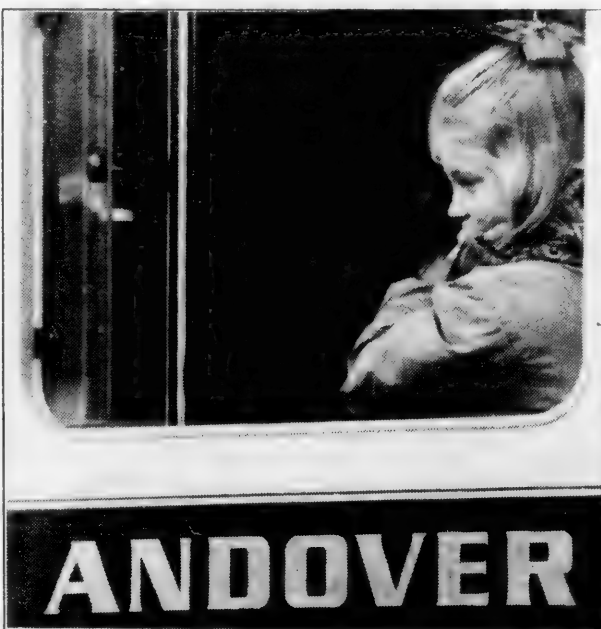
Photos
by Lisa
Adelsberger



In step with Andover's officials — From left are Larry Larsen, selectman; State Sen. John O'Brien; Brian Major, selectman; State Rep. Barry Finegold; John Hess, selectman; and Buzz Stapczynski, town manager.



Firefighter Jackie Lynch was one of many members of the department in the parade.



Katelyn Doey had one of the best seats at the parade — in the lead fire engine. Her brother Shawn also got a ride.



Brownie Troop 381 members Julia Quinn (left) and Lisa Rand (right) listen to their troop leader, who tells them how they'll take part in the parade.



The parade featured bands, Clydesdales and, of course, Santa Claus. It began at Whittier and went down Elm, Main, Punchard and ended at Town Hall on Bartlet Street.

Students named to first-term honor roll at West Middle School

The following students were named to the honor roll for the first term for West Middle School.

Grade 6

High honors: David Baletsa, Alyssa Lauren Bindman, Carrie Elizabeth Brintz, Christina Annmarie Casey, Alison Caverly, Melissa Cerullo, Elizabeth Daly, Ryan Denning Desmond, Kathryn Donoghue, Jason Durant, Elizabeth Dwulet, Jason Edelstein, James Joseph Feigenbaum, Giancarlo Fusco, Michael Philip Gibson, Joshua Ginsberg, Elisa Giordano, Ariel Gold, Rane Alexander Harrison, Lauren Mae Hayes, David Nathan Holstein, Meredith Anne Johnson, Catherine M. Kaczynski, Jeffrey Kane, Jamie Kapelson, Jacob Kleinman, Stamatia Kostakis, Ryan William Kurkul, Laura M. Lamontagne, Kristina Elaine Levis, Megan B. Lewis, Sarah Nadine Martin, Ashley Margaret McLaughlin, Brian Patrick McPartland, Sarah J. Michalik, Alexandra Jane Miliotis, Arianna Rae Miliotis, Carolyn Miller, Tara Mohan, Margaret Anne Murphy, Marianne Murphy, Natasha Rebecca Pakravan, Stephen Daniel Renfro, Daniel Rosensweig, Stephen Russell, Maria Savoca, Christina R. Shahan, David Maxwell Sheldon, Julia Shin, Amy Elizabeth Stewart, Amy Swoboda, Carly Therkelsen, Lindsey B. Timko, Lynette Toomey, Michael Vancampen, Lauren M. Vieira, Michael D. Viscosi, Amy Yang, Katherine V. Yao.

Honors: Rachel Ann Adams, James Bauer, Ashley Nicole Beaucaire, Benjamin Jacob Bloom, Neil Brahma, Alexandra Brody, Carolyn Ciampa, Joseph K.

Conley, Elizabeth Crowley, Jonathan De Leo, Stephanie L. Demarco, Adam Dolan, Kelly Duncan, Ryan W. Durkin, Michelle Anne Easton, Alexander Foley, Danielle Ganek, Sean William Geary, Jennifer A. Groleau, Laura Anne Hackett, Ryan Harb, Andrew

Hempstead, Rachel Elizabeth Hodge, Hsin-Tien Hsu, Daniel Jun, Nia Koch, Avi Lasser, Jaclyn Leahy, Abraham K. Lipton, Jarrett Mackin, Heather Ann Maloney, Lindsey Susan Marsh, Melissa Martin, Rachel McMahon, Christine Marie

McSweeney, Verissa Ann Montalbano, Stephen Hauser Munier, Kyle Patrick Nally, Andrea Pereira, Holly Peterchard, Amanda G. Reczek, Courtney Reed, Shannon Noelle Schaefer, Meredith Schmidt, Michael Shyu,

Michael D. Sierra, Anatoli Tomaszczuk, Benjamin Tomaszewski, Alyssa Evans Traub, Christopher Smith Travers, Brittany Wadbrook, Kelly Anne Wise, Matthew Wolfman, Steven Wong, Shirley Yacubowicz, Christopher Scott Zonghetti.

Grade 7

High honors: Kristina Laura Araujo, Crystal Bates, Brittany Suzanne Birrell, Anna A. Bogdanova, Jennifer Borden, Eric Stephen Chung, Jeremy David Cohen, Jacquelyn McLean Collins, Demorie Ann Crawford, Dian-

na Catherine Crawford, Cameron Duncan Day, Rebecca Dennis, Katherine Dlesk, Monika Eghbalian, Lisa Marie Famiglietti, Ashley B. Faulk, Natalia Berni Federico, Rebecca Drummond Pink, Heather Jaclyn Finn, Meredith Fish,

(Continued on page 19)

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SCHOOLTALK

Andover High was awarded the 1997 MIAA Sportsmanship Award for District A, which covers the 50 high schools in northeastern Massachusetts.

This award is presented to the high school whose teams have shown outstanding sportsmanship in both boys' and girls' athletics.

The award was presented to principal Ellen Parker and athletic director Jim Hurley at the Statewide Sportsmanship Summit held in Milford, Mass.

OnkWe Tasi, a member of the Mohawk Nation, visited Andover School of Montessori. Tasi spoke to the children about the respect Native Americans have for all of nature; demonstrated musical instruments created by members of the Agumtucoks Lodge; helped children learn a Native American song; and showed a flag that represents Mohawks. This visit was arranged by parent volunteers and is a part of a

month-long study in the classrooms of Native Americans and the Pilgrims. Also part of this unit is a Thanksgiving feast with the children preparing foods that may have been eaten at the first Thanksgiving.

The school's Community Action Committee participates in this unit by helping the children become aware of others in the community. In November, jackets and food items were collected and distributed to Si Se Puede and Bread & Roses, organizations that serve children and adults.

As part of their study of Thanksgiving, Bancroft kindergartners learned about the ways of the Wampanoag Indians from Plimouth Plantation representative Nancy Miller. Through storytelling, a slide show, and a hands-on presentation of Native American artifacts, Miller gave students a glimpse of how the Wampanoag people used the

gifts of nature to live their daily lives. Students had the opportunity to dance to the rhythm of

OnkWe Tasi talked with children from Andover School of Montessori.



Photos by Barbara Strube

A cast of 38 AHS students in the Andover High School Drama Guild will present Shakespeare's comedic play *Much Ado About Nothing* this Friday, Dec. 5, and Saturday, Dec. 6, at 8 p.m. at Doherty Middle School Auditorium on Bartlet Street. Above, from left, are Sabrina Gum (Beatrice), Lindsey Strube (Hero), Chris Lier (Leonato, governor of Messina), and J.P. Sarni (Benedick). Accusations run wild during the wedding scene, one of the more serious scenes in the play, as schemes and trickery reach a pivotal point. The scene depicts how people can be tricked into losing sight of the truth. There is a great deal of comedy, slapstick-style antics, music, dancing, and a happy ending for all. Above right, Benedick (J.P. Sarni) comforts Beatrice (Sabrina Gum) and admits his love for her. Tickets at \$8 can be purchased at the door, or in advance from cast members. For more information, call 470-2724.

a bottle gourd, grind corn into corn meal, and carefully handle objects such as a deerskin blanket, a fishing net made of a bass root tree, and a hoe made from a stick and the shoulder

bone of a deer. Each student was given some bean seeds as a reminder of the special gifts from nature given to the

(Continued on page 36)



Photo by Susan Siegel

From left, Bancroft kindergartners Tiger Rulon-Miller, Brianne Deyermund and Allie Hall flap their wings and gobble as they sing songs at their Thanksgiving feast.



=



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Students named to first-term honor roll at West Middle School

(Continued from page 17)

Shannon E. Fox, Daniela Fusco, Caitlin Margaret Geary, Sarah Nicole Gerry, Steven Gerstein, Robert David Ginsberg, Gregory Martin Hartwell, Thomas Eliot Holber, Jenicka Hornung, David Hsu, Jessica Hsu, Ryan H. Hutzler, Lisa Iannelli, Daniel Abraham Jaffe, David Scott Kaplan, Melissa Anne Kasparian, Leah Klatzker, Bristol E. Konjoian, Kevin T. Lai, John Limauro II, Vaughan E. Mackenzie, Kaitlin J. Maguire, Jonathan David Malis, Katrina McCusker, Anne Carolin McDonough, Ruth McGrotty, Emily Anne Morrison, Lauren C. Murray, Michael Charles Paone, Eileen Lenore Parsons, Rachel Rapp, Emily Reber, Katherine Regner, Lindsey D. Retelle, Pamela T. Risseuw, Evan Daniel Rossignol, Matthew Alexander Rouse, Andrew Santos, Lindsey Blair Saunders, Marianne S. Shafik, Jamie Katherine Singelais, Paul Andrew Skinner, Jeffrey

Clark Smidt, Kaylan Elizabeth Tildsley, Duy D. Tran, Deanna Cynthia Vasilakis, Jennie Mary Williams, Andrew Pierce Wuehrmann.

Honors: Brian Alberico, Jaclyn T. Alexander, Meryl Leigh Berger, Raymond Bill, Alicia Marie Bourque, Rana Bir Brahma, Nicole M. Brown, Amanda Joanne Buchholz, Paul Burke, Melanie Rachel Burnett, Jennifer Byers, Lea Megan Campbell, Julie M. Chan, Alexander Samuel Cline, Michael Thomas Corey, Kelly Anne Crawford, Christopher P. Derby, Sarah Duckworth, Sarah Dukeshire, Grace Lynn Farnham, Lauren Fitzgerald, Ashley Floreen, Shawn Furey, Stephen C. Garabedian, John E. Gerety III, Jonathan J. Haerer, Laila Hakam, Courtney J. Hale, Samantha Elizabeth Hughes, Stephen George Johnson, Priti Kapoor, Priya Kapoor, Jeffrey Lu, Jason Lynn, Junko (June) Maki, Gregory Martin, Slon McCauley, Abby McKain, Greg

Parker McKallagat, Marie-Anne Meulen, Matthew J. Monteiro, Jenny Ann Muller, Brian F. Murphy, Mary Claire Olsheskie, Emily Pearson, Amanda Dawn Pineault, Janelle Proctor, Simon David Ribner, Cory Rillahan, Lindsay Rosen, Alexander Edward Ruda, Megan Russell, Lauren E. Sermos, Liam Kennedy Shanahan, Philip J. Shaw, Raquel T. Spinazola, Arianne Spool, Nicholas Stamas, Jonathan Jeffrey Swift, Cynthia Tang, Matthew Thibodeau, Meghan Toland, Katrina Olga Veidins, Hillary N. Wacks, Sabrina A. Wood.

Grade 8

High honors: Jacqueline Ann Barry, Melissa Bligh, Michael D. Bouchard, Holly Boucher, Eleanor Carol Browne, Priscilla Tien Hui Chan, David M. Connors, Justin Crocker, Allison L. Dexter, Amy Lynn Durant, Christopher M. Elias, Laura Espy, Jennifer Lauren Flem-

ming, Alexandra E. Gatti, Robyn E. Ginsberg, Eric Gior-dano, Hannah Goldstein, Laura Goldstein, Jessica Frances Gonsalves, Oliver George Gregory, Sarah Elyse Griswold, Alexandra Johnston, Rohan Joshi, Pauline Jun, Michelle Lee Kalaw, Molly Brewer Klarman, Michael Kleinman, Deanna Alexis Lafond, Luke Larsen, Daniel Robert Lentz, Troy Lieberman, Philip Howard Martin, Meghan Massaua, Kellen John Moriarty, Katharine Murphy, Kaushik Narasimhan, Mega M. Pinksten, Carolyn Purcell, Meredith Rawlinson, Emily Robbins, Eliza Bess Roberts, Alyssa Helen Rosenblatt, Jeffrey Keith Sandman, Emily S. Shepperd, Naomi Shin, Amy Yuen-lee Tang, Susan Teperow, Gina Tsai, Andrew W. Varley, Srigowri Vijayakumar, Frank Yang, Li-Chun Yeh, Elysia Yet.

Honors: Timothy John Acquaviva, Lauren C. Arcidy,

Michael S. Berger, Heather Lynn Berquist, Andrew Joseph Chiaraluce, Hilary Beth Cohen, Erin Elizabeth Crossley, Kimberly Ann Davidson, Maria Dichiappari, Erica Lynn Douvadjian, Brian Durie, Lindsey Leigh Durkin, Amy Galluzzo, Ryan James Grieco, Dana Henderson, Kaitlin Hyde, Louis D. Iulucci, Robert Lakow, Paul Lam, Matthew Ryan Leclerc, Tina Lin, Christine Anne Lindsay, Elizabeth Little, Lauren R. Marsh, Andrew Mason, Kelly McLaughlin, Danielle McPartland, Elizabeth Miller, Edith Muller, Loren Munro, Kaitlin V. Pelletier, Brady Foster Reed, Justin Roy, Nicholas J. Sharis, Sharon Shue, Sunita Singh, Alysson Siopes, Stephen Richard Strong, Shannon Sweeney, Kristen Swoboda, Jessica Thorpe, Wildania Urena, Christine Beth Vanderheiden.

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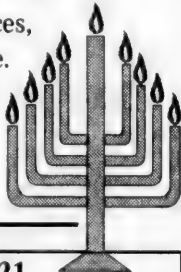
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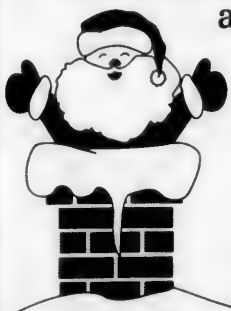
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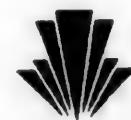
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SCHOOL LUNCH MENUS

Here's what's for lunch in Andover public schools the week of Nov. 17-21:

Elementary schools

Monday: Nachos with cheddar cheese sauce, baked beans, corn, pears, milk or juice.

Tuesday: Fried chicken patty, french fries, peas, bread and butter, deep dish pie with topping, milk or

juice.

Wednesday: Sub with bologna, ham, cheese, tomato, lettuce and pickles, potato chips, fruited Jell-O with topping, milk or juice.

Thursday: Roast turkey, gravy, mashed potatoes, stuffing, carrots, homemade cornbread, trail mix, milk or juice.

Friday: Tuna

salad roll, carrot and celery sticks, potato chips, fruit cup, milk or juice.

Peanut butter and jelly sandwiches and a pizza lunch are available daily.

Middle schools

Monday: Hamburger or cheeseburger, potato chips, sliced carrots, fruit cup, milk; or hot pastrami sub, choice of cheese,

pickles or onions, sliced carrots, potato chips, fruit cup, milk.

Tuesday: Steak sub with choice of peppers, onions or cheese, french fries, ketchup, peas, fudge brownie, milk; or chicken nuggets with honey dip, french fries, ketchup, peas, bread and butter, fudge brownie, milk.

Wednesday: Taco boat with meat stuff-

ing, lettuce, tomato and cheese, corn, pudding with whip topping, milk; or spaghetti with meat sauce, tomato and lettuce cup, corn, bread and butter, pudding with whip topping, milk.

Thursday: Cutlet sub with tomato sauce and cheese, green beans, deep dish pie with crumb topping, milk; or

roast round of beef, gravy, whipped potatoes, green beans, bread and butter, deep dish pie with crumb topping, milk.

Friday: Grilled cheese sandwich, wax beans, potato chips, chilled pears, milk; or baked pork chopette

with brown sauce, whipped potatoes, wax beans, bread and butter, chilled pears, milk.

All menus are subject to change.

Fax your news:
470-2819.

BIRTHS

BUZZETT - A daughter, Jacqueline Jean, born to Joe and Jennifer (Bottomley) Buzzett of Tampa, Fla., on Oct. 7. Grandparents are Jean and Jim Bottomley of Andover and Cathy and Harry Buzzett of St. George Island, Fla. Great-grandmother is Evelyn Andersen of Wilmington.

CIPRO - A son, Robert Christopher, born to Christopher and Diane (Intravaia) Cipro of Winchester on Oct. 30 at Winchester Hospital. Grandparents are Robert and Phyllis Intravaia of Winchester and Marco Island, Fla., Norma Caserta of Andover and Robert Cipro of North

Andover.

DEMING - A son, Nicholas Aaron, born to Elmer and Elizabeth (Fox) Deming Jr. of 37 McKenney Circle on Nov. 19 at Lawrence General Hospital. Grandparents are Jessie Fox of Scranton, Pa., Elmer and Evelyn Deming Sr. of East Bridgewater and William and Joan Vodden of Glendale, Ariz. Nicholas has a brother, Nathan Andrew.

FLANAGAN - A son, Michael Thomas, born to William and Elizabeth (Sullivan) Flanagan of North Andover on Nov. 25 at Holy Family Hospital and Medical Center in Methuen.

Grandparents are Lorraine and Dan Sullivan of Andover and Beth and Jim Flanagan of Waltham. Great-grandmothers are Elizabeth Rabbitt of Andover and Stella Sullivan of Dorchester.

GILBERT - A daughter, Sarah Zoe, born to Mark and Wendy Cohen Gilbert of 110 Colonial Drive on Nov. 11 at Brigham and Women's Hospital in Boston. Grandparents are Lorraine and Gerald Cohen of Wilmington, Del., Sandra Gilbert of Stoneham and James Gilbert of Saugus. Great-grandparents are Zelda Cohen of Wilmington, Dela. and Ethel Schwartz of

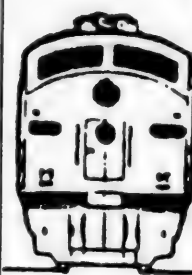
Randolph. Sarah has a sister, Michelle, 9, and a brother, David, 6.

HUNTRESS - A daughter, Abigail Owens, born to Christian and Diane (Pawelski) Huntress of 17 Tewksbury St. on Sept. 18 at Beverly Hospital. Grandparents are Robert and Carol Pawelski of Haverhill and Frederick and Linda Huntress of Swampscott. Great-grandparents are Anna Almeida of Virginia Beach, Va., Edna Owens of Swampscott and Louis Pawelski of Hatboro, Pa.

KNIGHT - A daughter, Brianna Marie, born to Scott and Dana Knight of 32

(Continued on page 21)

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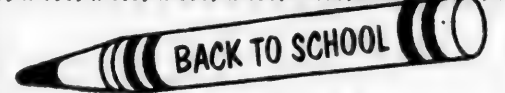
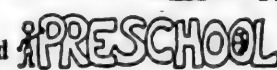
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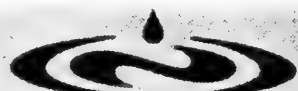
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BIRTHS

(Continued from page 20)

Greenwood Road on Nov. 21 at Melrose Wakefield Hospital. Grandparents are Barbara and Gillette Knight of North Reading and William and Lillian Conway of Branford, Conn.

KOSMA - A daughter, Samantha Pearl, born to Barbara (Markham) Kosma of Las Vegas, Nev., on Oct. 18. Grandparents are Lorna and Thomas Markham of Andover and the late Kathleen and Edward Kosma. Samantha has a brother, Jack.

LAPOINTE - A son, Thomas James III, born to Thomas

Lapointe and KaCee Fritch of Andover on Nov. 2 at Lawrence General Hospital. Grandparents are Nancy and Kenneth Fritch of Andover and Gayle and Douglas Burke of Methuen.

LEVANTI - A daughter, Paige Elizabeth, born to Brian and Terri Levanti of Sarasota, Fla., on Oct. 27. Grandparents are Robert and Carole Levanti, formerly of Andover, and Jim and Judy Schauer of St. Joseph, Mich. Great-grandmother is Rose Levanti, formerly of Fitchburg. Paige has a brother, Adam, 23 months. Most of

her family members live in Sarasota, Fla.

MAGINNIS - A daughter, Isabella Marjorie Ann, born to Thomas and Andrea (Grassi) Maginnis on Oct. 13 at Anna Jaques Hospital in Newburyport. Grandparents are Anthony and Patricia Grassi of Salisbury

and Hugh and Marjorie Maginnis of Andover. Isabella has a sister, Marlena Patricia.

MAIETTA - A daughter, Sarah Mirabella, born to Christopher and Barbara (Becker) Maietta of Wayland on Sept. 13 at Brigham and Women's Hospital in

Boston. Grandparents are Donald and Eleanor Maietta of Andover and Robert and Catherine Becker of Vienna, Va. Her father is formerly of Andover.

PANNOS - A son, William James, born to James and Mary Margaret (Morris) Pannos of 28 Summer

St. on Nov. 4 at Lawrence General Hospital. Grandparents are Michael and Mary Joan Morris of Andover and Julie Pannos of Stoneham. Great-grandfather is Vincent Chiriaco of Belleair, Fla.

SPAGNUOLO - A daughter, Julia Rose, born to Robin L. Spag-

nuolo and Luigi Spagnuolo of Andover on Oct. 13 at Boston Regional Medical Center in Stoneham. Grandparents are Mr. and Mrs. Donald A. Getson of Windham, N.H., and Mr. and Mrs. Joseph Spagnuolo of Boston. Julia has two sisters, Victoria, 6, and Olivia, 4.

Births are published the first Thursday of each month.

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EVENTS CALENDAR

THURSDAY, Dec. 4

Pizza party, to announce the winner of the middle school drop-in center's "Name the Center" contest, 5-7 p.m., Fellowship Hall, West Parish Church, 129 Reservation Road; Lisa Doucett 475-6323.

Information session, presented by Merrimack College's Division of Continuing Education, 6:30-8:30 p.m., Arundel Room, McQuade Library, Merrimack College, junctions of Routes 125 and 114, North Andover; 837-5101.

Lecture, "At the Edge of Tortuga's Realm: Labrador Eskimo Archaeology and Ethnohistory," 7 p.m., Robert S. Peabody Museum of Archaeology, Main and Phillips streets; 749-4490.

Holiday fine art and craft show and sale, sponsored by Andover Artists Guild, 11 a.m.-5 p.m., second floor, 28 Chestnut St.; Wilda Squires 474-1031.

FRIDAY, Dec. 5

Nutcracker, Act II and Holiday Memories, presented by Phillips Academy Department of Theatre and Dance, set in colonial Andover, \$10 adults, \$4 students and seniors, 8 p.m., Tang Theatre, Phillips Academy; box office 749-4433.

Holiday open house, sponsored by Andover Center Association, hayride, strolling musicians, refreshments, 6-9 p.m., downtown Andover; Lori Becker 470-8832.

Much Ado About Nothing, presented by Andover High School Drama Guild, 8 p.m., \$8, Doherty Middle School Auditorium, Bart-



St. Augustine seniors prepare for Dec. 6 craft fair — Members of the S. Augustine Senior Citizen Ministry prepare handcrafted items for the St. Augustine Catholic School Guild's annual Christmas Treasures Professional Craft Fair, scheduled for Saturday, Dec. 6, from 9 a.m. to 3 p.m. at St. Augustine School, 26 Central St. From left are: Mary Bolduc, Grace Sequeira, Barbara Driscoll, and Georgina Laranjeira. The fair will feature more than 30 crafters, pictures with Santa, box-wood trees, gingerbread houses, a special children's activity room and theme baskets created by the school children. Lunch will be available for a nominal fee.

let Street; 470-2724.

Celebrity series, sponsored by Rivier College, presents Bill Cosby, 7 and 9:30 p.m., \$29.50, \$26.50, Lowell Memorial Auditorium, Lowell; box office (978) 454-2299.

Frosty's Christmas fair, crafts, gifts, food, candies, homemade gift raffle table, Granny's Attic Treasures, Christmas greens, supper, wheelchair accessible, 6-

9 p.m., Union Congregational Church, 148 Haverhill St., North Reading; (978) 664-3703.

Open house, sponsored by Methuen Memorial Music Hall Board of Trustees, Young People's Theatre members sing Christmas carols, refreshments, opportunity for Christmas shopping, 6:30-9:30 p.m., Methuen Memorial Music Hall, 192 Broadway, Methuen.

Calico Christmas fair, handmade items, candy, baked goods, games, country store, 6-9 p.m., Sacred Heart Parish, 321 South Broadway, Lawrence; 686-5712.

Student dance performance, by Northern Essex Community College students, 7 p.m., \$5, \$4 students, senior citizens, Sport & Fitness Center, Elliott Way, Haverhill campus; Elaine Mawhinney (978) 556-5859.

Orchestra concert, presented by Phillips Academy music department, 7:30 p.m., Cochran Chapel, Chapel Avenue, PA campus; 749-4263.

Andover Artists Guild holiday fine art and craft show and sale, meet with artist at open house until 8 p.m., see entry under Thursday, Dec. 4.

SATURDAY, Dec. 6

Nutcracker, Act II and Holiday Memories, 2 and 8 p.m., see entry under Friday, Dec. 5.

Christmas fair, sponsored by Christ Church, professional crafters, handmade items, Christmas greens, books, computer software, children's activities, a white elephant table, buffet-style luncheon, 10 percent of proceeds benefit the Women's Resource Center of Greater Lawrence/Haverhill, 9 a.m.-3 p.m., Christ Church, 25 Central

(Continued on page 23)



Christ Church will hold its annual Christmas Fair Saturday, Dec. 6, at the church, 25 Central St., from 9 a.m. to 3 p.m. Admission is free and there is some wheelchair access. From left are fair committee members Lisa Miller, Susan Richardson, Mary Ann Lennon and Lisa Stiff. This Andover tradition includes almost every parishioner in some way. Members have been baking, cooking, knitting and creating hand-crafted items all year in preparation for this day. Professional crafters will exhibit and sell their goods. In addition to handmade items, Christmas greens, books, computer software, children's activities and a white elephant table will be available. Dana Wilson, the former Raspberries restaurant owner, will serve a buffet luncheon. Christ Church will donate 10 percent of its proceeds from the fair to the Women's Resource Center of Greater Lawrence/Haverhill.

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EVENTS CALENDAR LISTINGS

(Continued from page 22)

St. Christmas Treasures professional craft fair, sponsored by St. Augustine School, more than 30

crafters, boxwood trees, gingerbread houses, children's activity room, theme baskets, lunch, raffles, 9 a.m.-3 p.m., St. Augustine School, 26 Central St.

Christian book fair, quality books for the whole family from best-selling Christian authors, videos, 11 a.m.-4 p.m., Faith Lutheran Church, 360 S. Main St.; Rhonda Boudreau (978) 858-0703.

Much Ado About Nothing, see entry under Friday, Dec. 5.

Red Bow Fair, featuring more than 20 crafters and artisans, holiday arrangements, boxwood trees, silent auction, gift baskets, kids mall, Granny's Attic Treasures, 9 a.m.-3:30 p.m., photos with Santa 10 a.m.-noon, lunch 11:30 a.m.-1:30 p.m., North Parish Church, Old Center, North Andover; Carol Weldin 475-4515.

Christmas fair, 9 a.m.-3 p.m., Christmas decorations, wreaths, centerpieces, tea room, lunch room, jewelry, American Doll clothes, wooden games and toys, crafts for kids, Santa and photo opportunities, balloon creations, games, Tewksbury Congregational Church, Tewksbury; Lynn Manning 657-7339.

Celebration of Kwanzaa, presented by Phillips Academy music department and community affairs and multicultural development office, readings and spirituals and gospel music, 7:30 p.m., Cochran Chapel, Chapel Avenue, PA campus; 749-4263.

Auditions for musicals and concerts, by appointment between noon and 5 p.m., Firehouse Center, Market Square, Newburyport; (508) 462-7336.

Concert, presented by New England Classical Singers, 8 p.m., 10, \$6 seniors and students, available at Andover Book Store, 89-R Main St., St. Theresa's Church, 63 Winter St. (Route 62), North Reading; 688-2816.

Maritime house tour, presented by Newburyport Maritime Society a tour of seven elegant homes decorated for the season, 2-7 p.m., advance tickets \$12, \$10 members, \$15 day of tour, Newburyport; (978) 462-8681.

Holiday tea, presented by Newburyport Maritime Society, 1 p.m. and 4 p.m., \$18, Custom House Maritime Museum, Water Street, Newburyport; reservations (978) 462-8681.

Semi-annual sample and irregulars event, 7 a.m.-4 p.m., the Store at KGR, 181 Canal St., Lawrence, 659-1114.

Frosty's Christmas fair, lunch, pictures with Santa, 9 a.m.-2 p.m., see entry under Friday, Dec. 5.

Center Association hosting its annual Holiday Open House Friday evening at downtown Andover businesses

The Andover Center Association will hold its annual Holiday Open House tomorrow, Friday, Dec. 5, from 6 to 9 p.m.

"Kick off your holiday shopping and enjoy refreshments

offered by downtown Andover businesses.

"Go for a hayride, listen to strolling musicians playing holiday music and more," organizers said.

Merry Music Hall Christmas, full program of Christmas music, carol sing, Santa, \$10 reserved seats, 7 p.m., \$7.50, \$2.50 children, Methuen Memorial Music Hall, 192 Broadway, Methuen; David Veit 688-2407.

Meeting to plan poetry event for next spring, 2 p.m., Activity Room, Memorial Hall Library, Elm Square; Christine Gebhard 475-3227 or Larry Rungren 470-1025.

Calico Christmas fair, pancake breakfast with Santa \$3, \$1.50 children under 12, luncheon menu, 9 a.m.-3 p.m., see entry under Friday, Dec. 5.

Student dance performance, see entry under Friday, Dec. 5.

Dance, sponsored by the Single Life, 8 p.m., \$5 members, \$7 guests, Knights of Columbus, Route 38, Tewksbury; Muriel 851-0346 or Diane 640-1544.

UNICEF holiday card sale, sponsored by League of Women Voters of Andover/North Andover, 9 a.m.-1 p.m., Andover Bank, Main Street.

Holiday fine art and craft show and sale, 9:30 a.m.-4 p.m., see entry under Thursday, Dec. 4.

SUNDAY, Dec. 7

Victorian Holiday Traditions, a costumed lecture by Donna and Ron Lasko on holiday celebrations and their evolution from ancient times through the Victorian Period, refreshments, 2-4 p.m., \$20 adults, \$15 senior citizens and museum members, \$10 children 7-16, Stevens Court, American Textile History Museum, 491 Dutton St., Lowell; (978) 441-0400.

Moses Greeley Parker Lecture Series, talk entitled "Child Labor: The Other Side of Tourism," Lowell National Historical Park Visitor Center, 246 Market St., Lowell; (978) 970-5000.

Nutcracker, Act II and Holiday Memories, 2 p.m., see entry under Friday, Dec. 5.

Christmas concert by Merrimack College Concert Choir and Treble

Chorus of New England, 4 p.m., \$15 reserved seating, \$10 general admission, \$5 children under 14, Collegiate Church of Christ the Teacher, Merrimack College, junction of Routes 114 and 125, North Andover; Maureen Lanigan 837-5448.

Holiday Pops concert by New England String Ensemble, 4 p.m., \$18, \$15 seniors over 62, \$10 students 18 and under or with ID, St. Paul's Episcopal Church, High and Summer streets, Newburyport; (781) 224-1117.

Christian book fair, 9:30 a.m.-noon, see entry under Saturday, Dec. 6.

Holiday concert, presented by Merrimack Valley Philharmonic Orchestra Chorale, includes Arianna Warsaw-Fan, an 11-year-old student at Doherty School, 2:30 p.m., \$12 adults, \$8 seniors and students, \$3 children, wheelchair accessible, St. Joseph's Church, School and Sparhawk streets, Amesbury; Margaret Jowdy 682-7762 or Don Olson 686-9600.

Service of Lessons and Carols, presented by Phillips Academy chaplaincy and music department, traditional Christmas reading and carols from various traditions and cultures, 4:30 p.m., Cochran Chapel, Chapel Avenue, PA campus; 749-4263.

Holiday celebration, presented by Newburyport Maritime Society, music, refreshments, 2-6 p.m., \$8, members free, Custom House Maritime Museum, Newburyport; reservations (978) 462-8681.

Merry Music Hall Christmas, 3 p.m., see entry under Saturday, Dec. 6.

Holiday open house, sponsored by North Andover Historical Society, historical books and maps, stocking stuffers, one-of-a-kind handmade presents available, children of all ages invited to help decorate Christmas tree with historic crafts made at an onsite workshop, 1789 Johnson Cottage open at no

(Continued on page 30)

PA embarks on full-scale staging of 'The Nutcracker'

Bringing a new twist to an old story, the Phillips Academy Department of Theatre and Dance will stage *The Nutcracker, Act II and Holiday Memories*, set in Colonial Andover. This production is the first installment of a full-scale production of the *The Nutcracker* the theatre and dance department will develop over two years, with original sets and more than 400 costume pieces designed and constructed on campus.

The Nutcracker, Act II and Holiday Memories will be performed in the Tang Theatre at Phillips Academy at 8 p.m. Friday, Dec. 5, 2 and 8 p.m. Saturday, Dec. 6, and 2 p.m. Sunday, Dec. 7. Tickets are \$10 for adults and \$4 for students and seniors. To reserve tickets, call the box office at 749-4433.

This year's production, which will include the colorful fantasy land of Clara's imagination and the snow scene, will bring to stage a cast of 50 with two professional dancers as well as PA dance students, faculty members and dancers from in and

around Andover. Ballet Memphis guest performers Monique Tuell and Adam Sage will dance the virtuoso roles of Sugar Plum Fairy and Cavalier. Tuell has performed many lead roles with Ballet Memphis including Aurora in *Sleeping Beauty*, Cinderella, and Beauty in *Beauty and the Beast*. Before moving to Memphis, Sage was a soloist in South Africa and with Ballet West.

The role of Clara will be performed by Phillips Academy senior Vanessa Ho of North Andover. The role of the Snow Queen will be danced by PA senior Sarah Josselyn of Andover.



Vanessa Ho as Clara

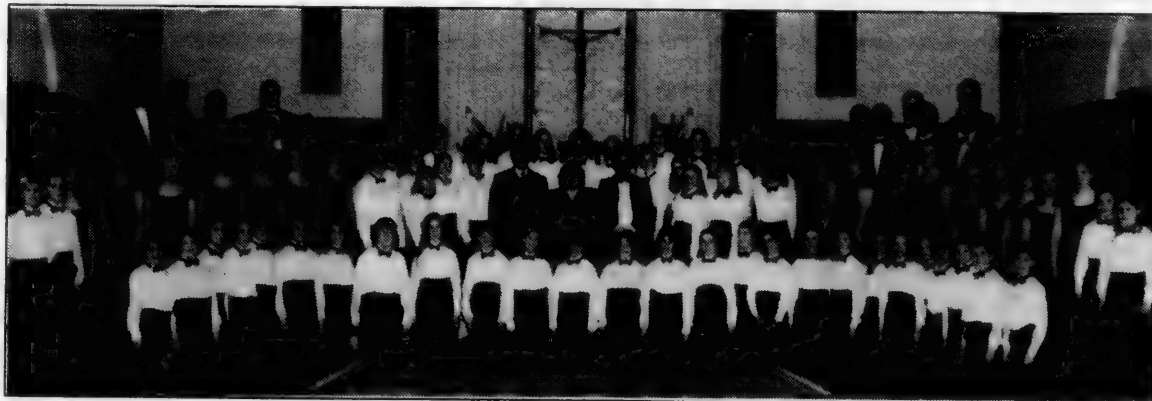
PA students have written and choreographed the scene-setting introduction titled *Holiday Memories*.

The show is choreographed by theatre and dance instructor Judith Tribo Wombwell, who was ballet mistress for three years for Ballet Memphis. Her major undertakings there included full-length productions of *Cinderella* and *Alice in Wonderland*.

PA costume and lighting designer Billy Murray began more than a year ago to design and construct the costumes he is sewing with the help of students in the school's costume shop. Before coming to PA, Murray was scenic designer for the National Opera and did costume design for the North Carolina Shakespeare Festival. In PA's production, the Nutcracker will no longer be portrayed as a red-coated European soldier, but rather an American militia man in a blue coat and tricorne hat. Transformed from the severe-looking uncle with a black beard and eye patch, Drosselmeyer has been reinterpreted as an exotic 18th-century world traveler dressed in fanciful silk and satin garments of Arabian influence.

PA student dancers include April Betty, Sara LeClerc, Natalie Wombwell and Aynslie Accomando, all of Andover, and Jessica Pierce of Reading. Other performers include Trevor Efinger, Anabel Bacon, Victoria Murray, Allie Murray, Gina Crivelli, Hope Fried, Angela Monaco, Hannah Bardo, Anastasia Tiniuvska, Elizabeth and Lisa DiTroia, Sophie Lam, Katie Ting, all of Andover, and Colleen Kennedy of Lawrence.

Financial support has been provided by the Andover Cultural Council and Abbot Academy Association.



This Sunday at 4 p.m., there will be a Christmas concert at Merrimack College by the Merrimack College Concert Choir and the Treble Chorus of New England. Tickets are \$15 for reserved seating, \$10 for general admission, \$5 for children under 14. For more information, call 837-5448.

OBITUARIES

Lucile M. Foster

Author loved history, travel; lived in Andover 11 years

Lucile M. (Gill) Foster, 89, formerly of Andover, died Sunday, Nov. 23, at Edge-wood Retirement Community in North Andover.

Mrs. Foster was born in Cincinnati, Iowa. After graduating from high school, she attended the University of Kansas at Kansas City, Mo., and later attended college at Orange Coast College in Costa Mesa, Calif.

During World War II, Mrs. Foster worked in a war plant, which manufactured the B-25 bomber.

Later she was a co-owner of Henry Field Seed and Nursery Co.

Mrs. Foster was a member of the Daughters of the American Revolution (DAR).



Lucile M. Foster

For four years, she was an elected delegate to the DAR Continental Congress in Washington, D.C.

She loved to travel, visiting virtually every country in the world and was one of the first American visitors allowed to enter China.

Mrs. Foster published two books,

Lucy the Cat, a children's story, and The Color Black, a work of short fiction, and was also a published poet. She was also a prize-winning artist for her oil and watercolor paintings.

Mrs. Foster was profiled by Neil Fater in the Aug. 18, 1994 issue of the Townsman: Children's story a ball for Lucile Foster.

In the feature, she described how as a member of the Daughters of the American Revolution, she also made friends with President Richard M. Nixon during the 1970s.

"He was looking for friends then. He said, 'I know all you ladies are coming to the White House later and you're welcome to come upstairs.'" According to Mrs. Foster, the Daughters took over the place and she received a picture of herself sitting at the White House piano. "I think I got in there at 1:30 and it was dark when I came out."

Later in the same interview, as she looked at a world map lined with the flights and cruises she had taken, she marveled at all the United States and the world has to offer.

"I don't know how anyone can live in one country and feel like they're fulfilled in life. Look at how people are starving in some countries. That would never happen here. Each of these countries is different. They all have their own ways," she said. "There's lots going on in the world. It's always interesting, isn't it?"

Mrs. Foster was a member of the Andover Garden Club and the Unitarian Universalist Congregation in Andover.

Members of her family include her daughter, Susan J. Foster; son-in-law,

Mark E. Engelberg; grandchildren, Heather J. Engelberg Foster and Jeremy S. Engelberg Foster, all of Andover, and Lia Fermin of Jamaica Plain.

Arrangements for cremation were made by American Cremation Society in Haverhill.

A candlelight memorial service will be held Saturday, Dec. 6, at 5 p.m. at the Unitarian Universalist Congregation in Andover at 6 Locke St.

Memorial contributions may be made to the Unitarian Universalist Congregation in Andover, 6 Locke St., Andover, 01810.

Magnhild Mjos

Enjoyed knitting, crocheting

Magnhild (Loddesol) Mjos, 96, of Salem Street died Wednesday, Nov. 26, at Lawrence General Hospital.

Mrs. Mjos was born in Loddesol, Norway.

She was well known for her handmade items, especially the knitted and crocheted ones.

Members of her family include her daughters, Dagmar Jacobson of Andover, Karin Danielson of Peacham, Vt., and her husband, Kenneth Danielson, and Shirley Piasio of Cumberland Foreside, Maine, and her husband, Roger Piasio; sisters, Gudrun Risholt and Dagny Pedersen, both of Norway; 14 grandchildren; nine great-grandchildren; and several nieces and nephews.

Mrs. Mjos was the mother of Kenneth Mjos, who died in 1993.

Services and burial in Spring Grove Cemetery were private.

Arrangements were by Dewhirst and Conte Funeral Home.

Memorial contributions may be made to Alzheimer's Association of Eastern Massachusetts, 1 Kendall Square, Building 600, Cambridge, MA 02139.

Gail Frances Audesse

Attended school here

Gail Frances Audesse, 34, formerly of Salem, N.H., died Friday, Nov. 28, from injuries she received in an automobile accident.

Ms. Audesse was born in Lawrence. She attended school in Andover and received her graduate equivalence degree from Lawrence High School. She attended Black Hills University in South Dakota and the Gemmological Institute in Santa Monica, Calif.

Members of her family include her mother and stepfather, Rose Anne (Middlemiss) and William Denning of Atkinson, N.H.; father, Henry Audesse of Wenham; sisters, Sharon MacCord of Lawrence, Cynthia Rotoli of Manchester and Susan Seitz of Deerfield; stepbrother, Bradley Denning of Arlington, Va., four nieces, four nephews; and many aunts, uncles and cousins.

A funeral Mass was said Tuesday at St. Joseph Church in Salem, N.H. Cremation followed at Southern New Hampshire Crematory in Derry.

Arrangements were by Douglas & Johnson Funeral Home in Salem, N.H.

Memorial contributions may be made to the charity of one's choice.

Jean Gildersleeve

Was New York actress

Jean (Steinert) Gildersleeve, 67, of Andover died Wednesday, Nov. 26, at Lawrence General Hospital.

Mrs. Gildersleeve was born in Andover.

She graduated from Virginia Intermont College in 1952.

Mrs. Gildersleeve was an actress in New York for many years and also worked as a teacher's aide in the Andover school system.

Members of her family include her son, Douglas Gildersleeve of Andover; daughter, Jennifer Jolly of North Carolina; brother, Richard Steinert of Laurel, Md.; two grandchildren; and several nieces and nephews.

She was the widow of James B. Gildersleeve.

A memorial service was held Tuesday at Burke Funeral Home. Burial followed in West Parish Cemetery.

There were no calling hours.

Memorial contributions may be made to Massachusetts Society for the Prevention of Cruelty to Animals, 400 Broadway, Methuen, MA 01844.

Deaths Elsewhere

DRUMMOND — Rita Therese Drummond, 68, of California, Md., died Sunday, Nov. 30, at her home.

Members of her family include her daughter, Rita Drummond-Olans of Andover.

MAURICE — Harold F. Maurice Jr., 48, of Haverhill died Wednesday, Nov. 26, at home.

Mr. Maurice had been employed at Raytheon Co. in Andover for the past 23 years.

PEARSON — Evelyn G. (Perkins) Pearson, 86, of Brookline, N.H., died Tuesday, Nov. 25, at Southern New Hampshire Regional Medical Center in Nashua, N.H.

Members of her family include her son and daughter-in-law, John P. and Patricia Pearson of Andover.

RAPP — George C. Rapp, 72 of Boxford, died Saturday, Nov. 29, at Massachusetts General Hospital in Boston.

Members of his family include his sister-in-law, Nany Caverly of Andover.

SUPERIOR — Richard Superior, 75, of Fall River died Monday, Dec. 1, at Charlton Memorial Hospital in Fall River.

Members of his family include his daughter, Leslie Kaplan of Andover. The Kaplans will observe shiva at their residence, 5 Cricket Lane, on Monday, Dec. 8, from 2 to 4 and 7 to 9 p.m.



Diane
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Selectmen: Homeowners' tax increase to be about half of last year's

By Neil Fater

Homeowners can expect their tax bill to balloon again this year, although some selectmen note the bill will inflate about half as much as it did last fiscal year.

Thanks to a 3-2 selectmen's tax classification vote Monday, an average taxpayer - a person with a home valued at \$263,000 - will see their bill jump \$89.42 during fiscal year

1998. This amount is about 52 percent compared with last year, when the average increase was \$171.

Although this new vote means the residential tax rate will increase 2.1 percent and the commercial rate will grow 1.5 percent during the current fiscal year, proponents of this plan say it will evenly split the actual tax-dollar increase between residents and busi-

nesses. Compared to last year's figures, homeowners' tax bills will increase 34 cents per \$1,000, while business' bills will jump 33 cents per \$1,000.

"I think it gives our retail business a little bit more of a break, but it also provides a sense of better distribution," said Selectmen Brian Major of the tax classification vote. "We're going to be evenly distributing that (tax increase)

between the residential and the commercial/industrial sides of the house."

While Major, John Hess, and Bill Downs voted in favor of this new tax distribution, Selectmen Larry Larsen and Jerry Silverman voted against it. Larsen lobbied for a tax factor that would give businesses more of a break.

"I don't think it's fair. Business has no representation in

the taxing process," said Larsen.

"I don't think I've ever voted with (Larsen) on classification before," said Silverman. "(But) the fact of the matter is there's no change in the evaluation for homeowners this year so there's no double hit."

But Bill Downs, who voted in favor of the motion with

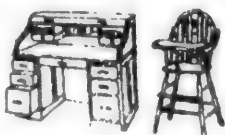
(Continued on page 30)

All Rockers On SALE Through Christmas

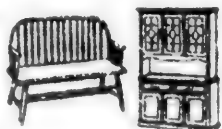
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School Committee Roundup

Beefing up block scheduling at AHS

To fill the schedules of Andover High School Students who have too many study halls or unscheduled periods next semester, the High School added 50 sections for the term beginning Jan. 26, Superintendent Richard E. Neal reported Tuesday.

Students who have the most blanks or study halls on their schedules will have first dibs at the new classes offered, he said, and students with full schedules will have the chance to change into the new sections only after the other students have filled their empty spots.

New classes include creative writing, English, SAT prep, history, earth science and computer classes. Almost all of the classes are being taught or have been taught before, Neal said, but program advisers are developing new curriculums for a small number of classes.

The department plans to advertise for nine new teachers to fill the spots, but may switch a few sections from one subject to another to make sure the students who enroll last aren't left with subjects they aren't interested in, Neal said.

The total cost of adding sections to next semester's schedule is \$87,000, on top of the \$145,000 spent on fixing the schedule this semester, he said.

Teachers love technology

The Andover School system, now outfitted with cable in every classroom and 400 new computers systemwide is home to more and more computer-savvy instructors and students.

Technology Coordinator Ray Tode brought three teachers to the School Committee Tuesday to report on technology integration in schools.

One of the most popular features of the new technology programs, according to Assistant Superintendent Marinell McGrath, is the licensing agreement bought by the town that allows students to take home copies of programs like Hyperstudio and ClarisWorks, and install them on their home computers.

Teacher June Blake of the Sanborn School said she's got teachers hyper over the Hyperstudio program, which allows

students to write, draw, download pictures, record voices and music and create slideshows on their computers.

"There is such enthusiasm for technology, teachers are able, willing and ready for training," she said. She was especially impressed with how much the teachers with little technological experience were willing to learn.

Candy Borello of the Doherty Middle School said the computer labs there were constantly abuzz. One teacher who started using Hyperstudio to spice up his science lessons, reported that the new method of putting images on a large screen that the whole class can see saved him from having to turn his back to the class, an unexpected perk, Borello reported.

High School math teacher Jeffrey Goldthwait says students in the high school math lab are using interactive geometry programs to manipulate measurements and see how forms change, and teachers are using software that lets them customize worksheets.

When asked how to integrate technology into more of the courses, Goldthwait said the key was to find the right software.

Two new computer labs are scheduled

to open at the High School in January, he says.

Super search is on

School Committee member Skip Eccles reported more than 50 applications for the Superintendent of Schools were submitted by Tuesday's deadline. The two screening committees plan to meet today for their first screening sessions, and again Thursday, Dec. 18, to deliberate about candidate recommendations.

Public forum on fate of the Collins Center

Bob Stoetzel of the Schools' Ad Hoc Finance Committee invited the public, especially people with ideas about the future of the Collins Center, to attend a public forum next Tuesday, Dec. 9, at Doherty Middle School beginning at 7:30 p.m.

Stoetzel said he expects the committee to come back to the School Committee with a recommendation for Collins Center plans some time in January.

— Rebecca Lipchitz

Long-time selectman Jerry Silverman will not run again

(Continued from page 1)

men."

"I think it's time for me to move on," he says.

Silverman praises the work of the two newest members of the board, Brian Major and John Hess, and says he believes other new candidates deserve a crack at the board in March, 1998.

"A long time ago, I came to the decision," says Silverman, after the meeting. "We (Silverman and his wife, Myrna) decided about a year ago."

Silverman says he was involved with "some great boards," and lists among his most-valued accomplishments the renovation work that changed the Town Offices, Memorial Hall Library and Old Town Hall (a.k.a. the Town House) into the buildings they are today.

"I'll miss the enjoyment of all the

things we do with the board, the involvement with all the people," says Silverman, who joined the board in 1980. "What I won't miss is having Monday night unavailable."

He says one of his favorite selectmen teams consisted of himself, Don Byrne, Bill Dalton, John Scileppi, and close friend Charlie Wesson.

Wesson and Silverman virtually ran as a team during their re-election bids three years ago, when Wesson came in third to Barry Finegold and Silverman. Silverman says he called his buddy when he decided to retire and Wesson told him "There is life after the selectmen."

For Silverman, a former principal, that life will continue to be a busy one. After all, word of his retirement is often greatly exaggerated.

Shortly after he retired as principal of Georgetown Junior and Senior High School in 1994, Silverman became interim principal of Salem High (in Salem, Mass.). Today he continues working as an educational consultant. That appears to be the path he'll follow with his "retirement" as a selectman after 18 years. To put his terms in perspective, members of the present senior class at Andover High have never known a time when Silverman wasn't a selectman.

Silverman says he hopes to rejoin the board of the local credit union he helped get off the ground years ago, and adds "I'd like to stay eventually involved with the cable (advisory committee). I'm liaison to that now."

Although Silverman toyed with retiring in 1995 before mounting a successful re-election campaign, it appears this

year he will not change his mind. A retirement roast has been scheduled in his honor for April 2.

"I was talking about it (not running) last time and I decided I wanted to be involved with the 350th," he says. "And we had some unfinished business which I hope will be finished business by next March — the Senior Center."

Selectman Larry Larsen says the money raised from tickets to the Silverman roast will be given to the town's senior citizen and youth groups in Jerry Silverman's honor.

Asked if he's nervous about what some of his fellow officials might say about him at the roast, Silverman laughs and shakes his head from side to side.

"If they try, I will go back on every one of them," he says.

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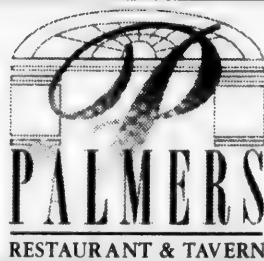
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Numbers Up

For many, the lighting of the Brickstone Tree kicks off the winter holiday season. Here's some rock-solid, holiday-time figures to count on:

30,000

Number of lights illuminating the tree.



100



Wood carvings made from old Brickstone Tree trunks.



6

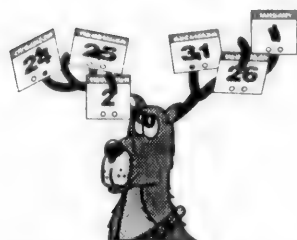
Number of animals in the petting zoo at Brickstone's Santa's Village.

750

Ornamental balls decorating the 100-foot tree.



6



Number of weeks the nation's largest tree will remain lit.

157

Feet of cloth it would take to wrap once around this year's tree (based on its 50-foot diameter).



1



Number of bands scheduled for Sunday night's tree-lighting ceremonies, prior to Sunday's inclement weather.

Neil Fater



◀WBZ-TV/Channel 4 weatherman Barry Burbank was the master of ceremonies for the tree-lighting.

At last, it's Santa! ▶

Photos by Lisa Adelsberger



PA student Sophie Lam



Nicholas Nieburger and Amanda Zalinski in the front row



Zachary, Rosetta and Tara McDonald: 3 generations

The main event: a 100-foot Christmas tree

By Neil Fater

Despite steady rain, thousands of people gathered in Andover's Brickstone Square Sunday night to see a 100-foot tree spruce up the place.

The lighting of the tree has become a yearly event, with Martin Spagat, president of Brickstone

Properties, claiming the Christmas tree is the tallest in the nation.

Dozens, if not hundreds of people flock to visit the

tree every night from the evening of its lighting until the week after New Year's Eve when the tree is taken down.

Even more people visit the tree on weekends, when a Santa's Village and a petting zoo are open.

While this holiday enjoyment is just beginning, some people were upset Sunday that they had to wait in the rain with their children until well after 6 p.m. for the tree to be lit.

Early press releases said the tree would be lit at 6 p.m., with festivities to begin at 5:30 p.m.

But Annie Bourgeois, of PAN Communications, a public relations firm, says the general idea was always for the entire holiday activities, not specifically the tree-lighting, to get going

around 6 p.m.

"It was planned that way all along," says Bourgeois.

Press releases the week of the lighting did say the actual lighting would occur around 6:45 p.m.

Regardless, when the tree was lit, thousands of people were there to take in the sight. Carousel rides, refreshments and the music of two Phillips Academy students, Sophie Lam and Daniel Chen, were also available.

The Londonderry High School's Lancer Marching Band and Color Guard canceled because of the inclement weather.

Bourgeois said the tree-lighting ceremonies went ahead because the weather forecast called for more crummy weather early this week.

"We were going to postpone that to (Monday) night but we heard it was going to be raining or snowing with blowing wind (Monday). That's what Barry Burbank told us," says Bourgeois.

Burbank, a television meteorologist and Merrimack Valley resident, has lit the Brickstone tree in the past.

Although Burbank was on hand this year, four children flipped the switch to light the 1997 Brickstone beauty.

Each child received a wood carving of a bear and a tree created from the trunks of former Brickstone Trees, says Bourgeois.

In total, over 100 carvings have been created from former trunks, including a 40-foot North pole for Brickstone's Santa's Village.



Martin Spagat

Fire-setting teens face 10 arson charges

(Continued from page 1)

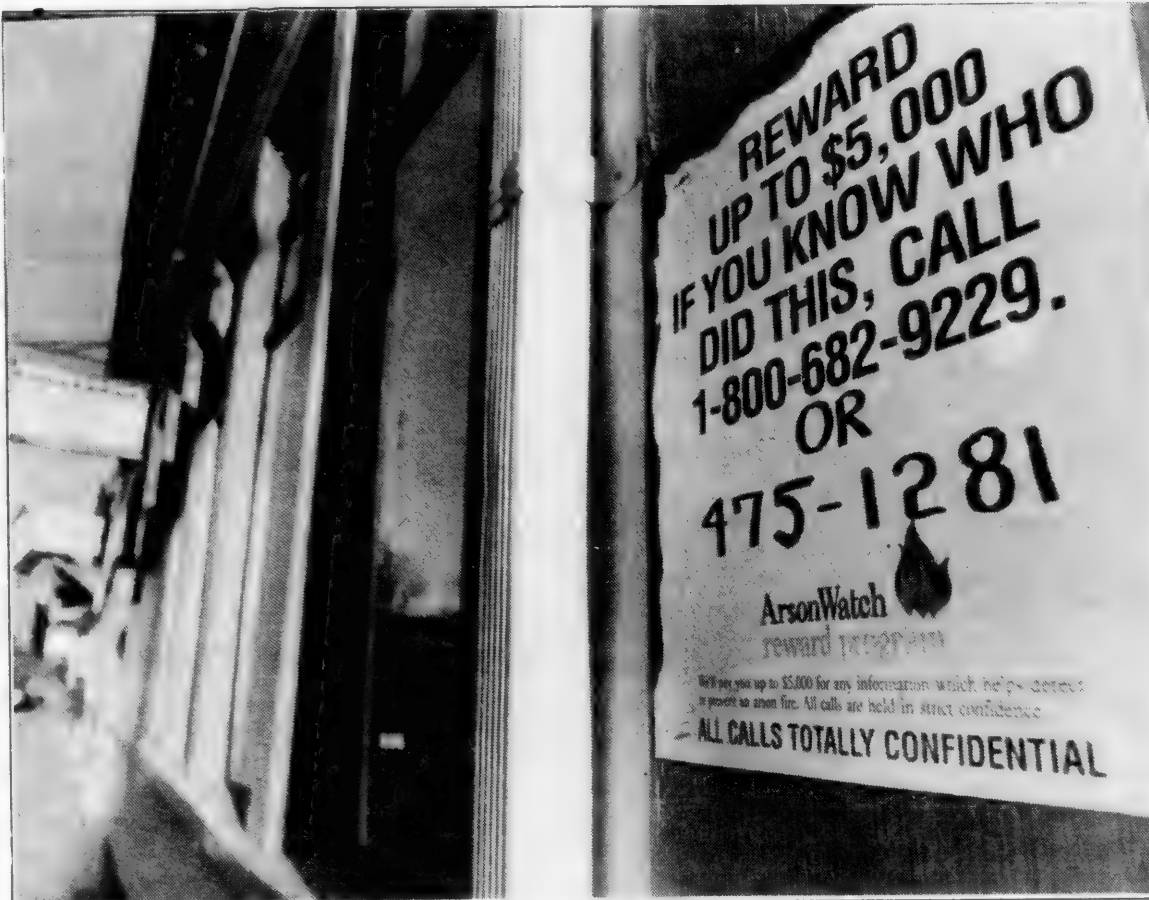
an area near the bottom of Essex Street, used for parking cars by Elm Street Automotive. But the suspect would not admit he was involved with any fire except this Gradall Lane fire. Police could say they could link him to this fire because he left footprints in freshly-fallen snow.

"He says he's been doing it himself and he won't tell us who he's been hanging out with," said Pattullo, Monday. "He wouldn't really give any kind of motive. We know from past experience he's been involved with lighting small fires before, especially in his own house. He definitely had a problem before."

The suspect was brought to court Tuesday and will be held for at least a two-week observation for psychiatric evaluation, say police.

Accompanied by his stepfather, the second suspect turned himself in Tuesday evening after learning police suspected he was involved. He offered a confession linking himself and his friend to a number of recent fires to businesses, cars and trash bins in the downtown area.

He was expected to be charged in Lawrence District Court yesterday, Wednesday,



This sign was posted on Post Office Avenue after a fire was set at My Brothers Pizza Place, in the background.

Photo by Lisa Adelsberger

with four counts of burning a building, one count of burning a dwelling, one count of burn-

ing a vehicle, four counts of burning trash receptacles, and one count of breaking and entering into a building during the night to commit arson.

Det. Bill Wallace says police are preparing warrants for these charges against the first alleged fire-starter and "those will be served against him at some point in the future when he's done being evaluated."

Police expect further charges to come against the first suspect and say the community in which he goes to school is also looking at him as a possible suspect for fires there.

"We know he was involved with other fires," said Pattullo.

Investigation

Pattullo credits officers Jim Reilly, Bill Canane and Steve Martellini's collective knowledge of the youth who hang out downtown with helping police to find both 15-year-old boys.

Andover Fire Chief Wright said before the arrests that officials believed two youths were involved with setting the fires because witnesses near some fire scenes "always heard two voices." Officials also believed youths might be involved because all the fires were set within walking distance of the downtown, a sign that the arsonists did not own a car, but probably lived or hung out in

the area.

"We know (the first suspect) well, very, very well," says Pattullo. "We felt as though whoever was doing this lived in close proximity to the downtown so they could get home, comfy, cozy, before the fire call came in."

Police and fire officials list 14 fall fires dating back to late September, and several more fires dating back to January, that they think this suspect may have set.

But until this past weekend, most of these fires were set in dumpsters.

When these trash-bin fires first started, Wright says firefighters thought they might just have been caused by people carelessly throwing spent cigarettes into the garbage receptacle. But, viewed in retrospect, Wright says it now appears the flames were the sign of a fire-bug beginning to take wing.

"Since the end of September we've had a number of dumpster fires. They were sporadic, but they've been increasing. This weekend marked a difference," says Chief Wright. "There's no question here, they made a change."

Wright says the fires over the weekend threatened people's lives and livelihoods (see sidebar, at left). Once that happened, officials tried to send a clear message: If you play with

Wright says the fires over the weekend threatened people's lives and livelihoods. Once that happened, officials tried to send a clear message: If you play with fire, be prepared to get burned.

fire, be prepared to get burned.

State police officers from the state fire marshal's office, Sgt. James Brooks, Bob Murphy and Steve O'Connor, were brought in Monday to help raise the pressure on the fire-starters and to aide the investigation by Wright, Fire Dep. Chief Robert Boush, and Andover detectives.

A \$5,000 reward for information was offered through a state program called ArsonWatch.

That day, Andover police got their break with the car fire at Gradall Lane.

"We found footprints at the scene and the state police brought their dog, who is able to sniff out (flammable liquids used to start fires)," says Pattullo. "The dog's name is Lucy - she is excellent."

Along with the footprints, detectives Jim Haggerty, Kevin Burke, Det. Sgt. Kevin Winters, and were also credited with playing important roles in the investigation.

Part of larger problem

While police believe they have caught all those involved with the downtown Andover fire problem, Sgt. Brooks says fire-starting stunts are increasing among youth in this area.

In Lynn last week a 4-year-old started a fire by lighting a piece of paper with the oven's pilot light.

"It was just a fascination with fire. It destroyed the whole house," he says. "We're seeing a great difference in ages (of fire-starters), going from real young kids to teen-agers."

Brook's force is called in for suspicious fires, including those that cause death and injuries, in Middlesex, Essex and Suffolk counties.

"There's a big problem with juvenile fire-starters," he says. Whether its small, dumpster fires, or some of them progress to burning buildings as happened here, it's becoming a problem. We're seeing it all across our area more frequently."

Where the fires have been set around town

Although police believe one of the young arsonists arrested this week may have been setting fires since January, they say the frequency of fires has increased significantly since late September.

They believe the suspect who offered a confession has only been involved with the 10 charges he has confessed to.

Here's a quick look at the fires beginning Sept. 27:

- Sept. 27, trash receptacle fires at 54 Main Street and 20 Post Office Ave.
- Oct. 8, Gradall Lane, dirt road off of Essex Street, three vehicle fires; and a trash receptacle fire on Chestnut Street.
- Oct. 26, trash receptacle fire behind Doherty Middle School.
- Nov. 2, vehicle fire on Gradall Lane.
- Nov. 16, trash receptacle fire behind Doherty Middle

School.

- Nov. 18, Main Street trash receptacle fire.
- Nov. 26, fire to boxes behind Shawsheen Plaza.
- Nov. 28, trash receptacle fire behind Kaps store on Main Street.
- Saturday, Nov. 29, fire to new construction on Essex Street, across from St. Augustine Church, contained by passer-by; to a High Street real-estate building with a third-floor apartment; and to a town building on Buxton Court, causing damage to a Parks garage.
- "The potential was enormous on High Street. He removed materials from the unit and put it under (a porch) and set it on fire," says Det. Brian Pattullo.
- Sunday, Nov. 30, fire to My Brother's Pizza Place, closing the shop.
- Monday, Dec. 1, car fire on Gradall Lane.

— Neil Fater

Selectmen vote 3-2 on tax classification

(Continued from page 26)

Hess and Major, said there are other factors to consider, as some businesses have received tax breaks recently. Raytheon alone received a \$600,000 abatement last year, he said.

Downs also said the numbers he had calculated agreed with Major's figures.

After the meeting, Major said the Larsen tax factor would have created a tax decrease of .52 percent for businesses, and a three percent increase for residents.

During the meeting Major said Andover needs \$1.1 million in new taxes or it will be "short of what our revenue generation needs are."

"One way or another we need a tax increase," he said. "What I don't want to see is a substantial tax increase to the residents in town."

Although taxes have increased every year this decade, Major said from fiscal year 1994 to fiscal year 1997, the rate of increase has decreased. While the tax increase for the average home was \$278 for FY 94, it was down to \$171 by last

year, FY 97.

"I'd like to see that trend continue," said Major. "We could cut the increase in half (with my proposal). It's still a tax increase, but at least it's working its way in the right direction."

Majors later said 26 percent of Andover taxpayers live in homes valued at less than \$200,000, and 50 percent live in homes valued between \$200,000 and \$300,000.

"Those are the people you don't want to be hammered. You don't want them to have to leave their homes, particularly those on fixed incomes," said Major.

If most of the new homes continue to be built for prices of \$500,000 and more, Major also said he might consider a tax break for those with homes valued at less than \$150,000, to maintain a mix of people living in Andover.

The residential tax rate for FY 98 will be \$15.82 per \$1,000 in property value, with the commercial rate at \$22.90 per \$1,000. Selectmen attribute the lower increase to business expansion in town.

EVENTS CALENDAR

(Continued from page 23)

charge, 2-4 p.m., North Andover Historical Society, 153 Academy Road, North Andover; 686-4035.

Holiday open house, sponsored by Andover Historical Society, refreshments, silent auction, 2-4 p.m., 97 Main St.; 475-2236.

Pet photos with Santa, proceeds benefit MSPCA Animal Shelter, 11 a.m.-3 p.m., \$7 per 3x5 photo, MSPCA, Route 28, Methuen; (978) 687-7453 Tuesday-Saturday, 11 a.m.-4 p.m.

Holiday fine art and craft show and sale, noon-4 p.m., see entry under Thursday, Dec. 4.

Sing-along, sponsored by Lowell National Historical Park Boott Museum Store, 1 and 3 p.m., 15 percent storewide holiday sale, 400 Foot of John Street, Lowell; (978) 970-5000.

Social, sponsored by Minuteman

Widowed Persons Service, 4-6 p.m., upstairs lounge, Scupper Jack's restaurant, Route 2A, Acton; Marie (978) 486-8820.

MONDAY, Dec. 8

Christmas Gift Yankee swap party for members of Lawrence Garden Club, refreshments, 1 p.m., St. Patrick's Parish Center, Lawrence; Eileen Mele, 685-8433.

TUESDAY, Dec. 9

Collins Center meeting, sponsored by the Ad Hoc Finance Committee on behalf of the School Committee, to discuss the development of a long-range operations plan for the Collins Center, 7:30 p.m., Memorial Auditorium, Doherty Middle School, Bartlet Street; Sheldon Fine 475-9886 or Bob Stoetzel 475-6964.

Encourage your child to read a newspaper.

We owe our children the greatest education we can give them. And encouraging them to read a newspaper is an important part of that education. Open a door of entertainment, wonder and knowledge for your children by encouraging them to begin a practice they will enjoy for the rest of their lives.



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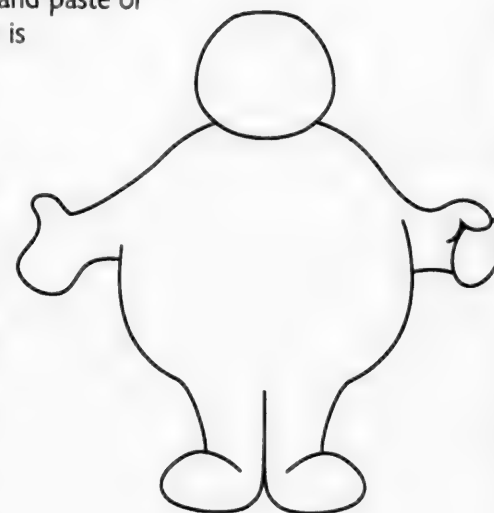
HEY KIDS! Assemble the snowman and be entered in a drawing for a FREE BEANIE BABY!

It's easy! In each paper starting with this one through Dec. 24, there will be a different part of the snowman hidden in the paper. **You need to find his hat, his face, his buttons and his broom.** Cut them out and paste or tape them to this coupon. When the snowman is complete fill out the coupon and mail it to:

BEANIE DRAWING,
Andover Townsman, P.O. Box 1986,
Andover, MA 01810. Six lucky kids will win one of the following Beanie Babies: **Magic, Legs, Peanut, Squealer, Snort and Claude!**
The drawing will be held on Friday, Jan. 2. Winners notified by phone. Open to children only, age 16 and under. (Sorry, winners do not get to choose the Beanie of their choice.)



Your snowman should look like this little one when it is complete.



Name _____ Age _____

Address _____ Phone # _____

Tell us what your favorite Townsman article has been in the last 4 weeks:

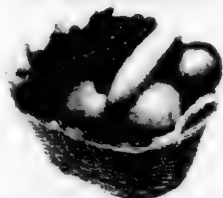


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POLICE LOG

ARRESTS

Tuesday, Nov. 25 - At 1:29 a.m., a 20-year-old female was arrested by Merrimack College police, brought to the Andover station and charged with assault and battery on a police officer and disorderly conduct.

At 1:06 p.m., after a traffic stop on Blanchard Street, Francisco Santos, 32, of Congress Street, Lawrence, was arrested and charged on a Lawrence warrant for assault and battery, and a Salisbury warrant for a motor vehicle violation.

Friday, Nov. 28 - At 10:12 p.m. a Lowell Street caller that an apparently intoxicated driver took off after backing into his car and causing damage to it. About a half-hour later, Paula D. Kesslak, 42, of Constitution Drive, Londonderry, N.H., was arrested and charged with a second offense of driving under the influence of alcohol and with driving from the scene of an accident after causing property damage.

Saturday, Nov. 29 - At 10:15 a.m., Wayne D. Willette, 42, of Brookfield Street, Lawrence, was arrested on River Road and charged on a warrant.

At 7:58 p.m., Michael J. Enus, 19, of Pleasant Valley Street, Methuen, was arrested on Harding Street and charged on a default warrant for assault and battery and for fines due.

At 7:59 p.m., a 15-year-old male was taken into protective custody on North

Main Street.

At 8 p.m., Ronnell K. DeRosa, 18, of Fieldstone Court, North Andover, was arrested on North Main Street and charged on a warrant for possession of a Class D substance.

At 10:26 p.m., an off-duty state police

officer reported being behind a white Mercury that was all over the road and heading north on Route 28. The car was stopped on Main Street and John J. Petrosius, 38, of Royal Street, Wilmington, was arrested and charged with driving under the influ-

ence of alcohol and with driving without a license.

INCIDENTS

Tuesday, Nov. 25 - At 10:40 a.m., a Haggetts Pond Road resident reported finding a tree stand

on a conservation-land tree near Interstate 495.

At 2 p.m., a Main

Street CVS employee reported a shoplifter. An officer reported a small amount was

taken from the store. The person was spoken to, no charges were filed, but the

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Saturday

December 20

2:30 & 6:30

Sunday

December 21

2:30



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For Tickets: 978-371-1038

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*Moved to Pynchard Auditorium, West Middle School - due to construction at Collins Center

POTTERY SALE

AUDREY BENSLEY

Andover Historical Society is hosting an exhibition and sale of ceramics by Audrey Bensley, now through pick up date of December 19.

OH NO! THE BIG 40!



If you see Dan (Dan the rubbish man) Monday, Dec. 8, wish him a happy one!
Love, J, C, E & K

THE REAL ESTATE CORNER



with Pamela Lebowitz

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Some neighborhoods have a certain distinction that attracts buyers, but there are other factors to take into account. A house in a good location may have a few points subtracted if it is located on a busy street. There are buyers who would like to be close to schools, shopping and churches, but don't want to live across the street from these facilities. You may want an easy commute to your job, but would not consider a location close to the "on" ramp of the interstate. A location close to an airport would be convenient if you are a commercial pilot, but might make it difficult to sell even the most wonderful house.

As you balance all of the factors, remember that a location liability which gets you a great house at a reasonable price, will probably require you to pass a similar savings on to future buyers.

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POLICE LOG

person signed a form saying they would not return to the store again.

At 3:02 p.m., a Joseph Street resident reported two males going to every house and opening the storm door. An officer reported they were delivering newspapers.

At 6:36 p.m., a restraining order was served in hand to a

man on Andover Street.

At 6:56 p.m., a Wildwood Road resident reported a jogger at the end of his driveway, stretching. The man cried out in pain as if he were hurt, and a boy in the area ran into his house. The boy was not sure where the man had gone, and officers checked the area without success.

But detectives said early Wednesday they did not believe this person was the flasher who had been appearing in Andover recently.

Wednesday, Nov. 26 - At 7:15 a.m., after a report of a heated two-person argument at a Texaco station, an officer requested an ambulance for someone he described as a disturbed person.

At 11:51 a.m., a Prospect Road caller requested an officer after supposedly "dis-

covering marijuana which (the) caller states belongs to her mother." An officer said an argument had occurred between a mother and a daughter, precipitating the call. He reported he would "file a few lines" regarding this.

At 2:33 p.m., a McDonald's employee reported a group of kids in the lot with a couple of kids fighting. An officer spoke to the group and the youth dispersed.

At 5:46 p.m., a

father reported an incident from Monday between his first-grade son and a

bearded man on South School property.

Thursday, Nov. 27

- At 8:23 a.m., a York Street caller reported males urinating in

(Continued on page 34)

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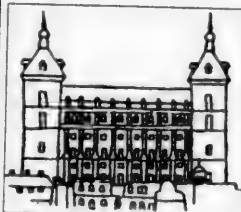
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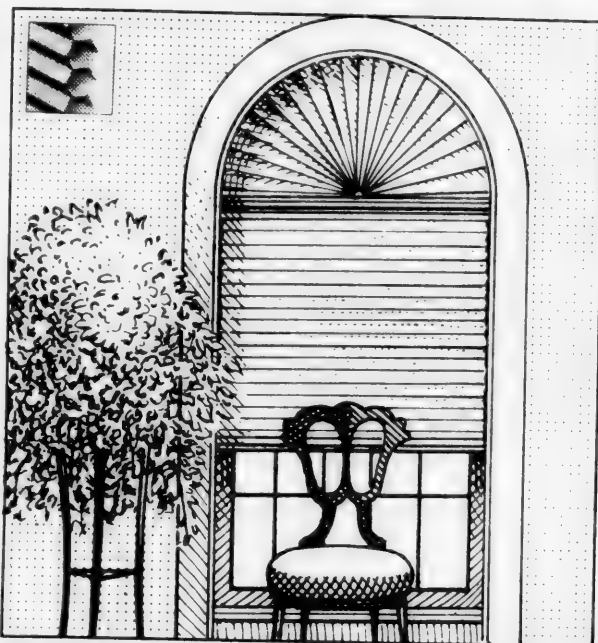
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POLICE LOG

(Continued from page 33)
her backyard. An officer reported he could not get near the area because of the Feaster Five road race.

At 11:51 a.m., a North Street motorist reported a pit bull puppy left in the middle of the road. An officer was unable to locate the animal.

At 4:51 p.m., someone reported a doe hit on Tewksbury Street.

Friday, Nov. 28 - At 9:18 a.m., someone reported a rabbit hit by a car, but still alive on Lowell Street. An officer put the bunny in a box and brought it to the Andover Animal Hospital.

At 1:57 p.m., a

restraining order was given to a man who was told "he will have to turn his guns into the station."

At 2:09 p.m., a woman came into the station and requested charges be filed for a September 1996 assault involving a person who had a restraining order against them. The woman had not wanted to press charged when the assault originally occurred, but had talked to a detective at that time.

Saturday, Nov. 29 - At 8:18 a.m., a man brought a bag of money he had found into the police station. The bag, con-

taining about \$500 in quarters, was claimed by a distributor who had left the change on top of a newspaper box by Santana's on South Main Street.

At 4:45 p.m., there was a report of a large deer hit on Route 125.

Monday, Dec. 1 - At 5:16 a.m., a Barons Country Store employee reported finding two license plates by the store's front door when he opened up.

Tuesday, Dec. 2 - At 11:23 a.m., an Andover High School assistant principal reported he had a student in his office with drugs.

BREAKS

Wednesday, Nov. 26 - At 4:09 a.m., an

Andover street caller reported hearing banging near the Ultimate Hair Salon. A few minutes later an alarm sounded at that address and an officer reported that it appeared a window had been pushed in. The officer also reported there was not any appearance that someone had entered the building.

CAR BREAKS

Tuesday, Nov. 25 - At 11:19 a.m., a caretaker at the Sacred Heart Cemetery on Corbett Street reported finding a car with Pennsylvania plates and a broken window. An officer reported the rear door was broken, and there was also dam-

(Continued on page 35)

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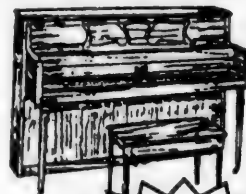
PIANO TIME

GRAND PIANOS



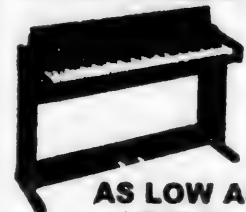
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GIGANTIC INVENTORY!

ENORMOUS SAVINGS!

POLICE LOG

(Continued from page 34)

age to the ignition and driver's door.

Wednesday, Nov. 26 - At 2:38 p.m., a man reported discovering what he believed to be a stolen car on Filter Bed Road in Den Rock Park. An officer reported the vehicle was stolen from a Lawrence resident.

At 4:20 p.m., a Ramada Rolling Green Hotel employee reported a vehicle break in the parking lot. He said his stereo, a briefcase and keys to United Way offices were taken.

At 7:21 p.m., a Wild Rose Drive man called to report the theft of a cellular phone from his car sometime that day.

Thursday, Nov. 27 - At 12:30 p.m., an officer reported finding evidence of an apparent car break and theft attempt at Bulfinch Drive.

At 12:55 p.m., an officer at Bulfinch Drive recovered a vehicle stolen from Lawrence Nov. 10. There was damage to the steering column, door locks and left front wheel.

Sunday, Nov. 30 - At 9:31 a.m., a woman at Bulfinch Drive reported someone had broken into her car.

At 9:40 a.m., the Marriott hotel reported someone had broken into a guest's car.

At 10:33 a.m., a car stolen from Salem, N.H., was recovered with extensive damage on Filter Bed Road in Den Rock Park.

Monday, Dec. 1 - At 10 a.m., a Bulfinch Drive resident reported someone had broken into an '86 Oldsmobile.

At 6:42 p.m., Grill 93 reported a patron's car broken into and a briefcase stolen.

THEFTS

Tuesday, Nov. 25 - At 6:57 p.m., North Main Street's Mobil station reported a driver leaving without paying for the \$15 worth of gas that he pumped.

Wednesday, Nov. 26 - At 11:41 a.m., someone on Main Street reported they were given a bad check.

At 4:21 p.m., a detective was to file

on a credit card stolen at the YMCA.

Friday, Nov. 28 - At 7:25 p.m., an Andover Spa employee reported that a male customer attempted to shoplift.

Tuesday, Dec. 2 - At 9:11 a.m., a Chestnut Court resident came into the station to report the theft of checks from her home.

At 12:12 p.m., a construction worker reported a theft from West Hollow.

At 1:58 p.m., a construction worker from the Phillips Academy area reported someone had taken 15 orange barrels.

At 1:59 p.m., a detective was ready to file on a bad check given to a Main Street

business.

ACCIDENTS

Tuesday, Nov. 25 - At 11:10 p.m., an officer reported a tractor-trailer truck had struck the side of an Andover Street building that houses Abbot Pond Cleaners. The truck damaged part of the building's roof and knocked off shingles.

Wednesday, Nov. 26 - At 2:47 p.m., several callers reported a York Street accident with no apparent personal injuries. An officer later requested an ambulance for an operator who appeared shaken up by the accident.

Tuesday, Dec. 2 - At 5:21 p.m., there was a report of an accident on Dascomb

THE TOWNSMAN, DECEMBER 4, 1997

35

Road with what appeared to be a neck injury to one of the people involved.

At 9:37 p.m., a minor accident was reported on Essex

Street and the driver was issued a citation. The driver indicated she would file a citizen's complaint against the officer for his treatment.

VANDALISM

There was only one case of vandalism reported this week, an egging of a Wild Rose Drive house.

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DATE: December 8, 1997

TIME: 7:00 P.M.

LOCATION:

North Reading Medical Associates
203 Main Street in North Reading

SPEAKERS: Ban Kizy, MD

North Reading Medical Associates
Lisa Maccario

Winchester Hospital Tobacco Control

SPACE IS LIMITED SO PLEASE CALL

664-1990 To Register

SCHOOL TALK

[Continued from page 18]

Wampanoag people.

The unit on Thanksgiving culminated with a joint kindergarten feast with goodies that included cornbread and butter made in class by the students. Each kindergartner made and wore his/her own pilgrim or Indian hat or headband and sang Thanksgiving songs in

anticipation of their big day at home with family and friends.

Students from Andover named to the **Our Lady of Nazareth Academy** honor roll for first quarter are:

First honors: Rachel DeMella and Tirzah Heller, grade 10; Lynn M. Palardy, grade 12.

Second honors: Natasha Gobel, grade 12.

Third honors: Kristin Connors, grade 9.

Pallabi Sanyal of Andover has been named to the principal's list at **Academy of Notre Dame** for the first quarter of the 1997-'98 academic year.

St. John's Preparatory School in Danvers announced the induction of 82 members of its senior class, including

Andover residents Patrick Coleman, William Hankey, Derek Kung and Michael Ravens, into the Brother Benjamin Chapter of the National Honor Society.

The Nov. 6 induction ceremony at Danversport Yacht Club honored the seniors not only for their academic accomplishments but also for excellence in character, leadership and service to the school and community.

Students must have a cumulative

grade-point average of 3.2 to qualify for membership in this chapter of the National Honor Society. They must demonstrate leadership and character through a detailed summary of their activities and achievements while at St. John's, along with an essay on the meaning of character.

As a final criterion for membership, students must perform a minimum of 20 hours of volunteer service to finalize their eligibility.

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10 a.m. - 2 p.m.

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SAVE 20%

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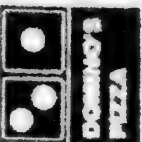
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December

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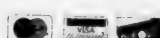
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SPORTSTALK

AHS freshman QB Danny Hughes wins NE Punt, Pass & Kick 14-year-old division championship Sunday in Foxboro

By Rick Harrison

Andover High freshman student-athlete Danny Hughes won the New England Punt, Pass & Kick 14-year-old division championship during competition at last Sunday's Patriots-Indianapolis Colts NFL game at Foxboro Stadium.

Hughes, who quarterbacked the AHS freshman football team to an 8-1 record this fall, qualified for the New England finals by winning previous district and regional competitions in Lawrence and Waltham respectively.

In the Patriots' practice bubble prior to the Pats-Colts game, Hughes was matched up against three other regional champions from Maine, Rhode Island and Montreal, Canada.

The competitors then threw the football at half-time before a full house of 62,000-plus spectators.

The contest tests players on passing, punting and placekicking for both distance and accuracy.

Hughes, a 5-10, 150-pound lefthander who will turn 15 later this month, totaled a combined 359 feet (120 yards) on the way to the first place finish by more than 30 feet.

In addition to taking the top spot overall, he was first in the passing with a 54-yard toss and the punting with a 40-yard kick. He was second in the placekicking competition.

Hughes, who had never entered the annual competition before, was awarded a plaque and medal during ceremonies between the third and fourth quarters.

Participants also received free tickets to the game, a free lunch, free parking and Patriots' merchandise including a towel, hat, T-shirt and

sweater.

The New England champ will find out later this month if he has qualified for the National PP&K finals.

Each NFL team holds a similar competition at its home field, and the performances in each age group are compared. The top four age-group performers among the 30 champions advance to the NFL finals.

Hughes, if he qualifies, will be the Patriots 14-year-old representative for the finals to be held at the AFC Championship Game in mid-January.

Possible sites for that game, which precedes the Super Bowl by two weeks, include Denver, Kansas City, Jacksonville, Pittsburgh, Miami, the Meadowlands or Foxboro.

Hughes, who threw nine touchdown passes and scored 26 points for the AHS freshman juggernaut, is also an outstanding baseball and basketball player.

Last summer he played on an AAU baseball team that competed in a Florida tournament, while also helping the Andover Gold team to the Suburban Pony League championship and seeing limited action on the Andover Post 8 Legion team against 16- to 18-year-old players.

TOWN OF ANDOVER



PUBLIC HEARING

Notice is hereby given that a public hearing will be held on Monday, December 15, 1997 at 7:30 P.M. in the Selectmen's Conference Room, Town Offices, 36 Bartlet Street, for the purpose of discussing the Town of Andover's CAPITAL IMPROVEMENT PROGRAM FY 1999 - FY 2003.

The requests for this five-year plan total over \$75.0M and \$18.0M for the first year for the following projects: engineering and design of the sewer expansion in the Ballardvale and South Main Street areas; engineering and design of ballfields at the Essex Sand and Gravel Pit or other locations in Town; new middle school architectural design; engineering, design and land acquisition for the Public Safety Building addition/renovation project; sidewalk restoration program; School HVAC, windows and life safety projects; postponed construction projects at Andover High School; Town building improvement projects; vehicle replacement; etc.

Copies of the Capital Improvement Program are available for inspection in the Town Clerk's Office at the Town Offices, and the Memorial Hall Library, during normal business hours.

All interested persons are welcome to submit their comments either in person or in writing.

Gerald H. Silverman,
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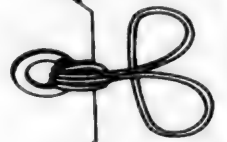
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Two named All-Conference

By Rick Harrison

Andover High senior football players Joe Maglio and Ethan Murphy were named 1997 first-team Merrimack Valley All-Conference this week.

Wide receiver Maglio (6'1", 180 pounds) earned one of 13 places on the offensive unit, while cornerback/safety Murphy (5'9", 150) is one of 12 on the MVC defensive team.

Senior running back Brian Cutler was voted to the All-Conference second team, while Golden Warriors earning honorable mention status are linemen Dan Barch, Matt Cox, quarterback Rick Johnson and linebackers Tony Morando and Brent Torre.

The team was selected by vote of the nine conference head coaches.

Your Dental HEALTH

by Richard D. Hopgood, D.M.D.



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P.S. Those who use mouthwashes with high alcohol content should pay attention to the fact that they might dry mucous membranes as well as aggravate existing cases of dry mouth.

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SPORTS

Golden Warriors score too little, too late vs MVC champ Central, 42-8



Central Receiving — Here's the kickoff by Scott Brodsky.

Photos by Lisa Adelsberger



Golden Warrior junior quarterback Rick Johnson (No. 20) sees an opening, under protection from Matt Aufiero (No. 39). Johnson scored the lone touchdown for Andover.

AHS FOOTBALL

By Rick Harrison

Andover High junior quarterback Rick Johnson capped an impressive eight-play, 71-yard march with an eight-yard touchdown run, and Johnson then pitched a two-point conversion pass to Craig Elworthy in the left corner of the end zone.

Sounds good, but what's wrong with this picture?

The problem is the TD came with only 94 seconds left in the game, following six Central Catholic scores, as the visiting Raiders pounded out a 42-8 Thanksgiving Day football victory over the Golden Warriors in the regular season finale for both teams at windswept Eugene V. Lovely Field.

An estimated crowd of 2,000 braved the elements, sitting through a relentless cold wind that rarely died down and kicked up to gale force at times.

Less than half were still around after Merrimack Valley Conference champ Central, 8-0 in league play

and 9-2 overall, rolled out to an insurmountable 35-0 halftime lead.

Central will represent the MVC this Sunday in the annual Eastern Mass. Division 2-B Super Bowl Game at Boston University's Nickerson Field, facing Middlesex League champ Wakefield. Kickoff is 11 a.m.

Coach Ken Maglio's young Andover team, which lost four games by nine points or less, finished 2-7-1 overall and winless in MVC play (0-7-1).

The final score was the most lopsided in the series, and Central has now won six of the last seven Turkey Day games.

"Andover worried me because they got better as the season went along," said first-year Raiders' head coach Chuck Adamopoulos after the game. "They gave Dracut (7-1-2 record) a hard time (9-7 loss) in early November.

"But they hadn't played in 20 days (pre-Thanksgiving week bye). Maybe that's too long a layoff."

Until the final drive engineered by Johnson, Andover's offense had

BOX SCORE

CENTRAL CATHOLIC 42, ANDOVER 8
at Eugene V. Lovely Field

Central Catholic	14	21	0	7	—	42
Andover	0	0	0	8	—	8

CC: Matt Muzerall 6 run (Ted Rokas kick)
 CC: Joe Uliano 36 run (Rokas kick)
 CC: Uliano 8 run (Rokas kick)
 CC: Muzerall 15 run (Rokas kick)
 CC: Rokas 20 run (Dan Ford kick)
 CC: Pat Flaherty 31 run (Ford kick)
 A: Rick Johnson 8 run (Craig Elworthy pass from Johnson)

TEAM STATISTICS

First Downs: Central Catholic 19; Andover 4.
 Rushes/Yards: Central Catholic 47-303; Andover 16-83.
 Passing: Central Catholic 3-4-0, 83 yards; Andover 2-14-1, 12 yards.
 Total Yards: Central Catholic 386; Andover 95.
 Fumbles/Lost: Central Catholic 0/0; Andover 0/0.
 Punts-Ave: Central Catholic 1-18; Andover 6-28.8.
 Penalties/Yards: Central Catholic 1-5; Andover 3-15.
 Scrimmage Plays: Central Catholic 58; Andover 37.

Records: Central Catholic 9-2, Andover 2-7-1.

INDIVIDUAL STATISTICS

Rushing: CC, Joe Uliano 13-92, Ted Rokas 5-50, Pat Flaherty 3-42, Brad MacDougall 7-37, Matt Muzerall 5-35, Chris Burke 1-32, Niall Murphy 1-8, Joel Brien 2-7, Jeff Petty 1-6, Brian Lemieux 4-5, Alex Panos 1-2; A, Rick Johnson 7-68, Chris Cordima 1-18, Fatih Penda 3-1, Ethan Murphy 3-0, Mike Giles 2-(-1), Mike Zizzo 1-(-1), Matt Aufiero 1-(-2).
 Passing: CC, Niall Murphy 3-3-0, 83 yards; Jeff Petty 0-1-0; A, Rick Johnson 2-14-1, 12 yards.
 Receiving: CC, Ted Rokas 2-25, Tom Donahue 1-58; A, Craig Elworthy 2-12.
 Interception: CC, Phil Joncas 1.
 Sacks: A, Brian Cutler & Josh Trowbridge 1.

Andover High's winter teams begin practices for the 1997-'98 season

By Rick Harrison

Andover High's 10 winter sports teams were allowed to begin practices this past Monday for the upcoming 1997-'98

season.

AHS will compete in men's and women's basketball, ice hockey, men's and women's indoor track, men's and women's gymnastics,

men's and women's skiing and men's swimming this winter.

Head varsity coaches include Dave Fazio (men's hoop), Jim Tildsley (women's hoop), Bill Cullen

(ice hockey), Art Iworsley (track), Julie Curtis (women's gymnastics), Steve Sirois (men's gymnastics), George Walsh (skiing) and Mike Spring (swimming).

Most teams will begin regular-season play in mid-December, although skiing and gymnastics usually start after the first of the new year.

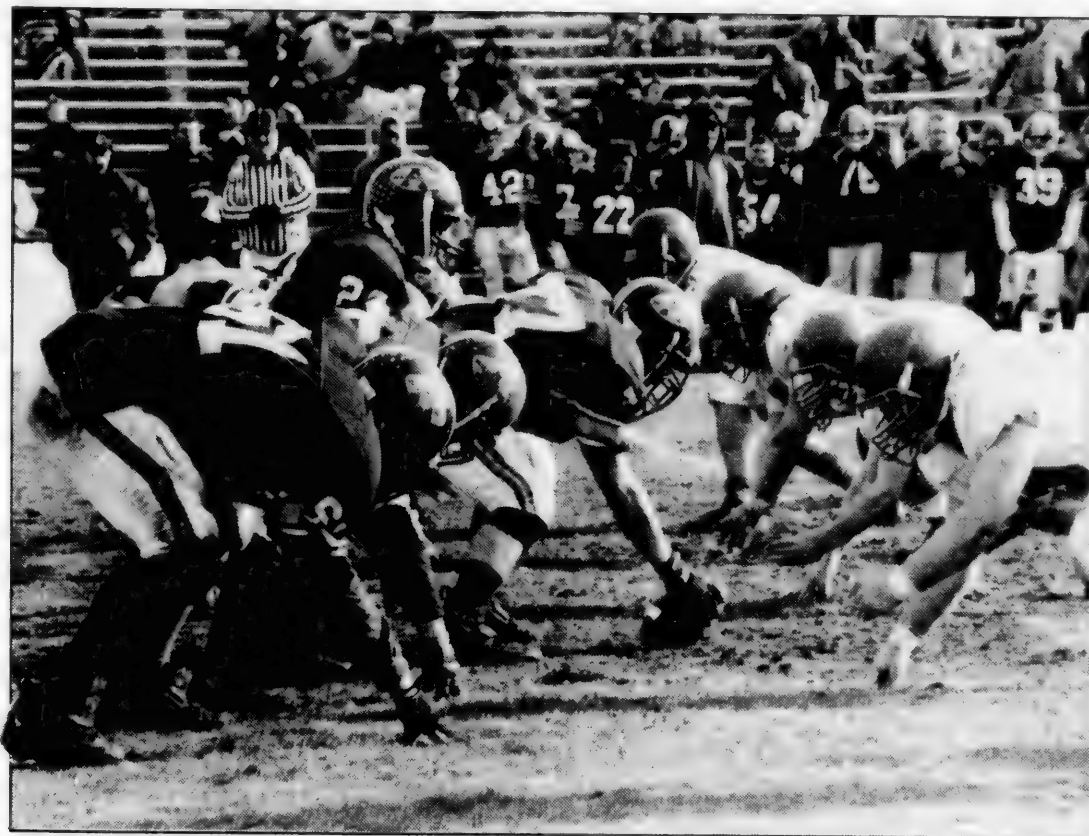


Photo by Lisa Adelsberger

Super Bowl-bound Central Catholic has now won six of the last seven Turkey Day games. This year's score, 42-8, was the most lopsided in the series.

Golden Warriors finish out their season at 2-7-1

managed only 24 net yards in 29 plays.

The CCHS defense held the Golden Warriors to one first down and 23 net yards in the first half, all of it coming on a 24-yard run by Johnson on the second play of the second AHS series.

The Golden Warriors' touchdown trek started innocently with a two-yard run by senior tailback Fatih Penda.

Junior halfback Chris Cordima followed with an 18-yard run on his only carry of the game. After an incomplete pass, Johnson raced 13 yards on a keeper to the Central 38.

Johnson, who led all AHS ballcarriers with 68 yards rushing on seven carries, added a 21-yard sprint and a nine-yard pass completion to Elworthy at the Raiders' eight.

Johnson's team-high fifth touchdown of the season (30 points) came on a third-and-1 play, as he slanted over left tackle and ran to the end zone untouched.

First-half blitz

Central piled up 272 of its 386 total yards while constructing the 35-0 halftime lead, scoring on each of its five possessions in the opening 20 minutes.

Matt Muzerall capped a six-play, 46-yard drive

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with a six-yard TD run to put Central on the board 5:01 into the game.

The Raiders had good field position after AHS punter Pat Murnane had his first kick of the morning knocked down by the wind.

Murnane actually punted as well as could be expected, averaging 28.8 yards on six kicks, with the majority of them going against the wind.

On one occasion he tracked down a bad snap and managed to unload a strong kick (with the wind) while on the run from several charging CCHS special teams players.

Central, with the wind at its back, scored again three minutes later after going 56 yards in just two plays.

Quarterback Niall Murphy, 3-of-3 passing for 83 yards, zipped a 20-yard aerial to Ted Rokas before 225-pound fullback Joe Uliano rumbled 36 yards untouched for the first of his two touchdowns.

Methuen resident Uliano, who has deceptive speed for his size, was the game's leading rusher with 92 yards on 13 carries to boost his regular season totals to 72 points (12 TDs) and 1,328 yards rushing.

Uliano's second TD, at 2:10 of the second quarter, finished a nine-play, 45-yard drive.

Three Andover plays and a punt later, CCHS moved 78 yards in just

(Continued on page 40)

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VARSITY FOOTBALL

Final Statistics
(10 games)

	TD	PA	Pts.
Rick Johnson	5	0	30
Brian Cutler	4	0	24
Joe Maglio	2	2	14
x-Scott Brodsky	0	7	13
Ethan Murphy	1	0	6
Craig Elworthy	0	2	2

x = kicked 2 field goals

TD Passes: Rick Johnson 4, Mike Giles 1.

TD Receptions: Joe Maglio 2, Brian Cutler 2,
Rick Johnson 1.

Golden Warriors

(Continued from page 39)
three snaps to make it 28-0.

A 58-yard pass-and-run play from Murphy to Tom Donahue highlighted the march, and several plays later Muzerall blasted through a huge hole and cruised in untouched from 15 yards out.

After the Raiders pounced on their own short, windblown kickoff, Rokas rambled 20 yards on the final play of a 42-yard drive.

Pat Flaherty, one of 14 Central ballcarriers in the game, scored the final CCHS touchdown on a 34-yard run with less than five minutes to play.

Raider placekickers Rokas and Dan Ford were a perfect 6-for-6 on PATs.

Defensive leaders

Participating in a number of tackles each for the Andover defense were junior linebacker Tony Morando, junior end Dave Crandall, sophomore linebacker Nick Fitzpatrick, junior tackle Josh Trowbridge, senior cornerback Ethan Murphy, sophomore linebacker Luis Santiago, senior linebacker Brian Cutler, senior linebacker Brent Torre, junior tackle Charlie Daher and senior tackle John Beanland.

Cutler and Trowbridge broke through to nail Central reserve quarterback Miles Page for a nine-yard loss midway through the fourth quarter.

In the offensive line, senior tackle Dan Barch, junior guard Chris Wholey, Torre at guard and Daher at tackle did some excellent blocking on the touchdown drive.

Stats & Facts

• With only 14 seniors on the 60-man varsity roster there appear to be better times ahead for Andover.

Key graduates from the 1997 team include Joe Maglio, Brian Cutler, Ethan Murphy, placekicker Scott Brodsky, Dan Barch, Brent Torre, John Beanland and Craig Elworthy.

• Dick Collins, who coached the AHS football team for 37 years before handing the reins over to Maglio last fall, was in attendance.

• Other faces in the crowd included AHS hockey coaches Bill Cullen and Ralph Quaglietta, former Golden Warrior quarterbacks Carmen and Chris Scarpa, former Andover residents and Central Catholic standout quarterbacks Bill and Chris Lane, former AHS varsity baseball coach and math teacher Bill Vickers, current AHS assistant baseball coach Kevin Rourke and former AHS hockey standout Brian Bresnahan.

• Andover High teacher and athletic equipment manager Bill

Drummond wrapped up another season of excellent work as the PA announcer, ably assisted by Andover High School teachers and team statisticians Jay Darren and Dave Gangi, who act as spotters in the booth.

• Central Catholic

was forced to play all 11 of its football games away from home this fall while Lawrence Veterans Stadium is being renovated. Central used Lovely Field as a home site for its Oct. 10 game with Billerica, while Andover played at Haverhill that night.

• Central has appeared in one other Super Bowl game, dropping a 7-3 decision to Plymouth High in the Division 2 contest played that year at Foxboro Stadium.

• Central dominated every major statistic in this game with final

edges in first downs (19-4), yards rushing (303-83), yards passing (83-12), total yards from scrimmage (386-95) and scrimmage plays (58-37).



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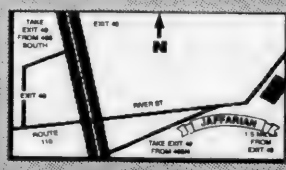
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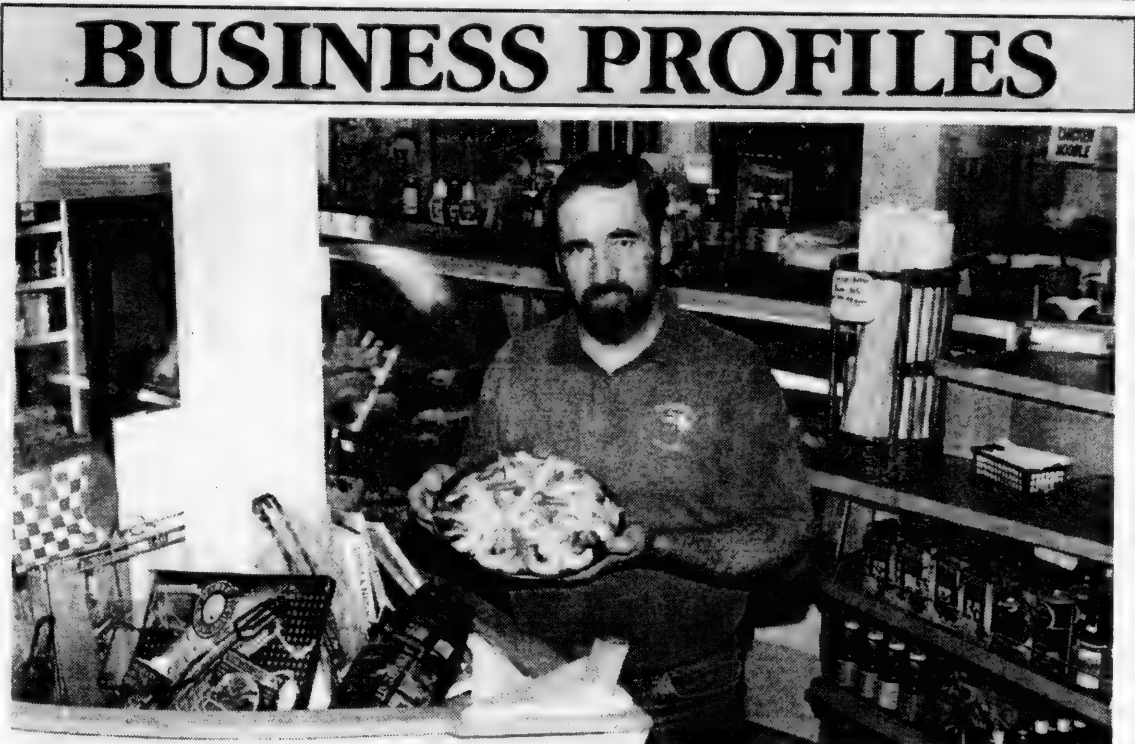
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Gene Marshall

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able. And, hosts who don't have much time, don't worry. **Hometown Seafoods** comes to the rescue with several heat-and-serve options. There's baked stuffed shrimp and sole and baked haddock. Top those meals off with delicious twice-baked potatoes or the scalloped stuffed acorn squashes.

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The fish comes directly from the boats in Gloucester while the steamers and lobsters are purchased directly from diggers and lobstermen in Rockport and

Gloucester.

In fact, the lobster is plentiful right now and makes a terrific holiday gift. **Hometown Seafoods** will ship lobster anywhere in the U. S.

"It's a great gift, especially for former New Englanders," Gene said.

Hometown Seafoods also has a lunch menu. You can fax your order. Those items include lobster rolls, seafood salad sandwiches and shrimp boats. Corn and clam chowder are also popular.

Hometown Seafoods is located at 15 Barnard St., Andover. Hours are Monday through Saturday, 9:30 a.m. to 6 p.m.; Thursday and Friday until 7:30 p.m. Telephone: 475-7426. 12/4/97 J. W.

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Andover Church Basketball League cranks up its 1997-'98 season Saturday afternoon

By Rick Harrison

The ever-growing Andover Church Basketball League, which has been in continuous operation for more than a half-century, will launch its 1997-'98 season this Saturday afternoon with games in all six divisions at the Andover High Field House.

The ACBL has more than 600

youngsters participating this winter, with 54 teams in the boys' and girls' Junior, Intermediate and Senior Divisions.

There are also two girls' travel teams (7th and 8th grade) affiliated with the league.

"It's been quite an effort handling such a large turnout," said longtime ACBL director Bob

French. "There are waiting lists in all divisions."

All four courts at the AHS Field House will be in continuous operation every Saturday from 1-7 p.m. between now and late February.

In-town houses of worship with teams in one or more divisions of the league include St. Augustine, St. Robert's, West Parish, Christ,

South, Free Christian, Temple Emanuel, Ballardvale United, Faith Lutheran and Unitarian Universalist.

The only game not being played at Andover High on Saturday is the Senior Girls' Division opener between St. Augustine A and South, which has been shifted to South School tomorrow night at 8

p.m.

The 7th and 8th grade girls travel teams will begin their season Saturday, Dec. 13 at the West Middle School, with games against visiting Lowell at 1:30 p.m. (7th grade) and 2:45 p.m. (8th grade).

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Ann Panagiotopoulos

Anastasia's Curtains and Gifts

The new Lenox collectibles, called Lenox Classics, have arrived at Anastasia's Curtains and Gifts in Tewksbury.

The pretty porcelain and crystal figurines are just a small sampling of the many gifts stocked at this gift shop where you are certain to find a holiday gift for that special someone. You will find a large selection of Cherished Teddies, Lizzie High dolls, Nao by Lladro porcelain figures, Attic Babies, Dreamscapes and Snow bunnies. And, of course, there are plenty of Beanie Babies.

Owner Ann Panagiotopoulos also carries David Winter cottages and Village candles. Plus, unique holiday

decorations are plentiful including lots of different Santas and Christmas tree ornaments.

If somebody from Tewksbury, Wilmington or Billerica is on your shopping list, check out the town afghans. Anastasia's Curtains and Gifts is the exclusive seller for these afghans. Other gift ideas include Colonial braided rugs, baskets, dried flower arrangements, painted plates and Crabtree and Evelyn products.

In addition, the shop offers a full window decorating service. Luminette, Vignette and Silhouette blinds can be ordered. The latest lines in cellular shades, mini blinds and verticals are also available. Ann will be happy to

help you get that custom look for your window treatments. She'll help you with color coordination, fabric selection and hardware installation. Customers can choose from Carole, Ado or Waverly fabrics and get the matching bedding and pillows. Lace curtains and stock roller shades are also available.

Anastasia's Curtains and Gifts is located at 1215 Main St., (Rte. 38) in the Claddagh Place shopping center. Hours are Monday through Saturday, 9 a.m. to 6 p.m.; Thursday until 8 p.m. and Sunday, noon to 5 p.m. through Christmas. Telephone: (978)-640-1580.

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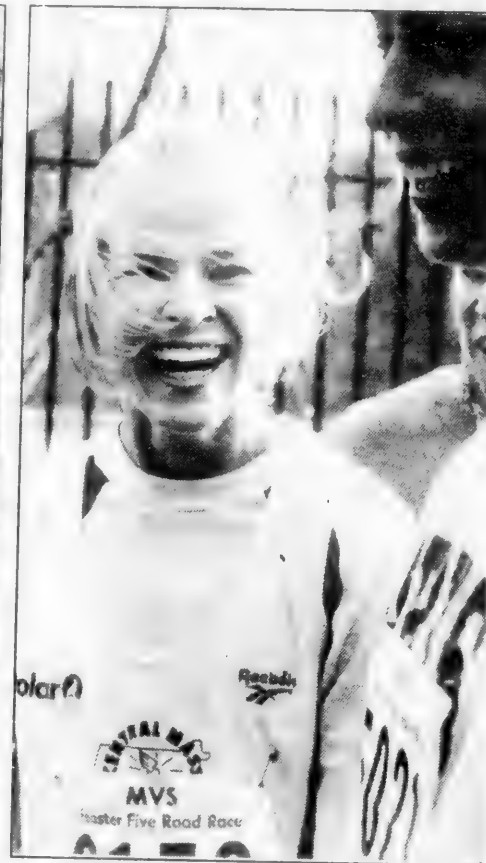
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Jennifer Lincoln of Peabody
1ST PLACE, WOMEN'S DIVISION
18:30 IN THE 5K RACE

Photos by Lisa Adelsberger

Wind was a big part of the story in the 10th annual Feaster Five

By Neil Fater

More than 6,000 runners zoomed, trotted and strolled through downtown Andover Thanksgiving Day as part of the windswept 10th annual Feaster Five road race.

Although the runners, and particularly the families who walk the race together, are a key topic of conversation every year, somehow the Thanksgiving Day weather always seems to be one of the annual stories as well.

One year it was so cold that a banner become frozen solid, fell to the ground and shattered. During the second race, there was so much snow that participants ran single-file so they could follow in each other's footsteps.

Thursday's wind made 1997's race follow in the footsteps of the previous nine Feasters.

The wind was so strong that it ripped down a light pole, knocked over the finish line chutes, and tore signs from their stakes.

"Wind turns my job from event management to crisis

management," says race director Dave McGillivray. "When you're dealing with 6,000 to 7,000 people you really have to be prepared for that. I got there at the start at about 4:30 a.m. and everything was on the ground. I just shook my head."

But McGillivray credited "experience and good volunteers" for getting the course ready again Thursday morning for the 5,508 adults and 579 kids who ran the five-mile, five-kilometer and kids one-kilometer races.

"Wind is just a nasty enemy. It really wreaks havoc with trying to set up an event outdoors," he says. "I don't know why every year it's something else weather-wise. It's almost like being stuck in traffic. You can't do anything about it, but it's frustrating."

Although the wind appeared to affect spectators and race organizers, finishing times did not seem to be affected by wind gusts that McGillivray says reached 50 miles per hour.

The top male finishers for the five-mile and five-kilometer races were Chris Teague, of Chelmsford, in 25:01 and Dan

Lebouef, of Tewksbury, in 16:42, respectively.

For the women, Lynn Jennings defended her 1996 five-mile victory with another win this year in a time of 28:08. Jennifer Lincoln, of Peabody took the 5K gold in 18:30. Top Andover five-milers were third-place winner Terri Anne McGettrick, who finished just 27 seconds off Jennings' pace, and seventh-place male finisher John Goodwin, in a time of 26:39.

Lazarus House gets 10K

Another winner in the race was Lazarus House, a multi-service organization assisting the poor and needy in the Merrimack Valley. Pledge sheets were included in the entry forms used by all runners.

About 90 people have returned pledge money totaling \$9,844, which will benefit Lazarus House programs, says Renee Serrano, Lazarus House's director of development.

Nearly a third of this money, \$3,239, was raised by 25 Andover pledge collectors, including the top two overall money-raising runners. These

two were Shawsheen Road resident David Ameen, who raised \$865, and Crestwood Drive resident Tom Varley, who brought in an even \$800, says Serrano.

Serrano says that most people brought in \$20 or \$30 worth of pledges.

But, because the Feaster Five has lost big-time sponsorship in the past few years, this race marked the first time Lazarus House has received money only from people's pledges. The \$18 entry fee paid by adult runners exclusively paid for race expenses this year.

Despite this change, Lazarus House received about the same amount in pledges that they did last year from the pledge program.

"We all thought that it would be a much better response this year," says Serrano. "We think maybe a lot of people still don't know that the only thing that (now) benefits Lazarus House is the pledge program."

Serrano says the money that was raised will pay to repair structural problems caused when a car crashed into the Good Shepherd Center at the corner of Park and Hampshire streets in Lawrence. The accident has forced part of a soup kitchen to close.

Some money will also help

repair or replace a heater that blew at another Lazarus House location.

Race's future

As for the future of the Feaster Five, to some degree it remains up in the air. Though immensely popular in the Merrimack Valley, race founders Bill Pennington and John Burke admit the race is at a crossroads this year, because it is without the big-time sponsorship it has had in the past.

They say race organizers must decide if they want to pursue new large-scale sponsorship and have the race continue to grow, or if they want to return to the race's early years and have a smaller, more hometown-oriented race. Both cast their votes for a smaller race.

McGillivray planned to report on the race to race-host running club Merrimack Valley Striders last night, Wednesday, and says an athletic-footwear company and an apparel company have expressed interest in sponsoring the race.

When asked about what might happen next year says, "I don't know. I'm certainly not going to count myself out in being involved in the future. Certainly emotionally I'd like to be involved in this race forever."

But McGillivray has said

TOP ANDOVER FINISHERS

5-MILE RACE RESULTS

NAME	AGE	ADDRESS	TIME
JOHN GOODWIN	42		26:39
T MCGETTRICK	33	90 CHEEVER CIR	28:35
CHARLIE RUSSO	20	8 WINDEMERE DR	29:16
HUNTER WASHBURN	16	PHILLIPS ACADEMY	29:24
JAKE BERMAN	18	71 BARTLET	29:28
TODD COLLINS	19	1 PIONEER CIR	30:01
GERRY DUGGAN	33	178 HIGH ST	30:19
DON NORTON	40	60 BURNHAM RD	31:28
MIKE ROOS	35	5 BUCHAN RD	31:33
GREG STAMM	15	5 GLEN MEADOW RD	31:49
MARK BARRETT	40	10 SPARTA WAY	32:02
BRIAN FEENEY	37	28 TOPPING RD	33:10
JOHN KOVACS	30	29 BRADLEY RD	33:18
STEPHEN SARRO	29	23 CANTERBURY ST	33:28
TERENCE BURKE	40	65 DASCOMB RD	33:30
EVAN STUART	17	13 PASHO ST	33:36
LUTHER URIE	36	23 KENILWORTH ST	33:42
MATT BAUSEMER	19	139 SHAWSHEEN RD	33:46
SAMUEL HADDEN	18		33:50
BRIAN LUTI	22	3 PENBROOK CIR	33:57
JONATHAN PYTKA	19	9 LANGLEY LN	34:11
MARGOT OMAN	50	100 HIGH PLAIN RD	34:25
WAYNE FILLBACK	61	56 MORTON ST	34:30
STEVEN FEY	42	61 BROWN ST	34:59
J. GLESMANN	42	98 GREENWOOD RD	35:05
ROB MICHAELS	42	168 CHESTNUT ST	35:13
KRISTEN MUNSON	16	16 AVERY LN	35:21
PAUL KEEFE	37	99 LOWELL ST	35:22
JERRY BIRD	39	67 ARGILLA RD	35:29
CHARLES ZANAZZI	35	7 IRONGATE DR	35:30
DON BARRY	49	PHILLIPS ACADEMY	35:41
DANA JOHNSON	52	6 ROCK O'DUNDEE RD	35:45
TODD O'BRIEN	27	8C CENTRAL ST	35:45
MARK PERRAULT	42	117 N MAIN ST	35:51
BRAD LOMBARDI	28	11 HEARTHSTONE PL	35:53
KEVIN SHEPARD	14	114 REDSPRING RD	36:03
L. JOHNSON	44	62 ABBOT ST	36:06
BERNIE SAVARD	39	243 HIGHLAND RD	36:12
ROBERT AWISZUS	34	20 OLDE BERRY RD	36:13
DAVID PUTMAN	38	5 HARDING ST	36:14
DAVID BERMAN	46	71 BARTLET	36:23
BUZZ STAPCZYNSKI	49	3 PHAETON CIR	36:37
Z KATTAR	24	35 MCKENEY CIR	36:43
ANN DALY	40	15 STEVENS CIR	36:45
PHILIP JOHNSON	39	172 WOBURN ST	36:51
CHRIS PATTEN	27	4 GEORGE ST	36:59
KEITH WOLLMAN	44	69 CHEEVER CIR	37:00
JUDY ROOS	29	5 BUCHAN RD	37:09
K. GIANGRANDE	34	4 SUNSET ROCK RD	37:24
BETH BENSON	36	7 HOMESTEAD CIR	37:27
JEFF ARNOLD	36	5 HACKNEY CIR	37:34
MATTHEW SPITZER	16	14 SETEN CIR	37:37
PAUL MARAD	33	81 MORTON ST	37:43
PETER GARONE	37	207 SALEM ST	37:45
LOUISE GIORDANI	37	5 HARDING ST	37:53
MATT WESSLER	18		37:55

(More results next week)

5-K RACE RESULTS

NAME	AGE	ADDRESS	TIME
MATTHEW ELY	21	174 JENKINS RD	17:17
MICHAEL ARPIN	35	90 CHEEVER CIR	17:29
BEN D PEASE	23		19:24
DON LEVESQUE	48	29 ENMORE ST	19:51
ALAN TOPALIAN	17	8 BRISTOL LN	20:03
MIKE CANNUSCIO	28	24 SUMMER ST	20:06
SUSAN ASHLOCK	19	1 SLEEPY HOLLOW LN	20:21
RICHARD WYATT	45	11 DELPHI CIR	21:01
STEVEN POTTS	35	8 HAWTHORNE CIR	21:02
FRANK PECHINSKY	31	3 DONALD CIR	21:09
JIM BATTS	55	16 ARGYLE ST	21:19
TIM MCDONOUGH	41	118 LOWELL ST	21:25
BRENDAN PYTKA	16	9 LANGLEY LN	21:38
BOB MACDOUGALL	53	447 SOUTH MAIN ST	21:42
JUSTIN PYTKA	16	9 LANGLEY LN	22:30

(More results next week)

Feaster Five

that if the race continues to be large enough to need a professional director then he needs to have his salary be guaranteed. As it stands now, McGillivray is only guaranteed to make money if enough people run the race, to cover all expenses and he doesn't know if this will happen until the week of the race.

This year, around 2,200 runners signed up the week of the race, including more than 400 people Thanksgiving morning.

"What would have happened if there had been a heavy snowfall (during those days)?" he asks "This thing really would have been a financial nightmare. But it does show there's something about this event that people come out for."

Spectators can always tell that by looking at the runners.

Have you tried
a TOWNSMAN Classified?
It PAYS!
475-1943
Puts you in the CLASSIFIEDS.

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Myles Borland and Linda E. Borland to Medallion Mortgage Company, Dated January 5, 1994 and recorded with the Essex County (Northern District) Registry of Deeds at Book 3954, Page 22, of which mortgage G.E. Capital Mortgage Services, Inc. is the present holder by assignment, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 1:00 p.m. on January 7, 1998, on the mortgaged premises located at 41 Jenkins Road, Andover, Essex County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT:

A certain parcel of land located in the Town of Andover, County of Essex, Commonwealth of Massachusetts, located on the southerly side of Salem Street and at the junction of said street and Jenkins Road, bounded and described as follows:

Beginning at the Northwesterly corner thereof at a corner of the wall in the Southerly side of Salem Street; thence running southeasterly in several courses by the said Southerly side of Salem Street 820.29' to a point marking the intersection of said Southerly line of Salem Street with the westerly line of said Jenkins Road; thence turning and running Southwesterly by the said Westerly line of Jenkins Road 321.33' to a drill hole in the wall at land now or formerly of Irene A. Cetlin; thence turning and running westerly in two courses by said land of Irene A. Cetlin 229.66' to an iron pipe in the center line of a ditch; thence turning and running Northerly by the said ditch and still by land of Irene A. Cetlin 64.65' to an iron pipe at the center line of the ditch aforesaid; thence turning and running Northwesterly by the centerline of the ditch and said land of Irene A. Cetlin 194.9' to an iron pipe; thence turning and running Southwesterly by said land of Irene A. Cetlin 104.66' to a point in the Easterly side of a way 37' in width; thence turning and running Southeasterly by the Easterly side of said way 67' to a point in a wall; Thence turning and running Southwesterly by several courses and by the Southeasterly side of a way 30' in width . 505' to a point; thence turning and running Northerly across the Southwesterly end of said way 38' to a wall at land now or formerly of the Estate of Alvah Wright; thence running Northeasterly by the stone wall and by land now or formerly of the Estate of Alvah Wright in six courses, a distance of 454.33' to a corner

in the wall; thence turning and running Northwesterly by the stone wall in part by the westerly side of a way 37' in width, still by the Estate now or formerly of Alvah Wright a distance of 476.61' to a corner of the wall near the Southerly side of Salem Street; thence turning and running Northeasterly by the wall 24.61' to a corner of the wall at the Southerly side of Salem Street and Point of Beginning.

There is excluded from the above-described premises land as described in deed of Cetlin to Smolkin recorded in Essex North District Registry of Deeds in Book 1336 at Page 507 and land as recorded in deed of Cetlin to Long et al recorded in said Registry of Deeds in Book 1318 at page 723. There is no representation made herein as to the amount of acreage being conveyed.

For mortgagors' title see deed recorded with Essex County (Northern District) Registry of Deeds in Book 3954, Page 20.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Ten Thousand (\$10,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02158 or by mail to P.O. Box 610389, Newton Highlands, Mas-

Victorian for Sale

Andover. Fully restored 3-story, 6 bedroom near Phillips, fireplaced living room, formal dining room, family room, first floor study, large porch, 2 full baths (Jacuzzi), stained glass windows, hardwood floors, second floor deck. Principals only. (978) 475-3052.

\$410,000

sachusetts 02161-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

G.E. CAPITAL MORTGAGE SERVICES, INC.
Present holder of said mortgage

By its Attorneys,
HARMON LAW OFFICES, P.C.
Byeongyong J. Seo, Esquire
150 California Street
Newton, MA 02158
(617) 558-0500

December 4, 11 & 18, 1997

MORTGAGEE'S SALE OF REAL ESTATE

Unit 101
The Andover Condominium
22 Railroad Street
Andover

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Stavroula Pappas to Crossland Mortgage Corp. dated August 23, 1996 and recorded with Essex County (Northern District) Registry of Deeds, at Book 4580, Page 297 of which mortgage the undersigned is the present holder for breach of the conditions of said mortgage, and for the purpose of foreclosing the same will be sold at Public Auction on the mortgaged premises hereinafter described namely

Unit 101
The Andover Condominium
22 Railroad Street
Andover

Essex County, Massachusetts, on January 5, 1998 at 11:00 AM all and singular premises described in said mortgage as follows:

Unit 101 in The Andover Condominium created by Master Deed dated May 25, 1988 and recorded on May 26, 1988 with the Essex North Registry of Deeds in Book 2735, Page 173, as such may be amended by instruments of record, in accordance with the provisions of M.G.L Chapter 183A.

The Unit is laid out as shown on a plan recorded with Unit Deed at Book 2966, Page 127, which is a copy of a portion of the plans filed with the said Master Deed and to which is affixed a verified statement in the form provided for in M.G.L. Chapter 183A, Section 9.

The Unit is conveyed together with a .01409 percentage interest in the common areas and facilities of the Condominium as described in said Master Deed, as may be amended from time to time.

Said premises will be sold subject to any and all unpaid taxes, assessments, betterments and municipal liens, if any there be.

Terms: Five Thousand and 00/100 (\$5,000.00) Dollars in cash or certified check at the time and place of the sale, balance to be paid at the office of ADELSON, GOLDEN & LORIA, P.C.,

Attorneys for
Federal National Mortgage Association
TWO CENTER PLAZA, SUITE 500, BOSTON, MASSACHUSETTS 02108, within thirty days of the sale. Other terms, if any to be announced at the sale.

Federal National Mortgage Association
Present holder of said mortgage
By its Attorneys
ADELSON, GOLDEN & LORIA, P.C.
TWO CENTER PLAZA, SUITE 500
BOSTON, MASSACHUSETTS 02108

AUCTIONEER: Traverse Real Estate, Inc., Mass. Lic. No. 105

December 4, 11 & 18, 1997

Recycle

DO YOU HAVE an item or items that you no longer need, but that would be useful to someone else, something you'd be willing to give away if someone would come get it? For instance: boxes, storm windows, a child's bicycle, cardboard boxes, an old set of dishes. You can list your recyclable items in the Townsman's newest classified section: "RECYCLE". (FREE of charge!) It's a way to clean up your place while acknowledging the world is running out of landfill space.

Simply write us listing your recyclables and we'll print them in the paper. No phone calls please.

LOOKING FOR WORKING piano. Will pick up. Call 975-4194 leave message.

Special Notices

FREE CASH GRANTS!
College Scholarships. Business. Medical bills. Never repay. Call Toll Free 1-800-218-9000 ext. G-7670.

SINGLES CONNECTION
Single Adults Network. Professional and personal. Intelligent and caring. Helping single adults to 'Get Connected'. Toll-free 800-775-3090.

Consignment Shops

INTERESTED IN CONSIGNING your present or past window treatments? Call "Curtain Consignment Shop" 978-469-0350, 388 South Main St., Bradford, MA.



Christmas Directory

SANTA CLAUS

IMPERSONATOR for your Christmas party. Home, business, school, or place of worship. Call 794-0065 leave message.

CHRISTMAS TREES

From \$5. "Cut-your-own", wreaths, crafts, petting zoo, Santa visits, etc. **KELLEHER'S TREE FARM**, 105 Route 110, Amesbury, MA.

ARE YOU TOO BUSY? I can help with your holiday shopping, run errands, help plan your party or organize your house or office. Please call 749-0286.

CHRISTMAS COUNTRY GALLERY BARN

Santa's, Wax Angels and work by 100 American artists. Rte. 108, Plaistow, N.H. Weekends 9am-5pm. Exit 52 off 495, 110-West to 108-North, two miles. **603-382-6146.**

CREATIVE BUFFETS- Party platters, hot and cold appetizers, desserts, balloons, etc. Call us now for the HOLIDAYS! **689-3055.**

HOLIDAY HELPER: Need an extra hand? I'll address and mail invitations, Christmas cards, news letters for home or business. **Annie 623-7226.**

MODERN REMODELING. Kitchens and baths. General carpentry and repair. Interior and exterior renovations. 30 years experience. Licensed. Flexible prices. Call 978-452-2505.

SLOAN CONSTRUCTION formerly of "This Old House". A full service company. 20 years experience. Call 603-898-1771.

Windows/Doors

NEW AND REPLACE-MENT windows installed by a local carpenter. Licensed and insured with references. Please call Neil Perry, Tewksbury, 978-858-0303.

Roofing

BENNETT ROOFING AND CARPENTRY. Shingle, flat and slate roofs, replacement windows, additions and all types of carpentry, vinyl siding, trim cover and gutters, chimneys rebuilt. "Roof repairs our specialty." All work guaranteed. References available. Free estimates. Lic.#058103. Call 978-686-8555.

RICH ROOFING CO. Fully insured, Mass. Builders license #019939, Mass. Home Improvement Contractors Registration #112998. Free estimates. 688-3938.

WHEN QUALITY COUNTS. Call K&P CONSTRUCTION. Slate, copper, tiles, shingles. Roof repairs our specialty. License #113830. Insured. Over 20 years experience. Call 978-374-1893; 978-373-0579.

Masonry Service

BRICK WORK- Cement Work, Stairs, Walks, Walls. All size jobs. Free estimates. Excellent Andover references. Call Tony at 681-7701.

MASONRY. Brick, block, stone, chimneys. Restoration specialist. Fully insured. Free estimates. Call 1-800-927-4259.

Moving Service

A GLOBAL AGENT-MARK'S MOVING & STORAGE. Guaranteed pricing. Local, long distance, International. Licensed. Bonded. Free quote. 1-800-966-6275.

DISCOUNT MOVING RATES. Pick-up truck available 7 days. Household, appliances, store deliveries. No job too small. Experienced, friendly, dependable. 685-6517.

Floor Refinishing

A. DAKK & C. FLOORING: Hardwood floors sanded, refinished. References. 25 years experience. FREE ESTIMATES. Holiday Special, 3rd coat FREE. The Best for Less. 688-7845; 686-3609.

ALL WOOD FLOORS installed, sanded and refinished. Free estimates. Best prices. 10 years experience. WITKUM FLOORING 681-0826.

FLOORS SANDED, INSTALLED or refinished. Gonsalves Hardwood Floors 1-800-685-1402.

G & P FLOORING CO. Old floors sanded and finished. Made like new. Call 603-893-0222.

Locksmiths

CERTIFIED LOCKSMITH- Lock replacement, new installation, rekeying and master keying. Servicing homes and businesses since 1986. Quality work guaranteed. 685-8072.

Plastering/Drywall

B.C. & SONS- Cracked plaster? Drywall it! 25 years experience. Fully insured. 1-800-615-8314 or 978-373-3008.

D.M. BROPHY PLASTERING- Full skim coat plastering, board and patchwork. Commercial and residential. Custom ceilings. Quality service. Free estimates. 686-6804.

DRYWALL HANGING/TAPING. Fully insured. FREE estimate. No job too small. 683-8424.

MV PLASTERING AND DRYWALL, best prices, old ceilings and walls new again. Free estimates. 686-5012.

W.J. BURKE JR. DRYWALL. Water damage estimates, finish coat, interior painting, custom textured ceilings. Fully insured. Call Bill 685-5728.

Tiling Service

BATHROOM & KITCHEN REMODELING. Marble, tile, granite, patios/walks, and brick repointing. Shower doors installed/repared, also regrouting. 20 years experience. 978-264-9069.

CERAMIC TILE INSTALLATION and repair- new kitchen floors and bathroom shower repair my specialty. Fair and affordable prices. All work guaranteed. Larry 781-938-9897.

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A QUALITY JOB Plumbing, heating and gas. Residential and commercial. No job too small! Free estimates. Master #9560. Call Bill 978-372-2080; 978-683-3596.

BILL BROGAN MASTER PLUMBER- Residential. Commercial. Emergency service. Voice/Pager- 617-841-0487. Office- 978-475-4237. License #9565.

BOB LYNN PLUMBING & HEATING. Repair and/or replace faucets, toilets, valves, water heaters, sinks, drain problems, etc. Small jobs a specialty. \$10 off w/this ad. License #23220. 978-658-2099.

FENTON PLUMBING, Heating & Gas Fitting- Boiler replacement/repair, hot water tanks (all fuels). Complete plumbing service. Bath/kitchen remodeling. 24/hour emergency service. 30-minute call back. Lic. #24239. Fully insured. 978-320-0298.

DANIEL DOORE PLUMBING & HEAT. Boilers, water heaters, new construction, remodeling. Quality dependable service. Call 682-3814. License #24393.

J.E. HUNT PLUMBING. Repairs, installations, service work. Heating problems a specialty. Low rates, senior discount, emergency service. License #24355. Call Joe 475-4699.

SMALL PLUMBING/HEATING and GAS FITTING.

Water heaters, faucets, stoves, washing machines, disposals, dishwashers, repairs and drains unclogged. Call Steve 978-458-0553. Lic. #22058.

Electrical Services

LICENSED ELECTRICIAN- Commercial, residential, industrial, wiring new homes, additions, offices, service upgrades. Senior discounts. Fully insured. Lic# 26729. 975-5169.

LICENSED ELECTRICIANS- Father and Son team. Remodeling and roofing. Residential, Commercial and Industrial. No job too small. Low cost rate. Lic.#21056E. Peter 975-4439.

Painting & Papering

INTERIOR/EXTERIOR PAINTING. Power washing, water damage repairs, decks sealed/stained. Prompt service. Reasonable rates. Call 474-9373.

A.A.A.A. PAINTING CO. Interior/exterior. Brush specialist. Senior citizen discount. Free estimates. Fully insured. Call anytime 978-640-9649 leave message.

ABSOLUTELY EXCEPTIONAL, QUALITY WORK GUARANTEED- Interior/exterior. Andover references available. Fully insured. For free estimate, call Ed Ruane 978-521-0964.

ABSOLUTELY THE FINEST in interior painting- Andover Village Painting Co. Many local customers; references always. Free estimates. Mark 978-687-6959.

ANDOVER PAINTERS. Interior painting. Ceilings, walls, woodwork. Quality workmanship. Reasonable rates. Insured. Also, kitchen cabinets. Call 978-475-9092.

BOB'S PAPERING & PAINTING. Interior and exterior. Reasonable rates. Free estimates. Other home improvements available. Bob 683-8367.

F.D. ROCHA AND COMPANY. Painters, decorators, paper hangers. Neat, professional work. Established for over 40 years. Fully insured. Reasonable rates. Call 978-452-7614.



GODDARDS PAINTING SERVICE- Professional interior/exterior painting. Call 1-800-750-4666.

INTERIOR - EXTERIOR PAINTING, Wallpapering, sponge painting and stenciling. Quality work, reasonable prices. Free estimates. Call Paul 475-6495 or Bob 470-1822.

INTERIOR PAINTING & WALLPAPERING. Minor repairs. References available. Call Mike at 978-453-3581.

INTERIOR PAINTING and Wallpapering. Free estimates. Call John Thomson 470-0037.

INTERIOR PAINTING CONTRACTOR- 20 years experience with references. Call 978-374-4784.

JIM FOWLER'S PAINTING. Interior. Fully insured, 20 years experience. Local references. Call 475-9937.

LACHAPEL'S INTERIOR WALLCOVERING. Professional woman graduate of U.S. School of Professional Paper Hanging. 12 years paperhanging/painting experience. Call Celeste 978-458-3052. References available.

MIKE'S WALLPAPERING and Painting. Quality workmanship. Best Prices. References. 975-5787.

PAINTER- Interior/exterior. Clean, Courteous, Efficient. 25 years experience. Many references. Call Frank 475-0875.

QUALITY PAINTING and Wallpapering. Interior and exterior. Free estimates. Ten years experience. Call Bruce McFarland at 978-468-8093.

RICK SIBLEY PAINTING & PAPERING. Professional workmanship and considerate treatment since 1975. Interior/exterior. Also deck preservation. Andover references. Toll-free: 1-800-967-0259, 603-887-3415.

Woodworking

FINE WOODWORKING graduate of North Bennett St. School. 30 years experience. Handcrafted furniture made to order. Repairs and refinishing. Call 475-6686.

Cleaning Services

IMMACULATE CLEANING. We do it all, from windows to floors and more. Excellent references. Free estimates. 5 years experience. Call 978-373-0314.

BEST CLEANING SERVICE- Top to bottom cleaning GUARANTEED! Fully insured. Serving the Andovers for 9 years. References proudly given. Call 978-441-2144.

AMY'S PROFESSIONAL CLEANING SERVICE. Offices, homes, apartments. Excellent references. Call Amy at 978-374-1017.

A COMPLETE CLEAN, INC. The ultimate in house cleaning. Specializing in servicing those with the highest level of expectations and demand immaculate results. Bonded. Fully insured. Please call 978-851-8933.

A+ SPARKLING JOB- Home or business. Excellent references. Mornings and afternoons available. Call the experienced cleaner! Call Sandy 978-373-2977.

ABSOLUTELY CLEAN- Affordable, dependable, reliable and thorough house cleaning. Weekly and bi-weekly. Experienced and very trustworthy personal. Fully insured. 978-492-7675.

CLEANING- Residential or Commercial. Responsible, experienced, references and good rates. Weekly, bi-weekly, or monthly. Call Sandra 978-851-8761.

EUROPEAN TEAM AVAILABLE for your extra clean, spotless house. Ask my old Andover customers first. We love our job and care for your expectations. "COME CLEAN" 508-256-6913.

HOUSE CLEANING- Weekly and bi-weekly, residential. Meticulous. References. Reasonable rates. For free estimate please call Sandra 978-640-0942.

PROPERTY TRANSFERS

The following is a list of properties in Andover that sold from October 27 to October 31.

1 Carmelo Silvestro bought Unit D3-3 Colonial Drive for \$30,300, from Timothy David Holmes.

2 Frederick C. Scheer bought 16 Balmoral St., Unit 402, for \$75,000, from Mary Breslin. The mortgage is with Haverhill Cooperative Bank.

3 Anne M. Peschione bought 6 West Parish Drive, Lot 1, for \$279,900, from Timothy D. Dempsey.

4 Stephen Moreland III bought 7 Hawk Ridge Road, Lot 6A, for \$537,000, from Warren T. Howard, Jr. The mortgage is with Mayflower.

5 Paul Keefe bought 99 Lowell St., for \$219,900, from Donald E. Earnshaw. The mortgage is with Olde Towne Mortgage Co.

6 Chen-Kuo Yeh bought 56 Bailey Road, Lot 6, for \$360,000, from Raymond A. Shepard. The mortgage is with Merrimack Federal Credit Union.

7 Michael V. Cannuscio bought 24 Summer St., for \$257,000, from Kathleen A. Harnedy. The mortgage is with Leader Mortgage Co., Inc.

8 John E. Atwood bought 24 Birch Rd., Lot 6, for \$249,000, from Knut M. Greulich. The



Photo by Lisa Adelsberger

This home, at 7 Hawk Ridge Road, was recently sold for \$537,000.

mortgage is with Medford Savings Bank.

9 Nasser Rafiee bought 39 Abbot St., Lot 2, for \$555,000, from Steven R. Bouchard. The mortgage is with Chase Manhattan Mortgage Corp.

10 Thomas W. Harvey bought 10 Southridge Circle, for \$391,900, from Robert J. Pecoraro. The mortgage is with Reloca-

tion Resources, Inc.

11 Paul R. Weiss bought 23 Hemlock Road, Lot 85, for \$360,000 from Marilyn Burke. On the same piece of property, Arnold L. Leslie granted a mortgage to the Peoples Heritage Savings Bank.

Source: Essex County Registry of Deeds.

Cleaning Services

HOUSEKEEPER- I will clean your house, weekly/bi-weekly. Have excellent references. Reasonable rates. 20 years experience. Call 508-683-5212.

OLD FASHIONED HOUSECLEANING. Interior cleaning with a personal touch. 9 years experience. References. Call 687-2041.

PONY EXPRESS CLEANING Company. No job too big or small. Commercial and residential cleaning weekly, biweekly, monthly, one time major jobs. Free estimates. Chelmsford 978-251-7712.

CLEAN BY DESIGN. Over 20 years experience. Call Richard Reedy 687-7257 leave message.

SPARKLE CLEANING- Will clean your home at a reasonable rate for quality work. Dependable, reliable and honest. Excellent references. Ann 664-2809.

SPARKLING CLEANING COMPANY- Residential and Commercial. Weekly, bi-weekly and monthly. Reasonable rates. Contact Judy 978-452-9886.

THE SCRUB BRUSH- "Let us do your Holiday cleaning." Home or office. Free estimates. Own equipment. Call Lisa 978-794-2560.

Window Cleaning

#WINDOWS CLEANED & REPAIRED. Fully insured, free estimates. Sansoucie Window Cleaning 978-975-7344.

DIRTY WINDOWS?

We can help. Free estimates. Fully insured. Quality work. **PRECISION WINDOW CLEANING** 1-800-615-4237.

IT'S NOT TOO LATE to have clean windows for the holidays. Call today. Free estimates. Fully insured. Call Laurie 603-382-5938.

RESIDENTIAL WINDOW CLEANING. We also do replacement windows, reglazing, sash cords, interior and exterior painting. Owner is on site. 15% Senior discount. F&M Cleaning 978-372-2992.

Snow Removal

DRIVEWAYS EARLY OPEN-UPS- Adding a few new customers. Call soon 475-0140.

HELP WANTED

Mother home with toddler is willing to watch your toddler weekdays. Meals & entertainment included. Call Sue after 6 p.m. 682-1239

DRIVEWAYS AND PARKING LOTS PLOWED. Reasonable rates. Free estimates. Zisa's Lawn Service. 978-685-0125.

SNOWPLOWING- North Andover/Andover area. Fully insured. Residential and commercial. Great rates. 682-5721.

TIM SWEENEY & SON- Shoveling after storms and roof shoveling. Firewood 1/2 cord \$80. 749-3066.

Landscaping

ACCEPTING NEW SNOW PLOW customers. Sanding, and Front-end loader available. Tisbert Landscaping. Call 681-9323.

BIRCHWOOD PROPERTY MAINTENANCE- Quality landscaping and lawn care. Fall clean-ups. SNOWPLOWING, mulching, lawnmowing, de-thatching. Reasonable rates. Please call 691-5915.

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ANDOVER PUBLIC SCHOOLS Substitute Teachers- Openings available for substitute teachers, grades K-12, in all disciplines including physical education, fine arts and special education. Will accommodate your schedule, grade preferences, and subject area(s). Must have two years of college and be able to maintain classroom decorum. Per diem rate: \$55.00; \$60.00 after 60 days. To apply, contact the Personnel Office at 623-8530

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PARALEGAL- Real estate experience helpful but not necessary. Good computer and internet skills. Call The Law Offices of Peter J. Caruso 978-475-2200.

PART TIME NANNY needed A.S.A.P. for two young children. Must have excellent experience and references. Call Tracy 685-4878.

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SING AND SNORE ERNIE: More than one available. Best offer. Call 470-0323 ask for P.J.

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1976 BMW R90 with fairing and bags. Original owner, \$2800. 749-6701.

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1985 TOYOTA CAMRY- 4 door sedan. Excellent condition, single owner. 5-speed, 160k miles. \$2495 or best offer. Call 978-659-2017 (work).

1986 MERCEDES 300E- Black, gray leather, sunroof, loaded, garaged. Never seen snow. Asking \$9700. Call 689-8077.

1986 VOLVO 760 Turbo Sedan. 150,000 miles, automatic transmission, well-maintained, rust-free Arizona car with snowtires. \$5300/best offer. 978-863-1175.

1986 VOLKSWAGEN JETTA- Standard, 4-door, good condition. Asking \$1995. Please call 978-475-3052.

1987 CHEVY C20 CARGO VAN. Good utility truck, \$1600. 1989 Chevy Cargo Van, high mileage, strong engine, \$3700/best. Call 470-0510.

1987 HONDA ACCORD LXI- 5 speed, 158k miles, a/c. One owner, runs well. \$2500 or best offer. Very clean. Call 475-4731.

1988 CHEVY FLEETSIDE Longbed 2 w.d., V-8, auto, a.c., new brakes and tires. New condition. \$2,800. 978-470-3057.

1988 CHEVY VAN with Pro-Chem truck mounted unit. \$12,000/van. \$21,000 with accounts and equipment. Reply to P.O.Box 1087, Andover MA.

1988 CUTLAS CRUISER wagon- Runs well, a/c, power brakes, steering, windows and seats, v-6, cruise control and tilt wheel. \$2500. Call 978-470-1269 evenings.

1989 CHEVY CELEBRITY four door Sedan, well maintained. 83K miles, auto, a/c, cruise, power locks. One owner. \$1,950 or best offer. Please call 978-536-2310.

1989 CHRYSLER LE-BARON convertible, 2.5 liter turbo. Loaded. \$3000 or best offer. Call Joe days 683-8752; evenings 978-685-0928.

1989 GMC SUBURBAN- 4 wheel drive. New engine and other new engine parts. Smooth ride, lots of room. Best offer. Call 978-475-0688.

1989 PONTIAC LEMANS- 40K on new engine. Needs brakes and muffler. Best offer. 475-3462.

1989 TOYOTA MR2- Red, A/C, 5-speed, moonroof, like new (Florida car). 31k miles. \$6000 or best offer. Call 603-893-0637.

1990 4WD SUBURBAN- 9 passenger. New winter tires, Silverado package. Very good condition. Call 475-4167 after 7:00pm.

1989 FORD ESCORT- Florida car, only 19k miles. Mint condition. Automatic. \$5000. Call 681-8559.

1990 HONDA ACCORD LX- 4 door, 5 speed, a/c, stereo. 140k miles. \$4395 or best offer. 475-2168.

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1992 CHEVY CORSICA LT, automatic, a.c., tilt, cruise, cassette stereo. 75K. \$3,100. 475-3343.

1992 FORD AEROSTAR 7 passenger extended. XLT, v-6, Eddie Bauer package, loaded. Mint condition. New tires. \$9200/best offer. Call 978-474-4270.

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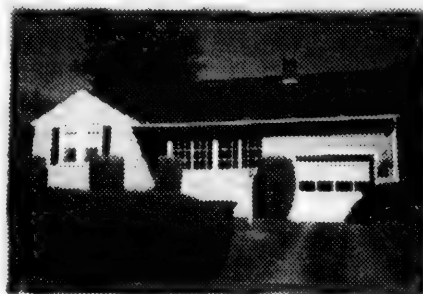
Directions: From the intersection of Rtes. 28 & 133, follow Rte. 133 West to Shawshen Road, turn left and follow to Lincoln Circle (across from High School). Follow Lincoln Circle to left.

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North Andover, \$164,900 ~ Open Sunday 1-4
Spacious yet quaint, quality built ranch with large eat-in kitchen, formal dining rm & fp living rm. Large deck & private fenced back yard. 147 High St.



North Andover, \$64,900 ~
Wonderful top floor unit at Meadow View. Enjoy privacy in this 2 bedroom unit with balcony. New tile bathroom.



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North Andover, \$384,900 ~
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Andover, \$369,900 ~
Traditional, quality built Col on 1+ acre lot. Family rm with vaulted ceiling & raised hearth brick fpl, hdwd floors & custom oak cabinets in kitchen.



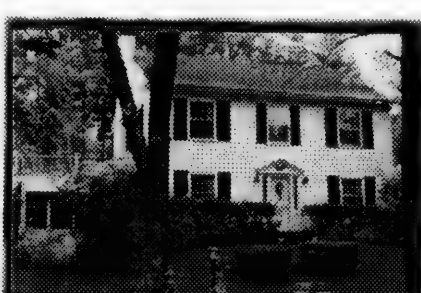
North Andover, \$264,900 ~
Spacious home great for any size family! Use 2nd flr bdrm as a special master suite or a home gym - complete with skylights, ceiling fans, whirlpool & separate shower.



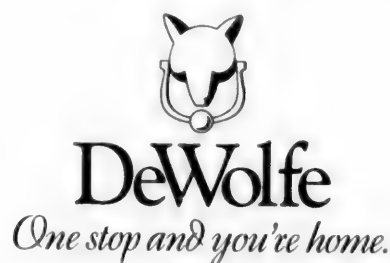
Andover, \$159,900 ~
Cozy updated home featuring oak kit with center island & upgraded appliances which opens to expansive deck & private backyard. Hardwood flrs, built-in bar area & cedar closet.



North Andover, \$279,000 ~
New 9 rm center hall featuring 4 bed, 2 1/2 baths, living rm with fireplace, large eat-in kitchen plus spacious bonus room. All located on level lot.



Dracut, \$198,500 ~
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1993 INFINITI J30 T-Mint. Loaded, all power. Silver with gray leather. Bose cd/cassette, a/c-temp control. 39k miles. Like new. Must sell. Call 749-9466.

1993 SAAB 900 S- Leather, sunroof. \$9,900. Excellent condition. 978-470-3095.

1994 CAVALIER RS- Low mileage, like new, fully loaded. \$6500. Call 978-686-6995.

1994 FORD TAURUS- Auto, a/c, am/fm cassette, power windows/locks. ABS, 65k miles. \$7950. 475-2890.

1994 HONDA ACCORD LX- Automatic, 4 door, a/c, stereo, cruise. One owner. 53k miles. \$9,500. Call 475-4604.

1994 MAZDA PROTEGE LX sports sedan. 5-speed, all power, a/c, highway miles, fanatically maintained. Pristine condition. First \$6000 drives away. 781-329-8200 ext. 236. (work); 978-579-7929 (Sudbury).

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FORD EXPLORER- Sport 1996. Two door, V6, green, loaded, 24K miles. \$21,500 or best reasonable offer. Call Walt days, 685-3546.

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Charming older Colonial with excellent features throughout - hardwood floors, high ceilings, moldings and columns, lovely fireplaced living room, dining room and terrific enclosed porch, plus 3 bedrooms, 2 full baths and more in a most convenient location! Must be seen! Call 475-2201 Exclusive \$152,500

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On peaceful side street convenient to town. Sparkling 3 bedroom Cape on almost half acre lot with a backdrop of tall trees. Light and bright interior with newly applianced eat-in kitchen, fireplaced living room, hardwood floors in bedrooms, walk-up attic and 2 car garage! This exceptional property won't last long!!! Call 475-2201 Exclusive \$199,000

**New Listing!**

Stroll to town from this picture perfect Colonial! An updated oak kitchen, three nicely sized bedrooms with hardwood floors, a recently redone lower level family room, covered porch and garage complete this delightful home! Call 475-4477 Exclusive \$239,900



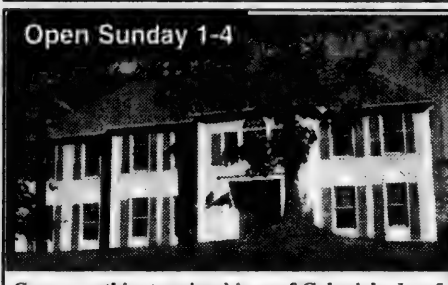
Peaceful country living, yet minutes to major highway! 9 room home with over an acre lot, stonewalls and all! Light & airy interior with cathedral ceiling family room, Florida room with all glass walls and private yard with inground pool for summer fun... your family will love it! Call 475-2201 Exclusive \$249,900

**New Listing!**

An outstanding investment opportunity! Terrific 4 family, conveniently located to shopping and services, offers 6 rooms per unit and great business potential. Call 475-4477 Exclusive \$334,900

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Spectacular 4,400 sf new Colonial set amid 8+ estate like acres with panoramic hilltop views. A grand foyer introduces a stunning interior featuring a 24' x 24' master with 17' walk-in closet and vaulted ceiling. A great setting for horse lovers! Custom selections await you! ID#13034 863 Winter Street, North Andover Call 475-4477 Exclusive \$519,900

**Open Sunday 1-4**

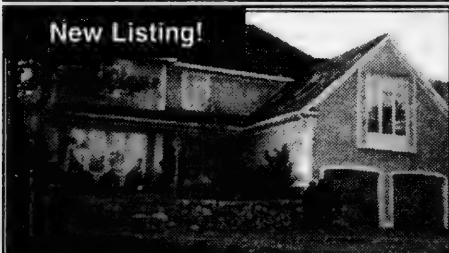
Come see this stunning hip roof Colonial - Just 5 years old and loaded with style - elegant living room and dining room, custom cherry kitchen opens to lovely screened porch, spacious master with whirlpool bath, 3 fireplaces and sought after location! 31 Stoneybrook Circle, Andover Call 475-2201 Exclusive \$524,900

**New Listing!**

Terrific four family home, sited in downtown North Andover and zoned general business, includes 3 bedrooms, living room, dining room and kitchen in each unit. Call 475-4477 Exclusive \$334,900



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**New Listing!**

Young contemporary Colonial on Andover Country Club cul-de-sac! Spectacular open foyer leads to gracious formal areas, gourmet kitchen with Corian, three fireplaces, great room, master suite with corner whirlpool bath & tile/glass shower. First floor study with built-ins and finished lower level perfect for playroom/exercise. Call 475-2201 Exclusive \$649,000



Indian Ridge Country Club area On small circle of elegant homes - brick French Provincial on lovely landscaped lot. 12 rooms, 5 bedrooms, 4 1/2 baths, 2 story marble foyer, sunken living room, wonderful formal dining room, granite fireplace in cathedral ceiling family room, glassed solarium off eat-in kitchen, cherry paneled library, 2 level master and 3 car garage! Call for your private showing! Call 475-2201 Exclusive \$839,900



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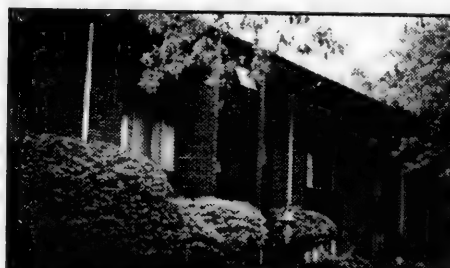
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ANDOVER - Spacious 2nd floor unit in desirable Andover Terrace. Three rooms with eat-in kitchen, spacious living room and dining area, huge bedroom with double closet plus walk-in. **\$73,900**



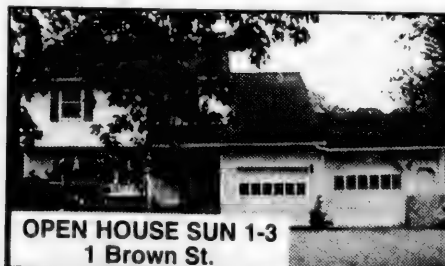
ANDOVER - Looking to build your new home? Choice single family, nearly one acre lot. Land engineered and ready to go. Town services. Close to town and highways. **\$159,900**



ANDOVER - Open sunny Ranch on "easy to care for" lot. Charming living/dining room with arched doorways & picture windows. Eat-in kitchen, sunporch, finished lower level. Great location for commuters. **\$194,900**



ANDOVER - Colonial Farmhouse set on a one acre, level lot in a neighborhood of newer homes. Within easy access of routes 1-93 and 495 for commuter convenience. Home features living room, den, 2 bedrooms and garage. **\$210,000**



**OPEN HOUSE SUN 1-3
1 Brown St.**

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NORTH ANDOVER - Country living at its finest! A great neighborhood is the setting for this young 8 room Colonial. Close to Smolak Farm in Annie Sargent School district. Walk-up attic for future expansion. **\$287,900**



**OPEN HOUSE SUN 12-3
60 Johnson Circle**

NORTH ANDOVER - Holiday special: custom designed Californian Ranch in pristine condition. Recently decorated. Complete first floor living. Newly designed garden level offers space for entertaining, extended family room, or home office. **\$309,900**



ANDOVER - Enjoy views of riding academy from this new 8 room Colonial with generous sized bedrooms. Wood burning fireplace in the family room. 9' ceilings on the 1st floor. 3 car garage. Very private rear yard. Hurry to select colors. **\$389,900**



NORTH ANDOVER - Better than new, bigger than most, and all the upgrades you can think of! 4 bedroom Colonial with maple floors, Corian counter, marble fireplace, smooth ceilings, marble vanities, oversized deck, brick walkway...and more! **\$399,900**



ANDOVER - Rare opportunity to enjoy country living on magnificent large, private, wooded 3+ acre lot. Minutes to Route 93. Hiking, cross country trails, fishing nearby. Sanborn School district. Build or live in existing home. **\$400,000**



**OPEN HOUSE SUN 1-3
26 Belknap Drive**

ANDOVER - Fabulous Hip-roof Colonial on established cul-de-sac. Close to town and highway. South School district. Marvelous floor plan. Private fenced backyard. Private fenced backyard. Sprinkler system. Title V approved. **\$429,900**



ANDOVER - This lovely ten room Colonial on over an acre of land is located on great cul-de-sac with ideal commuting accessibility. Family room and library with built-ins, great room and large kitchen with center island for dining. **\$489,000**



NORTH ANDOVER - Brookview Estates! Quality new homes in serene rural setting. Nine room Colonials with approx. 3,000 sq. ft. of living space. Kitchen detail includes Corian. Multiple designs to choose from. Special upgrade options in pre-construction sales. **Starting at \$439,900**



ANDOVER - One of three homes to be constructed on oversized lots. Ten room Colonial has excellent floor plan with gracious open foyer, see through fireplace from office and family room, and wonderful master bedroom with sitting area. **Start at \$649,900**



NORTH ANDOVER - Completely renovated 11 room Colonial on Olde Common. New floors, wiring, heating and cooling system, windows, roof, custom oak kitchen. Master BR suite, 6 BR, 4BA, 2 laundries. Secluded grounds abut conservation. Unrivaled end opening barn w/brick floor. **\$769,900**



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ANDOVER



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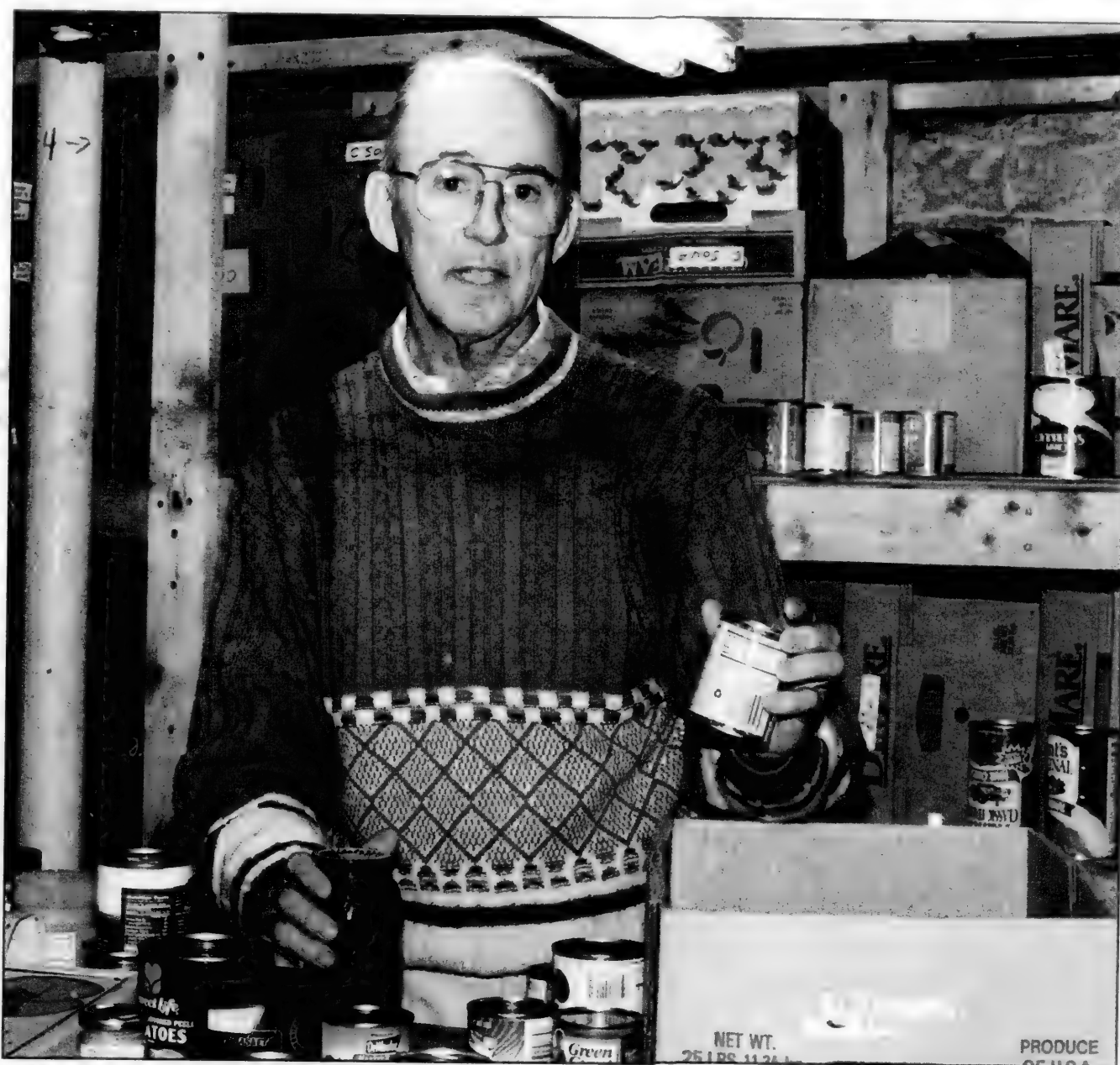
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Holiday Gift Guide

More ideas for every person on your gift list



Norm Bourgeois of Andover has been making a difference at Lazarus House for the past eight years.

*Make a
difference this
holiday season
with worthwhile
gift giving.*

*See story
on page 5.*

**ANDOVER
TOWNSMAN**

December 4, 1997

Noisy toys pose serious risk to children's hearing

NEW YORK (AP) — No wonder you want the kids to play at the other end of the house. Many of their toys are louder than most power tools.

"Noisy toys are not just annoying for the parent. They pose serious risk to our children's hearing," says Nancy Nadler, director of the Noise Center at the League for the Hard of Hearing. Very loud or prolonged exposure can lead to permanent hearing loss and cognitive developmental difficulties.

Don't depend on government or industry regulation of too-noisy toys, she says. There isn't any. She says while activists are working for a Surgeon General's warning label for noisy toys,

the prime responsibility for safe toys remains with parents.

Among the examples she cites are some rattles and squeaky toys that measure as high as 110 dBA, comparable to power tools and factory machinery. Electric guitars, drums, and horns can go as loud as 120 dBA, similar to the noise in a city subway. Toy phones register between 123 and 129 dBA, similar to a rock concert. Gadgets that amplify voices have been measured up to 135 dBA, just like the percussion section of a symphony orchestra. Cap guns can produce in excess of 140 dBA, and toys with firearm sounds can register 150 dBA when measured a foot away — about average for a jet takeoff.

Compare these levels with the 85 dBA limit set by the government for allowable sustained noise exposure in the workplace. "Although OSHA (Occupational Safety and Health Administration) protects a person in the workplace, the same protection is not available for our children," Nadler says.

Nadler has some advice for parents:

- Before buying a toy, listen to it close to your ear, as a child would. Keep in mind that a child has shorter arms and will be listening to it at closer range. If it sounds too loud, it probably is. If the noise hurts or makes your ears ring, don't buy the toy.

- Don't be misled by testing a toy's noise button through its packaging. Many toys are packed with the volume button on the low setting; when the toy is unwrapped, the maximum volume may be dangerously loud.

- If someone gives your child a noisy toy, return it if possible. Otherwise, allow its use only under your supervision. If there's a volume button on the toy, it should be on the low setting.

- Teach your children to never put toys that make noise next to their ears.

Nadler recommends that if you encounter a too-noisy toy, report it to the League at 1 (888) NOISE88 or to the Consumer Product Safety Commission, 1 (800) 638-8270.

Safe holiday shopping tips

Shopping during the holidays can be fun, but when the malls get crowded it's important to take safety measures to keep you and your children protected. By following these simple guidelines provided by OshKosh B'Gosh, a children's wear manufacturer, you can make holiday shopping safe and worry-free.

- **Park in a well-lit area** — Always park where there is plenty of light, not only around your car, but from your car to the mall entrance. Once your car is parked, familiarize yourself with its location so you can find it without a hassle. Don't hesitate to ask for a secu-

rity escort if you feel unsafe.

- **Keep an eye on your child** — It's okay to let children look around and have fun while they shop, but they also need to understand that it's important to stay near their parents. It helps to bring a babysitter, friend or older child to help watch your youngest, especially when waiting in long lines.

- **Finding a lost child** — Teach your son or daughter what to do in the event you get separated. The best option is to instruct your child to look for a security guard or police officer, or go to the customer service desk where people are trained to help.

- **Identify your child** — Have your child wear an I.D. bracelet listing his or her name and age along with your phone number. It should be worn under clothing since kids' names should not be displayed on visible items because it can create unwanted conversation with strangers. Some malls and companies periodically sponsor events that provide complimentary I.D.s and photos of your child.

- **Shop during off-peak hours** — If possible, shop when the mall is less crowded. The best time to shop is during the weekday, or at night when

malls stay open late for holiday shoppers. Avoid the weekend rush, when it's easy to lose children among crowds.

- **Less is more** — Wear a fanny pack instead of carrying a purse. Besides allowing your hands to be free to hold onto or carry your child, you'll eliminate the possibility of leaving your purse behind or having it stolen.

Only bring one or two credit cards and a limited amount of cash with you, in the case that it should get lost or stolen. (NAPS)

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Sweets, gifts and decorative goods for holiday entertaining are plentiful at The Butler's Pantry



Photos by Lisa Adelsberger

Wendy Hyde arranges the Caspari Christmas napkins. Customers can find all sorts of wonderful things at The Butler's Pantry for the holiday table or for under the tree. The Butler's Pantry is located at 7 Barnard St., Andover.



Margaret Murphy hides behind a display of fancy chocolates including Godiva, Neuhaus from Belgium, Joseph Schmidt San Francisco Truffles and Harbor Sweets from Salem, Mass. Chocolate makes a perfect gift for those hard-to-buy-for friends, coworkers and family members.



Jon Weber, owner of The Butler's Pantry, stands alongside a display of Christmas cookies and plum puddings. He is holding samples of chocolate Advent calendars from Europe.

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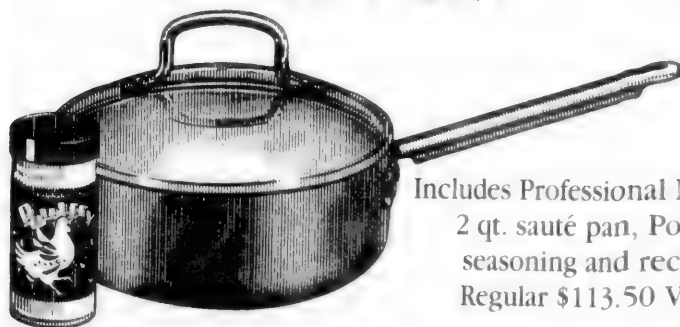


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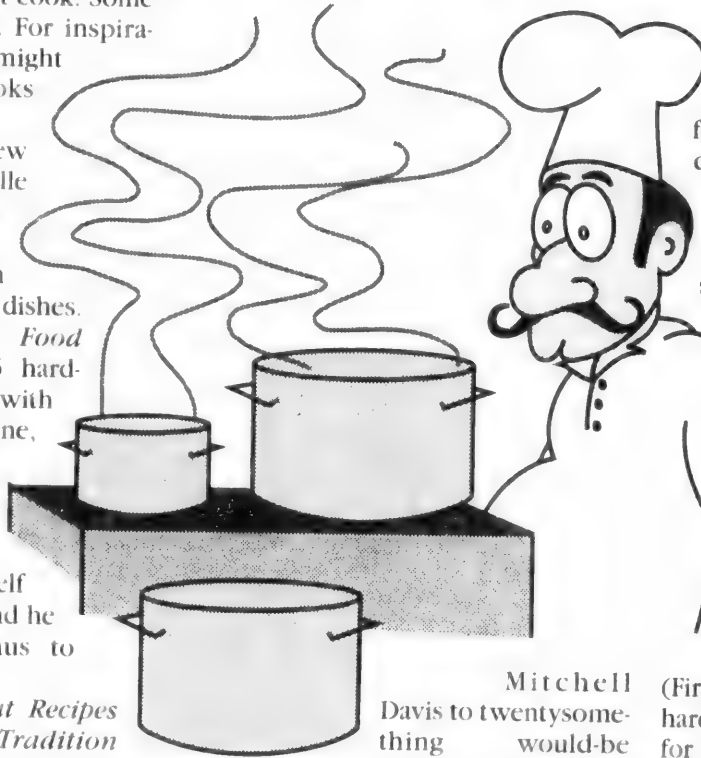
Holiday books for cooks

(AP) — To eat, one must cook. Some people enjoy doing both. For inspiration or instruction, they might welcome gifts of books about food and cooking:

Daniel Orr, chef at New York's noted La Grenouille restaurant, contends that you can cook and eat well day-to-day with healthful, uncomplicated dishes. In *Daniel Orr: Real Food* (Rizzoli/St. Martin's, \$35 hardcover), he starts you out with what he calls Regime Cuisine, with recipes that you can use for yourself every day. Once mastered, you can move on to entertaining without making yourself a kitchen slave, he says, and he offers recipes and menus to prove it.

American Bistro: Great Recipes in the New Cooking Tradition (Chronicle Books, \$29.95 hardcover), by Diane Rossen Worthington, concentrates on the influences of American regional, locally grown foods and ethnic influences on traditional fare of the French bistro and Italian trattoria. An example is the recipe for braised lamb shanks, with a sauce that includes California prunes, north coastal merlot, and fresh vegetables.

Cook Something (Macmillan, \$19.95 paperback), commands



Mitchell Davis to twentysomething would-be cooks, in his effort to break their takeout eating habits. He's compiled a collection of essentially fool-proof, flexible recipes that will appeal to the cook-and-run set.

Light the oven and get going with dishes like Tuscan Chicken Rolls with Pork Stuffing, Potato-Chive Bread, or Caramel-Pecan Torte. They're among 350 recipes in *Betty Crocker's Best of Baking* (Macmillan, \$27.95 hardcover)

Women of Taste (John Wiley & Sons, \$35 hardcover), by Beverly Russell, celebrates the professional chef, female division, with profiles and recipes from 32 top women chefs from around the country. The author notes that while many women have been fighting their way out of the kitchen, the professionals ironically have been fighting their way in, "contesting the long-accepted machismo in the hotel and restaurant kitchen." The recipes range from the homey to sophisticated but all show the creative touch of a pro.

The 1998 update for *Hugh Johnson's Pocket Encyclopedia of Wine* (Fireside Books/Simon & Schuster, \$13 hardcover) is the compact gift either for the neophyte trying to select a vintage for a holiday dinner or the seasoned oenophile. For the latter, add "The Fireside Wine Record Book" (Fireside/Simon & Schuster, \$12 hardcover), a 128-page journal for recording notes from wine tastings.

A true coffee-table book, *The Book of Coffee* (Flammarion, \$50 hardcover), by Alain Stella, recounts the history of coffee, its production, origins,

Continued on page 10

Books for children

(AP) — Books for children are gifts that don't require batteries or assembly, won't come apart (in most cases) or disturb the neighbors, and are sensibly priced:

A 60th anniversary edition of J.R.R. Tolkien's classic, *The Hobbit* (Houghton Mifflin, \$35 hardcover), arrives in time for the holidays, with new illustrations by Alan Lee. Drawing on Celtic and Norse mythology, the story takes one Bilbo Baggins through mystic and magical adventures to a fateful encounter with a dragon, Smaug the Magnificent. This story is the prelude to another Tolkien classic, *The Lord of the Rings*.

Another classic, Homer's *The Iliad* (Kingfisher, \$17.95 hardcover), has been retold for children by Ian Strachan, with illustrations by Victor Ambrus. Originally written 2,000 years ago, the tale chronicles the battles between the Greeks and Trojans growing out of the abduction by Paris of Helen, Queen of Sparta and daughter of Zeus.

And the holiday favorite, E.T.A. Hoffmann's *The Nutcracker* (Stewart, Tabori & Chang, \$24.95 hardcover) is out in another new version, based on a translation by

Continued on page 11



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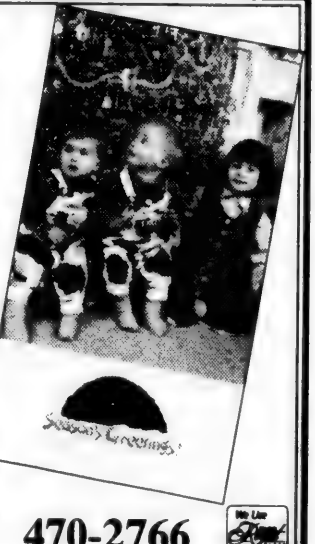
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Worthwhile gift giving

Make a difference this Christmas by getting a few items on a shelter's wish list

By Judy Wakefield

Winter's early arrival this year is by no means a blessed event for some families.

The first snow of the season fell on Nov. 14 and as a result, heating bills are sure to be costly this year.

At Lawrence's Lazarus House, which provides food, shelter, clothing and medical services for thousands of people in greater Lawrence, staffers are concerned about how a super cold winter will effect poor people.

Director Bridget Shaheen has said, "some people in Lawrence have to decide between heating and eating." And, she talks candidly about a 7-year-old girl who jumped up and down when Lazarus volunteers dropped off a Thanksgiving food basket at her house. "... she was saying, 'Mommy, mommy, food!'"

It's a story that tugs at your heart-strings and makes one wonder, "can I do anything to help?"

The answer is yes.

In the true spirit of the holidays, many townspeople want to give worthwhile gifts to those less fortunate. Lazarus House is great place to spread some of your holiday cheer.

Already, Andoverites are helping out in big ways at Lazarus House. Some 50 Andover residents regularly volunteer and the number swells to over 100 when you add up the number of people from various Andover-based groups. For example, South Church, Temple Emanuel and Phillips Academy help out tremendously.

"We have some wonderful people from Andover. They are reliable and willing to do anything we ask them to do," said Rachel Beck of Lazarus House.

Norm Bourgeois of Andover is one of those volunteers. He has been volunteering for the past eight years. They call him the jack-of-all-trades at because he knows his way around a toolbox.

He was attending church when he heard the call for Lazarus volunteers.

"They didn't want any money. They just wanted people who had some skills to do odd jobs," said the retired Raytheon engineer. "That's how I started ... I have a God-given talent and it's nice to use it for the betterment for humanity."

Volunteers like Mr. Bourgeois and staffers at Lazarus have a couple of gift giving ideas for Andoverites who want to give something worthwhile this hol-



Photo by Judy Wakefield

For the past eight years Norm Bourgeois of Andover has been helping out at Lazarus House in Lawrence.

iday season. These are gift ideas that will surely put a smile on someone's face.

Canned goods are always needed. Why not put together a meal for two or more in a basket or a gi-wrapped car-

ton? Finish it off with a pretty bow. Lazarus House distributed 1,000 food orders on Thanksgiving Eve and prepared another 500 turkey meals at the Plains Community Center in Lawrence on Thanksgiving Day. Christmas orders are just as demanding.

"We need canned food in a big way," Ms. Beck said. "We accept any kind of food. If it's edible, we take it."

Often people donate a carton of canned goods in memory of a loved one. Or, if someone donates a meal, there are notes on the dining table that read, "this meal was donated by so and so."

Maybe one of those hard-to-buy-fors on your shopping list is the type who likes to help out a good cause. Give a canned food donation in their name. They will get a thank-you note from Lazarus House.

"People do it all the time. They tell us 'these food items are Christmas presents for so and so.'"

We'll make sure they get a thank-you note for giving us their Christmas present," Ms. Beck said.

If you have any questions about food donations, call Mary Schank, the office manager at Lazarus House. She can be reached at 689-8575.

Continued on page 7

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Is there a scientific explanation for the Star of Bethlehem?

ASHLAND, Va. (AP) — Is there a scientific explanation for the Star of Bethlehem, the beacon in the night sky that was so bright it led wise men from the east with gifts for the newborn Christ child?

It may not have been a star at all, the orizes Dr. George F. Spagna Jr., associate professor of physics and director of the Keeble Observatory at Randolph-Macon College.

Spagna says there isn't any record of comets or supernovas at the time to explain the phenomenon. These wouldn't have attracted attention anyway since they were transient events.

"The scriptures talk about a trek from the east. That takes time, which means that (the star phenomenon) had to be something that happened several years before the birth and would have had to have been around a long time," he says.

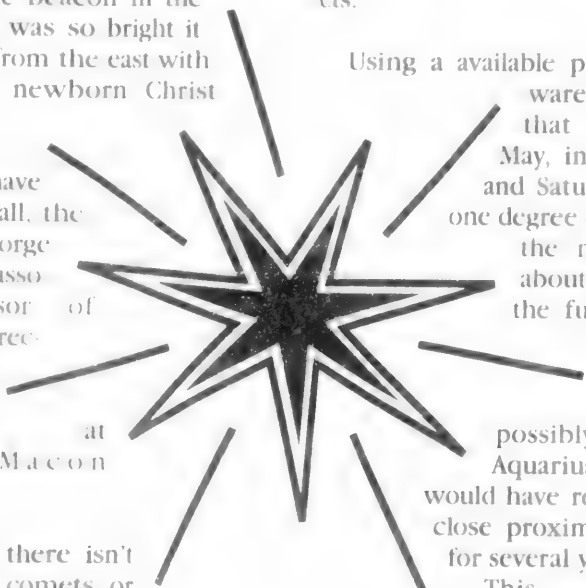
So, what could it have been?

"The scientific explanation is that there was an alignment of certain planets."

Using a available planetarium software, Spagna found that at the end of May, in 7 B.C., Jupiter and Saturn were within one degree of each other in the night sky — or about the width of the full moon — and aligned between constellations, possibly Pisces and Aquarius. The planets would have remained in this close proximity in the sky for several years.

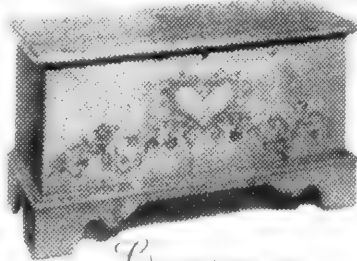
This relationship between planets and constellations "would have been astrologically auspicious and could have sent astrologers off looking," Spagna says. He thinks the three wise men could have been astrologers.

Astrology, not considered a science today, was important in Biblical times and required a keen knowledge of the heavens; it often was used to predict or confirm secular and religious events, Spagna says.



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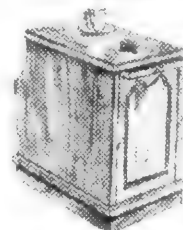
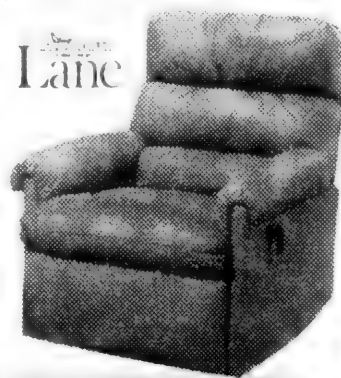
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Worthwhile gift giving

Continued from page 5

Clothes: Lazarus House tries to make sure guests have something new to wear on Christmas morning. Men's flannel shirts, women's bathrobes and sweatsuits for both sexes are needed. New hats, mittens, gloves, scarves and socks are also in demand. Gift wrap your donation and write on the outside of the box what is inside. For example, write men's flannel shirt, size XL.

Toiletries: are always needed. Why not fill a basket with shampoo, toothpaste, a toothbrush, a bar of soap and a hairbrush and tie it up with a pretty red ribbon? It would really make somebody smile.

Wish lists: There are "wish lists" from families and kids. You could adopt one of these families for the holidays and buy the items on their list. Typically, there are just a couple of toys on the list.

Ms. Beck handles the wish lists and anyone interested in helping out should call her.

Lazarus House is located at 48 Holly St. in north Lawrence. If you would like to help them out this holiday season but can't get to the shelter, just call. Arrangements can be made for pick-ups in Andover.

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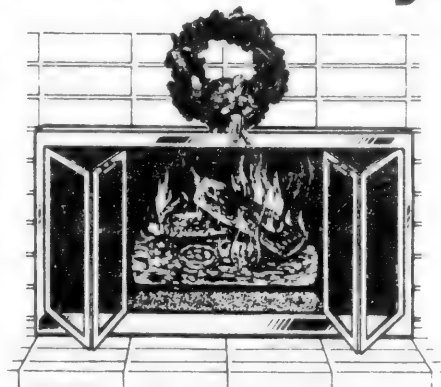
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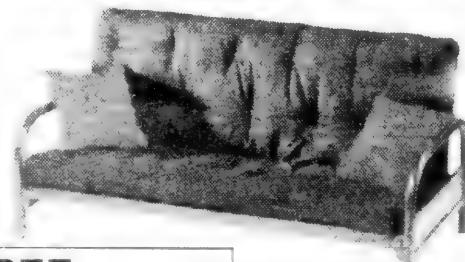
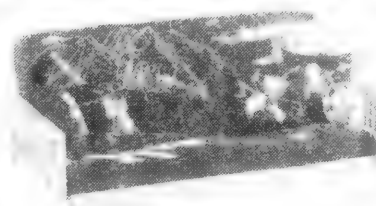
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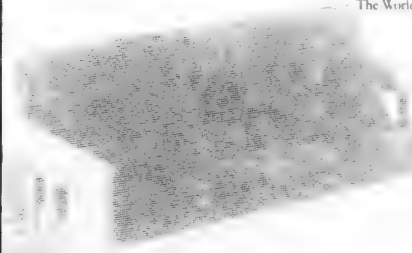
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Eggceptional eggnog

Eggnog is an eggceptional way to say "happy holidays," but this dose of good cheer does not have to contain eggs.

The traditional recipe, filled with eggs, sugar and cream, is also full of fat and cholesterol.

The following recipe from *Vegetarian Times* is one of the maga-

zine's classics; it originally appeared in 1994 and, according to the editors, has yet to be improved upon. This version has less than half the fat and sodium, and none of the cholesterol of the original, and for your lactose intolerant guests, it's also dairy free. So drink up ... here's to your health!

Vegetarian Eggnog

2 10½-oz. packages soft, silken tofu
16 oz. vanilla soymilk or rice milk
1 Tbs. plus 1 tsp. vanilla extract
¼ cup sugar
2 Tbs. brown sugar
¼ tsp. ground turmeric
½ to 1 cup rum or brandy (optional)
Nutmeg

In blender or food processor, combine all ingredients except nutmeg; blend thoroughly, stopping occasionally to scrape down sides of bowl. Serve well-chilled and dusted with nutmeg. Makes 8 servings.

Per 5-oz. serving: 235 cal.; 8g prot.; 5g fat; (0.1g sat. fat); 26g carb.; 0 chol.; 55mg sod.; 0 fiber. (NAPS)



Photo by Russell Smith, courtesy of *Vegetarian Times*



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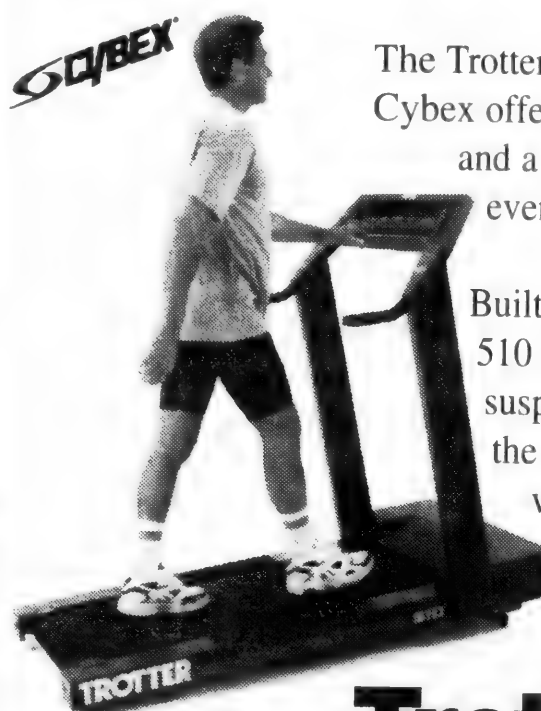
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Test your jewelry buying skills

Do you know what makes fine jewelry truly fine? Quality varies in jewelry, depending on the piece, the purity of its materials and workmanship. Here are some answers to commonly asked questions.

What determines quality in precious metals?

Look for the manufacturer's trademark on fine jewelry. This is your assurance the manufacturer stands behind the authenticity of the piece. A registered trademark must be on jewelry sold in the U.S. if a "quality" mark is present, such as "18kt," or "Sterling."

The quality mark tells you the piece is "real" and the percentage of pure metal in the piece. In gold jewelry, the karat mark, from 10kt to 24kt, tells you it's real gold. Platinum is the purest and strongest metal. Look for the quality mark "Platinum," "Plat," or "Pt950" to ensure the highest purity level.

When buying sterling jewelry, look for the quality mark "Sterling" or ".925."

What defines quality in gemstones?

To qualify as a gem, a stone must possess beauty, durability, and rarity, according to the Jewelry Information Center. Diamonds are the hardest and oldest gemstones known to man. Their quality is determined by the 4Cs - cut, color, clarity, and carat weight.

Cut, color, clarity and caratage are important criteria for colored gemstones as well. Generally, the purest and most vibrant color possible in any given gemstone is the most valuable.

How do you evaluate pearls?

The best quality cultured pearls should have deep luster, beautiful iridescence, surface cleanliness, and be perfectly round. Less expensive but also elegant are baroque pearls, with semi-round shapes.

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Books for cooks

Continued from page 4

types, and its effects on society, commerce, and art.

Tea and music are on the menu for *Afternoon Tea Serenade: Recipes from Famous Tea Rooms, Classical Chamber Music* (Music & Menus Series, \$28 boxed set with softcover book and CD), by Sharon O'Connor. The author, a cellist and creator of this package, has collected teatime recipes from elegant tea rooms around the world, including the Savoy in London; The Empress Hotel in Victoria, B.C.; the Plaza in New York; and the Windsor Court in New Orleans. The disk has chamber music by Bach, Mozart, Satie, and Debussy.

The only thing hefty about *1,001 Low-Fat Vegetarian Recipes* (Surrey Books, \$19.95 paperback), by Sue Spitzer, is the book itself, with over 800 pages and all those recipes. At least half of them are entrees, and none have more than 30 percent fat content.

Fitness guru Richard Simmons checks in with *Sweetie Pie* (GT Publishing, \$22 hardcover), featuring calorie-wise dessert recipes with jokey titles like You Bet Your Sweet Bundt, Orange You a Gorgeous Tart, and Mama Mia, a Brownie Pizza.

First thing to do for the holidays is make some treats as gifts. What about

rahat lokum (remember the song from *Kismet*?) or in English, Rose Petal and Orange Turkish Delight? Or perhaps decorated Coconut Wreath Cookies for the small fry? These and other recipes are included in *Gifts from the Kitchen* (Reader's Digest, \$18.95 hardcover), by Pamela Westland.

Entertaining goes on in any season for any reason. Suggestions for spreads — from a New Year's Eve do to a beach picnic are included in *Gourmet's Parties* (Random House, \$27.50 hardcover), from the editors of *Gourmet* magazine.

Old-Fashioned Christmas Favorites (Friedman/Fairfax, \$24.95 hardcover) are promised by the proprietors of the countryware mail order outfit, Gooseberry Patch. Instructions for holiday crafts are interspersed with recipes for treats like Mulled Cranberry Cider and Not-So-Sweet Pecan Pie.

Text for *Captain Cook's Christmas Pudding* (Boyd's Mills Press, \$14.95 hardcover), by Iris Van Rynbach, moves back and forth between a recipe for making this traditional holiday dessert and the story of the historic sea captain. Aimed at young readers, the book explains how many of the ingredients came from faraway places visited by Cook.

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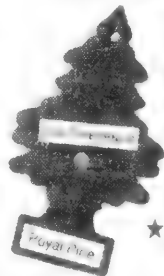
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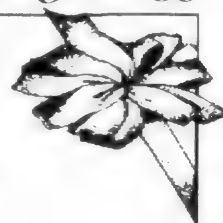
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Books for children

Continued from page 4

Aliana Brodmann and illustrated by Gennady Spirin.

Bah! Humbug. Here comes Scrooge again, this time in a new illustrated (by Andrew Wheatcroft) edition of Charles Dickens' *A Christmas Carol* (DK Publishing, \$14.95 hardcover). But this version pauses now and then to give readers a documentary picture of 19th century London, its social strata, slums, and personalities that Dickens explored - and mined - for background to his stories.

Familiar tales are retold by Jane Yolen in *Once Upon a Bedtime Story* (Boyd's Mills Press, \$17.95 hardcover), with illustrations by Ruth Tietjen Councell. The selection includes *The Three Bears*, *The Princess and the Pea*, *Dick Whittington's Cat*, and 13 others.

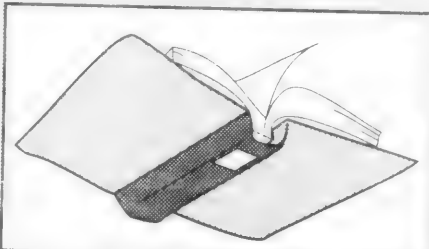
Breaking the Spell (Kingfisher, \$17.95 hardcover) is a collection of stories about enchanted people and places, quests, spells and sorcery, all selected by Sally Grindley and illustrated by Susan Field.

Echoes of the Elders: The Stories and Paintings of Chief Lelooska (DK Publishing, \$24.95, hardcover with CD), edited by Christine Normandin, captures ancient myths, folk tales and

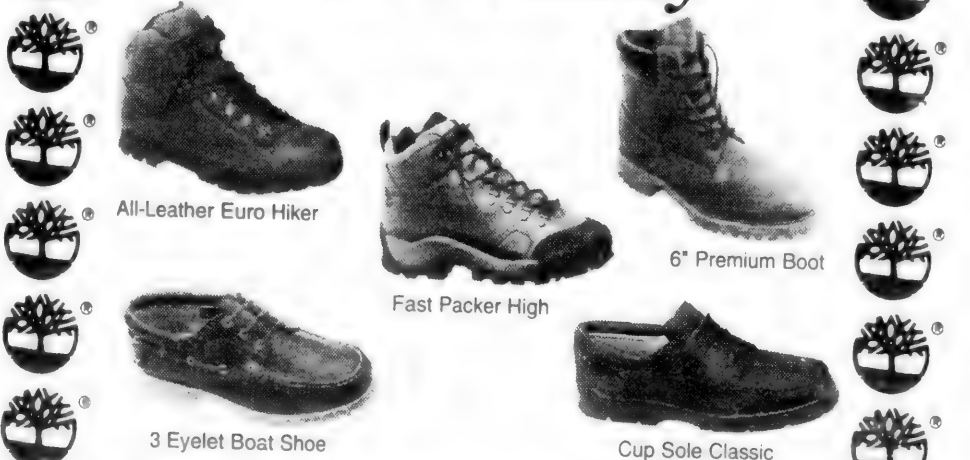
chants handed down through oral tradition among the Indian tribes of the Northwest coast. The book is based on recordings and drawings made by Chief Lelooska before his death in 1996. The chief, whose name means "he who cuts against wood with a knife," devoted his life to preserving the culture of these Indians, including the Kwakiutl Nation.

Another tribute to Indian culture is *The Vision Seeker* (Stoddart, \$18.95 hardcover), by James Whetung, with illustrations by Paul Morin. The author, of Anishinaabe and Celtic heritage, introduces the reader to sweat lodge teachings and ritual.

Some picture book choices to read to the very little ones include *Milo and the Magical Stones* (North-South Books, \$18.95 hardcover), written and illustrated by Marcus Pfister, with two endings, happy and sad; and *Lumina* (North-South Books, \$15.95 hardcover), a Christmas story in an Alpine setting, by Brigitte Weninger, with illustrations by Julie Wintz-Litty.



Bring Home The Tree This Holiday



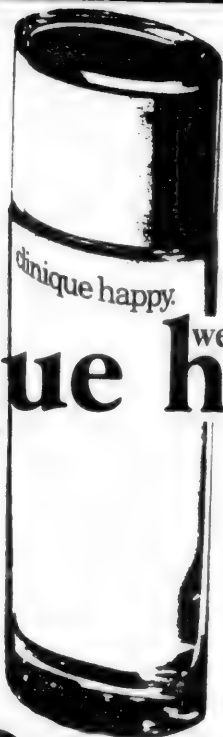
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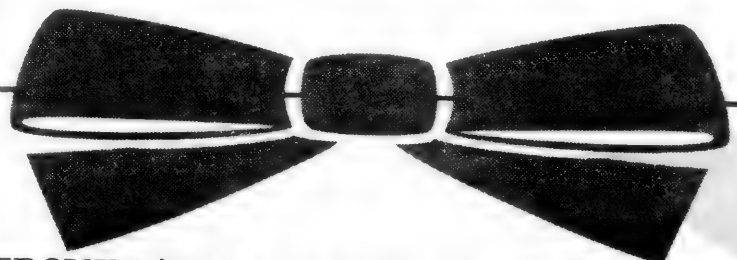
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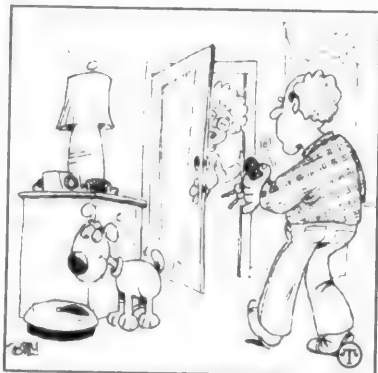
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Gift ideas for seniors

Every holiday season family members ponder what to give the person who has everything and requests nothing. For Grandma and Grandpa, those "hard-to-buy-for-seniors," think about consumer electronics which can offer safety and convenience to their busy lives.

Hundreds of innovative home automation products exist to help make even the simplest task a little easier—even turning off the lights. For example, inexpensive plug-in modules can give users the ability to remotely turn off and on lights, appliances, televisions and stereos from any room in the house. Using this technology, seniors no longer have to enter a dark house or walk up an unlit staircase. This adds a factor of personal safety, and also can be a deterrent to burglars if the module is hooked up to a timer, giving the look that someone is always home.

Theft is a concern for travelers, but taking care of a pet while away can be as big of a problem. However, automatic pet feeders remove some of this worry, as well as taking the burden off neighbors who may watch the pet. An automatic pet feeder reliably feeds a dog or cat specific amounts of food at pre-set times during the day. This timer-based product is available for feeding aquarium fish or watering household plants as well.



Whether traveling or staying home, car safety also is an important matter. Having an automobile security system, which are becoming more technologically advanced and less expensive every day, gives car owners a feeling of comfort. Keyless entry can be included in many car alarm packages or installed separately. This feature allows owners to conveniently open all doors simultaneously, give automatic access to the trunk without having to get into the car first, and allows quicker entrance into the car during inclement weather.

Car navigation systems offer safety and convenience for seniors traveling this holiday season. Navigation systems give necessary location and direction information to drivers orally or via a small computer screen installed in the front seat. This type of easy-to-use technology eliminates the need to read directions while driving and lowers the number of lost motorists. (NAPS)

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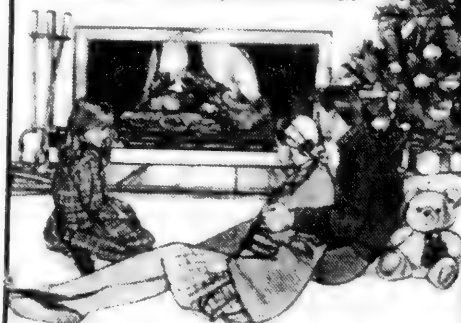
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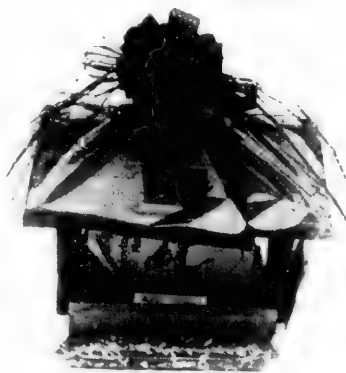
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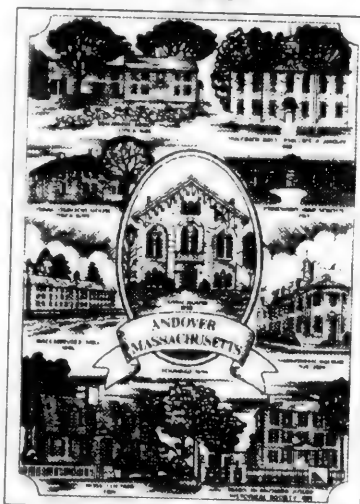
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Professional portraits make great holiday gifts for mom and dad or grandma and grandpa. Or a sibling might like a contemporary pet portrait. And the perfect gift for your boss or best friend? A gift certificate for an executive portrait. It's a gift that always fits.

The Professional Photographers of America, with 14,000 members in 64 nations, also suggest gift certificates for future portrait sessions and restoration of heirloom photographs.

Before you select your photographer, visit several and ask to see samples of their work. Make sure their style and quality meet your expectations. PPA members abide by a code of ethics, and their association offers extensive continuing education programs.

PPA photographers have the skills to create a portrait that is uniquely yours,

and the flexibility to offer you an almost limitless choice of poses and settings to reflect your personality and lifestyle. Your toddler can be photographed with his wagon or in the yard with his faithful dog; the whole family might have fun posing on a boat or on their bicycles. Whether you choose the playroom or the parlor, your photographer can work anywhere that is important to your family.

A PPA photographer also will take time before the portrait session to develop a rapport with your children, so they will feel at ease in front of the camera and you'll have a winning selection of holiday portraits to choose from. No detail will be forgotten - the professional photographer also will advise you about clothing and colors, haircuts, and props.

It's always important to document the story of your family's life with photographs. Why not share the beautiful results as holiday gifts? To make sure your finished portraits are ready to wrap on time, call now to schedule an appointment.

A free referral list of PPA photographers in your area is available by calling the Professional Photographers of America at 1-888-977-8679, ext. 333. (NU)



The Strawberry Tree

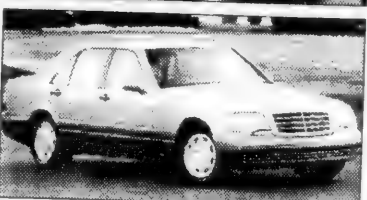
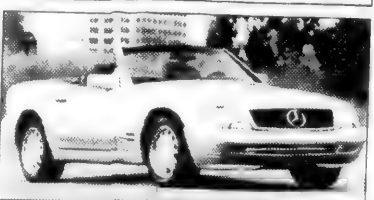
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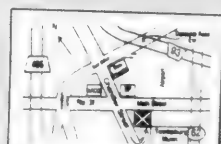
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Christmas gift ideas from M.I. Hummel

A little girl piles up her trusty sled with presents and sets off to deliver gifts to family and friends. Perhaps her first stop along the way is your house! Meet Christmas Delivery—new from M.I. Hummel.

This delightful figurine, imbued with the spirit of the Christmas season, is sure to capture your heart. Beautifully crafted and painted by hand, Christmas Delivery is the perfect gift for anyone who cherishes the innocence and charm of children, especially during the holiday season.

For more than 60 years, M.I. Hummel figurines have been treasured throughout the world for their gentle reflection of childhood joys. Created as a companion piece for the popular M.I. Hummel figurine Ride into Christmas, Christmas Delivery has been approved by the Siessen Convent and features an exclusive First Issue Backstamp—special details collectors will appreciate. This 5 1/2" figurine has a suggested retail price of \$485 and is available at fine gift and collectible stores nationwide. For a retailer in your area, call 1-800-666-CLUB.

Whether you choose to keep Christmas Delivery or "deliver" her to a special friend, she will kindle the spirit of the holidays wherever she goes! (NAPS)



Christmas Delivery, a beautifully-crafted ceramic artwork from M.I. Hummel.

The Berta Hummel Nativity Set

For centuries, families have included scenes of the Nativity in their homes to celebrate the magic and the joy of the Christmas season.

Such scenes often become heirlooms as they are handed down from generation to generation.

The Berta Hummel Nativity Set is a fresh interpretation of this age-old holiday custom, designed for a new generation of gift-givers.

Goebel has captured the innocence

Continued on page 15

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Gift ideas from M.I. Hummel

Continued from page 14

and purity of the first Nativity in this beautiful set. Inspired by the work of Berta Hummel, a young Bavarian artist who worked at the beginning of the century, the Nativity portrays the Holy Family, Saints and Magi as children - reminding us all that the light of peace, joy and goodness is continually reborn in the heart of a child.

The 11-piece Nativity Set is hand-crafted of fine bisque porcelain and hand-painted in soft earth tones of subtle pastel hues.

This work of art is sure to enhance any interior and provide a compelling focal point for holiday decorating. The set continues the Goebel tradition of fine quality and exquisite crafting. Each piece in the collection is produced under the strict supervision of Goebel - ensuring that its beauty and appeal will remain intact for many years.

Each piece retails for \$50 or less - and the complete Berta Hummel Nativity Set is available for a special price of only \$525.

In 1998, seven more pieces will be introduced - making this the perfect way to begin a new family tradition. (NU)



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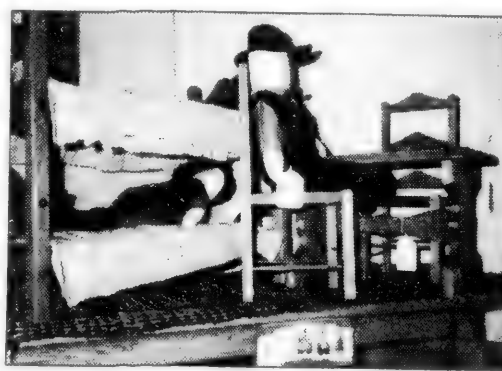
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Transform your home into a winter haven

With winter in the air, frost on the windows and gift-giving gatherings around every corner, 'tis the season to discover mini craft projects that can add ambiance, flair and warmth to any home.

According to the makers of Rit Dye, eliminating the winter blues and creating an indoor winter wonderland can be as easy as combining your imagination with a few supplies and some new craft techniques.

Colorful candles, lush velvet pillows and bright throw blankets are just some of the dyeing projects that can bring out the deep, rich hues of the season. The following decorative idea can help you get started.

Colorful candles

Materials: Powder Rit Dye; paraffin, candle wax or ends of used white candles; candle molds (small juice or soup cans; gelatin molds, muffin tins, paper cups, milk cartons, glasses, etc.); double boiler; disposable stirrers; adhesive tape; cord for wick.

Instructions: 1. Be sure interior surface of mold is clean and dry.

2. Insert wick in molds by using one of the following methods: a) Punch a small hole in center of bottom of mold no larger than the cord. Pull cord through the mold and tie the end to a pencil or small stick placed across the top of the mold. Secure the other end

of the cord (pulled tight) to outside of bottom of the mold by knotting and covering with tape. b) Tie one end of the cord to a pencil or small stick and lay across top of the mold. Fasten a small weight or metal washer to other end of wick so it will hang down into the candle mold.

3. Melt paraffin or candle wax in double boiler. If a double boiler is unavailable, melt paraffin or wax in a smaller pot set in a larger pot of water. Never melt wax over direct heat — wax is flammable.

4. Add two teaspoons of powder Rit Dye for each pound of paraffin.

5. Remove container from boiling water.

6. Stir thoroughly for two minutes.

7. Let colored wax sit for a few minutes and then pour wax into molds.

8. Cool candles in refrigerator.

9. When thoroughly hardened, unmold. Dip metal molds quickly into a pan of hot water to loosen. Milk cartons and similar molds can be easily cut and peeled off.

10. Decorate as desired by gluing or pinning decorations to the outside of candles.

For more information and craft ideas, including instructions for velvet pillows and throw blankets, write to: Rit, P.O. Box 307, Dept. MR 97-3, Coventry, CT 06238. (NU)

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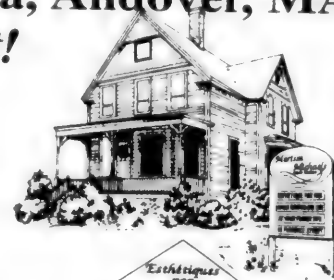
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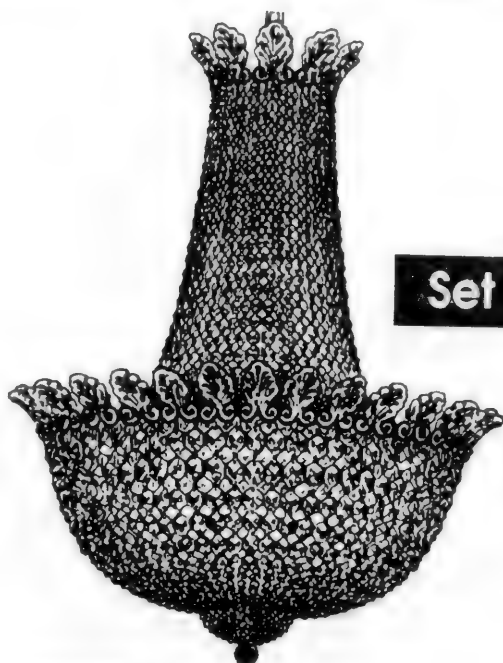
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Sweet and simple holiday gifts from the kitchen

Baking something sweet and simple is one of the best and most inexpensive ways to bring a smile to the faces of friends, neighbors or anyone you want to acknowledge at holiday time. First you need a recipe that doesn't require a long list of ingredients or take hours to prepare, but is still special and tasty. Canned crushed pineapple adds the tangy-sweet flavor to Pineapple Toffee Cookies. It's a perfect match with chocolate-covered toffee baking chips and brown sugar - adding a fruity quality to the frosting. Present the cookies on a festive paper plate or platter, wrapped in clear plastic wrap and tied with a bow. Or put them in a lined basket or tin with an added gift such as a linen tea towel, a coffee or tea mug, a small tin of tea or a half pound of good coffee.

Pineapple toffee cookies

Prep: 20 min.

Bake: 18 min.

Makes: 48 cookies

1 can (20 oz.) crushed pineapple

2 cups all-purpose flour

1½ teaspoons baking powder

½ cup margarine, softened

¾ cup granulated sugar

¾ cup packed brown sugar

1 egg

1 teaspoon vanilla extract

¾ cup chocolate-covered toffee baking chips

Vegetable cooking spray

Pineapple icing, recipe follows (optional)



- Drain pineapple well; reserve 2 tablespoons for icing, if desired.
- Combine flour and baking powder in small bowl; set aside.
- Beat together margarine, granulated sugar and brown sugar in large bowl until creamy. Add egg, vanilla and pineapple; beat until blended. Stir in flour mixture and toffee until blended.
- Drop dough by tablespoonful onto cookie sheets sprayed with vegetable cooking spray.
- Bake at 350°F, 15 to 18 minutes or until edges are browned and cookies are golden brown. Cool slightly; carefully remove to wire rack to cool completely. Drizzle icing over cooled cookies, if desired. Store cookies in container in refrigerator.

Pineapple icing: Stir together ½ cup powdered sugar and enough reserved pineapple juice to make thick icing consistency, until blended in small bowl.

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½ teaspoon salt

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½ cup granulated sugar

1 can (20 oz.) crushed pineapple, well drained

2 eggs

1 teaspoon vanilla extract

1 cup (6 oz.) butterscotch chips

1 cup chopped nuts, toasted

Vegetable cooking spray

Powdered sugar, garnish (optional)

• Combine flour, baking powder and salt in small bowl; set aside.

• Beat together margarine, brown sugar and granulated sugar in large bowl until creamy. Add pineapple, eggs and vanilla; beat until blended. Stir in flour mixture, butterscotch and nuts until blended.

• Pour into 13 x 9-inch baking pan sprayed with vegetable cooking spray.

• Bake at 350°F, 40 to 45 minutes or until toothpick inserted in center comes out clean. Cool completely in pan on wire rack. Dust cooled cake with powdered sugar, if desired. Cut into squares.



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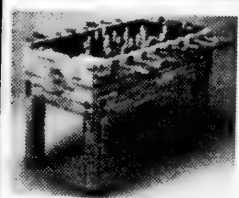
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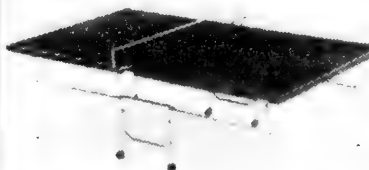
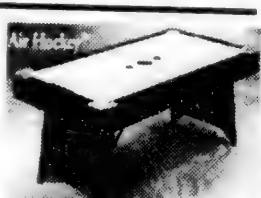


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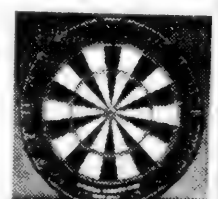
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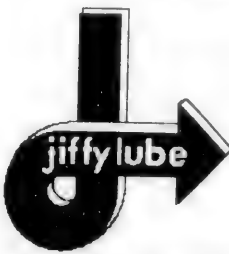
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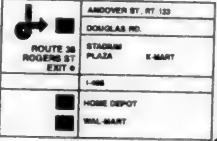
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Royal Jewelers of Andover is a story of 50 years of success. "We are amazed we are a 50-year-old jewelry store that is continually experiencing strong growth," says Steven Leed. "Our goal is for you to want to be a loyal *Royal shopper* ... forever," he adds with a smile.

The Leed family is dedicated to that goal and continues to fine tune the formula created by founder Bernard J. Leed. There is no secret recipe here. The formula is simple. 1. Huge selection. 2. Product at the best price. 3. Friendly and knowledgeable salespeople.

"We have created a comfortable and friendly environment for people to shop," Paula Leed says proudly. Royal Jewelers has carefully selected the finest and most desirable jewelry designers in the world. Their designs are showcased in boutiques throughout Royal Jewelers. An example is the David Yurman boutique – the first and largest in the United States. Royal Jewelers has more world-renowned designers per square foot than any other jeweler in New England.

Royal Jewelers is also known nationally for having one of the finest selections of Swiss watches in the country. Royal Jewelers is authorized for 27 brands of fine timepieces including Breitling, Ebel, Tag Heuer, Chopard,



Paula and Steve display an elegant necklace by the Steven Lagos boutique inside Royal Jewelers. For 50 years, Royal Jewelers' knowledgeable sales staff has been serving customers with a huge selection and the best prices.

Photo by Lisa Adelsberger

IWC, Corum, Omega, Hublot and many, many more. "We have *Royal shoppers* in 48 states," exclaimed Mr. Leed. (Royal has yet to sell to a customer in Hawaii or Wisconsin). Watch collectors find out about Royal

Jewelers from their advertising campaign in national magazines. Royal Jewelers sells many limited edition wrist watches valued from \$2,500 to \$350,000. The staff at Royal is quick to point out that they have fine watches

at every price point, with more than 2,500 watches on display.

Walking into Royal Jewelers, you immediately enter a comfort zone. Royal has a feeling of being open and elegant yet relaxed. The sales staff is friendly and helpful. "Nobody sells on commission," explains Sel Leed. "We all assist each other as a team. A non-commission sales staff is a direct benefit to the consumer, it is another step in securing the loyal *Royal shopper*. The excitement a salesperson displays is sincere – not commission motivated," continued Mrs. Leed.

The nice thing about shopping Royal Jewelers is you will not find a better price. "I will guarantee it," says Mr. Leed. "You will not find a better price on jewelry, watches, pens or fur at an authorized jeweler anywhere in the United States and Royal Jewelers is very proud of that," he added.

The ingredients for Royal Jewelers success are rather simple. However the Leed family says you must not only believe this philosophy, you must live it. "Visiting Royal Jewelers filled with loyal *Royal shoppers* purchasing for the holidays, I thought of the expression 'The proof is in the pudding.' This is one great pudding," says Mr. Leed.

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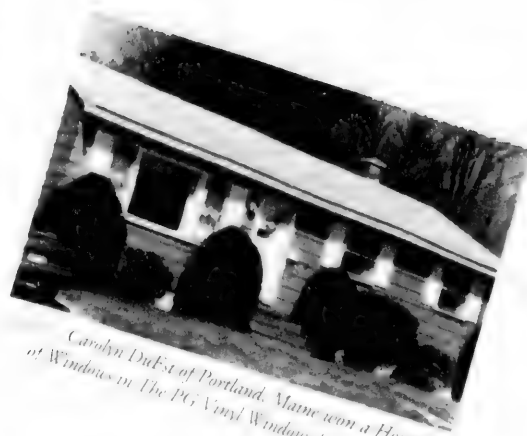
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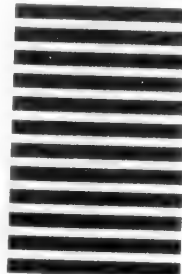
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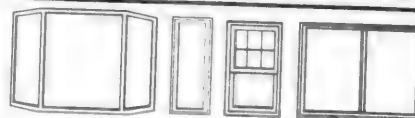
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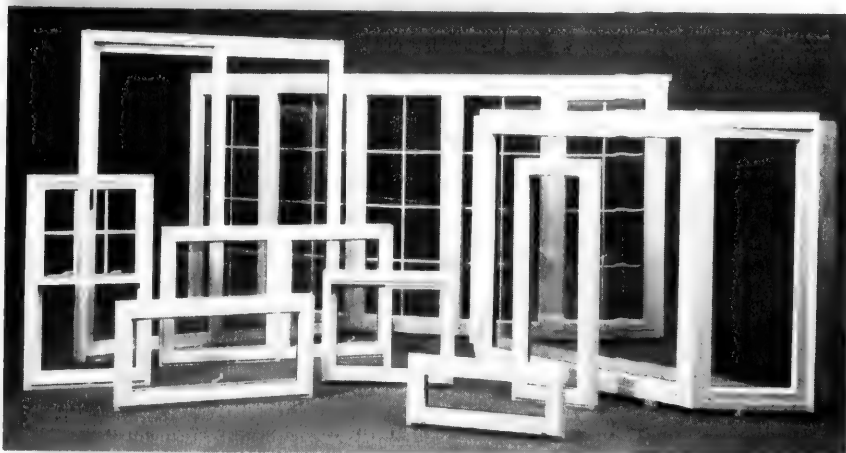
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LAHEY HITCHCOCK HEALTH LETTER

FALL/WINTER 1997

TREATING CHRONIC PAIN

Pain in the form of recurrent headaches or related to persistent low back problems, cancer, nerve conditions and other chronic diseases can be crippling and emotionally devastating. At one time, chronic pain baffled doctors, but more recently, research has led to a better understanding of chronic pain and has yielded effective new approaches for controlling it.

Sources of Pain

While short-term (or acute) pain serves an important function, alerting us to injury in not-so-subtle ways, chronic pain serves no useful purpose and robs people of happiness and vitality. It can take many forms:

- An estimated 45 million people in the United States suffer from chronic, severe headaches in the form of migraines, tension headaches and "cluster" headaches, disrupting con-



centration, interfering with sleep and daily activities and making some people unemployable.

- Persistent back pain, which can result from such varied causes as muscle pain, herniated or degenerated vertebral discs, arthritis or multiple surgeries, is also a common cause of chronic pain.

- Cancer can cause chronic pain as the growing tumor presses against or infiltrates other organs. Radiation and chemotherapy may also lead to pain indirectly by causing the accumulation of fluid, irritating or destroying healthy tissues and, possibly, by rendering nerve endings more sensitive.

- Arthritis inflammation can cause chronic stiffness and soreness of the joints.

- Chronic pain may also result from damage to the nerves themselves. One example is *tic douloureux* (painful spasm).

continued on next page

Heart Disease and the Effects of Aging

The most common heart disease in the United States is coronary artery disease, causing 900,000 heart attacks per year. According to cardiologist John P. Berkoben, M.D., at Lahey Hitchcock - Arlington, the majority of those affected are aged 50 and older.

"Unfortunately, many people wait until they are middle-aged to start taking care of their heart," he says. "It's something they should think about when they are much younger, particularly with respect to ischemic heart disease, in which the coronary artery is narrowed or obstructed."

Growing Older

The heart muscle becomes stiffer as we age. "There is an ingrowth of

fibrous tissue that prevents the heart from expanding and relaxing fully between beats," says Ferdinand J. Venditti, Jr., M.D., head of the Section of Cardiovascular Medicine at Lahey Hitchcock Medical Center. "This generally makes the heart less efficient." High blood pressure, smoking and diabetes can contribute to the problem.

The growth of fibrous tissue can also predispose people to heart rhythm disturbances, such as atrial fibrillation. "The prevalence of atrial fibrillation goes up dramatically above age 50," says Dr. Venditti. "For those age 70 and older, as many as five to eight per cent may have atrial fibrillation." Most cases of cardiac arrhythmia can be effectively treated with lifestyle

WHAT'S INSIDE

Sleep Disorders:

Diagnosis and treatment of insomnia, sleep apnea, narcolepsy and periodic limb movement disorder.

Treatment for Heartburn and Swallowing Problems:

A multispecialty approach is needed for disorders of the esophagus.

Keeping Fit this Winter:

No excuses—how to stay with (or start) an effective cold-weather exercise program.

You Asked:

What causes Bell's palsy and how is it treated? Kidney stones—what are the treatment options?

in which a minor stimulus can cause agonizing pain in the face. It is believed to be caused by a blood vessel pressing on the trigeminal nerve.

Another is diabetic neuropathy, a nerve disorder affecting people with long-standing diabetes. Diabetic neuropathy can cause loss of sensation in the hands and feet—or may cause painful sensations, such as burning, tingling or a feeling of “pins and needles.”

According to Asi Hacobian, M.D., an anesthesiologist and pain consultant with Lahey Hitchcock's Pain Management Center located at Symmes Hospital and Medical Center in Arlington, doctors often used to view cases of chronic pain skeptically because no objective evidence of organic damage could be found. However, researchers now recognize that injury to the body's tissues can trigger long-term changes in the spinal cord or the brain. “Once that cycle has been established, even though the inciting event has gone away, the pain persists because the pain pattern has registered in the spinal cord and in the brain, and the brain is getting constant information that there is pain,” says Dr. Hacobian.

Not everyone reacts to pain the same way. “There's a sensory aspect of pain and there are the emotional, psychological and social aspects which combine to make up what we call the ‘suffering’ component,” says Philip E. Kistler, M.D., acting director of Lahey Hitchcock's Pain Management Center. “The amount of suffering a given pain causes can produce intense disability.”

Medications and Nerve Blocks

For most types of pain aspirin or other over-the-counter pain medications are highly effective. For stronger relief, several types of prescription drugs are available. For instance, opiate-related drugs such as codeine, propoxyphene (Darvon), morphine and meperidine (Demerol) offer highly effective pain control. Unfortunately, they may have harmful side effects. Other types of drugs, which people don't often think about in terms of pain relief, may also be quite effective.

RADIO WAVES FOR TREATING WHIPLASH PAIN

Chronic whiplash is an injury to the vertebrae and the surrounding soft tissues caused by sudden forward or backward jerking of the head in relation to the vertebrae, as from a rear-end automobile collision. It can produce pain in the back of the neck, decreased mobility of the neck and muscle spasms of the neck. Unfortunately, it is very difficult to diagnose, even with an x-ray, and also difficult to treat. The traditional treatment, which involves injecting steroids between the vertebrae, has been shown to offer little, if any, benefit.

Recently, another treatment called percutaneous radio-frequency neurotomy, in which radio waves are used to “burn” or destroy key nerves in the spinal cord, was put to the test for treatment of whiplash. In a study reported in the *New England Journal of Medicine*, twelve patients with whiplash each received percutaneous radio-frequency neurotomy. Another twelve received a control, or fake, operation that was identical except that the radio-frequency current was not turned on.

In the group that received actual treatment, pain returned to 50 percent of its preoperative level in 263 days, whereas it returned to half its preoperative level in only eight days in those receiving the fake procedure. At 27 weeks, seven patients in the active-treatment group were free of pain, whereas only one patient in the control group was free of pain.

“Specialists have had good results with this kind of block for whiplash injuries, but I can't say that everyone gets the same kind of result,” says Asi Hacobian, M.D., anesthesiologist with Lahey Hitchcock's Pain Management Center. “On the whole, I think it helps people who have had whiplash injuries. If you can get them better and send them back to the workforce, I think that's a big improvement.”

One example is antidepressant medication. Some turn out to have pain-relieving effects, especially in nerve-related conditions such as diabetic neuropathy and tic douloureux. Pain specialists believe that antidepressants work in this setting by increasing the supply of the neurotransmitter serotonin, which is believed to be involved

in the body's pain-controlling pathway. Antiepileptic drugs such as carbamazepine (Tegretol) may also be useful in tic douloureux and other nerve-related diseases. In these diseases, the flow of nerve signals to and from the brain is disturbed, and antiepileptic drugs may be used to quiet the “distress” signals associated with them.

In some cases of intense chronic pain treated with narcotics, there comes a point where the dosage cannot be increased because of the side effects. These cases may be treated with nerve blocks, using anesthetics and steroids injected directly into nerves along the pain pathway. A relatively new device called an implantable intrathecal infusion pump delivers anesthetic directly into the spinal cord.

“When you give narcotics by mouth, they spread throughout the entire body, and many of the side effects are mediated through the central nervous system in the brain. This can lead to problems such as vomiting, respiratory depression and sedation. By applying narcotics directly to the spinal cord, we can reach a powerful spinal pain inhibition system while keeping low concentrations in the brain and minimizing undesirable side effects,” says Dr. Kistler.

Behavioral Medicine

Again, the degree of suffering caused by pain depends on the individual's response to it. In some cases, anxiety,

“What we try to do is find a way to balance things so the level of pain meets with patients' agreement and allows them to do the activities that they need to do.”

depression and feelings of helplessness, hopelessness and isolation can all make the suffering worse. “Positive imagery, stress reduction, involvement in enjoyable activities, and trying to move people out of the sick role are the basis of the behavior management interven-

tion,” Dr. Kistler says.

According to Dr. Hacobian, part of treating chronic pain is educating the patient not to focus on it. “We want people to understand that chronic pain is not the same as acute pain. When you have acute pain, the body basically tries to guard a certain area because it doesn't want to damage it anymore,” she explains. “But with chronic pain, that is not the case—it's better not to focus on it.”

Dr. Kistler emphasizes that pain treatment needs to be assessed on an individual basis. “You should be evaluated as an individual with your own unique set of pain problems,” he says. “What we try to do is find a way to balance things, so the level of pain meets with patients' agreement and allows them to do the activities that they need to do.”

For an appointment in Lahey Hitchcock's Pain Management Center at Symmes Hospital and Medical Center in Arlington, call 781-641-7770.

YOU ASKED

Question: What causes Bell's palsy and how is it treated?

Answer: Bell's palsy often starts with pain behind one ear and excessive production of tears, and evolves within a day to one-sided facial paralysis. On the affected side, the muscles sag and the face appears expressionless. The eye often can't close and the patient may drool or have difficulty eating or speaking.

“A person with Bell's palsy may feel ‘numbness’ of the face,” says Prather Palmer, M.D., neurologist at Lahey Hitchcock Medical Center. “But there is no actual loss of sensation.”

Researchers theorize the condition is caused by a virus that leads to swelling and injury of the facial nerve, one of a pair located on either side of the head. This nerve, which provides movement to the facial muscles, winds through a bony channel in the skull and, when

swollen, becomes compressed. In addition to facial weakness, resulting nerve damage may cause taste to be impaired or sounds to be abnormally loud.

For the majority of Bell's palsy sufferers, the condition is temporary, and symptoms begin to improve in several weeks. Examination by a doctor is required, however, to rule out a brain tumor or stroke. For the 15 to 20 percent of patients who will have residual facial weakness, improvement may not begin for several months. Risk factors for incomplete recovery include hypertension, diabetes, advanced age and complete facial paralysis.

Sometimes the nerve regrows but does not reconnect to the proper muscles. “This may lead,” says Dr. Palmer, “to such abnormalities as the ‘jaw-wink’ phenomena; the eye closes when the jaw opens.”

Protecting the exposed eye is a major part of treatment. Artificial tears

should be used for lubrication in the daytime and mineral oil at night. The open eye should not be patched, and immediate care by an ophthalmologist is needed if pain, redness or pus is present.

“Oral corticosteroids may be used early on to decrease pain and limit swelling of the nerve,” says Dr. Palmer. “However, their use is controversial and not appropriate in all cases.”

“Electrostimulation and facial exercise have little benefit, and although once common, surgery to relieve nerve pressure is ineffective.”

If facial weakness lingers for months, an operation may be performed in which a healthy nerve from the tongue is transplanted.

For an appointment in the Department of Neurology at Lahey Hitchcock Medical Center, call 781-744-3250.

changes, medications or electrical devices.

Cholesterol

Cholesterol levels tend to rise as we age, and that is a known risk factor for

coronary artery disease.

High levels of cholesterol promote atherosclerosis, or clogging of the arteries, which can lead to peripheral vascular disease, angina (chest pain from insufficient blood supply to the heart), heart attack and stroke.

Although high cholesterol may primarily be genetic, a diet rich in saturated fat and animal products promotes an increased level of harmful cholesterol. "You can't change your parents," says Dr. Berkoben, "but you can learn from them. If a parent has early coronary disease, it's important for you to know what your cholesterol level is, and, if it's abnormal, do the appropriate thing to correct it."

Medications can play an important role. "We've known that lowering cholesterol with medication makes a difference in people who have had a heart attack," he says, "but there are good indications that it is also worthwhile to lower cholesterol through medication in broader segments of the population, specifically individuals with elevated cholesterol who have not yet had a heart attack or angina."

Women and Heart Disease

Coronary artery disease is the leading cause of death in women and the incidence of heart problems takes a

Mid-Life: The Effect it Has on Your Heart

Lecture
by Cardiologist
Ferdinand J. Venditti, Jr., M.D.

Tuesday, January 20 at 7 p.m.
Lahey Hitchcock Medical Center
Burlington, Massachusetts

To register, call 781-744-3414.

sharp rise after menopause. There is evidence that hormone replacement therapy helps protect against coronary artery disease. Each individual, however, should make that decision with her doctor, as there may be contraindications, such as a family history of breast cancer.

Excess Weight as a Risk Factor

Additional pounds are a risk factor for coronary disease, as well as a source of increased demand on the heart muscle. For men with the type of body build that tends toward "middle-aged spread," there is an association with heart attacks which may be related to poor dietary habits and lack of exercise. "Eating in moderation is important for everyone," says Dr. Venditti. "It reduces the risk for cardiac problems, as well as high blood pressure, non-insulin dependent diabetes and a host of other conditions."

The Importance of Exercise

"When you're active, in a sense, you're making your body more energy efficient," says Dr. Venditti. "With a

program of regular aerobic exercise, such as walking, jogging, biking or swimming, the peripheral muscles become more efficient and put less of a demand on your heart. Therefore, you're able to do more at the same level of cardiac work. That's why exercise is so important, not only for people who are well, but also for those who have pre-existing coronary disease. Regular activity, if you can engage in it safely, will enhance your sense of well-being and your ability to function."

Smoking

"If everyone in the United States stopped smoking tomorrow, in 20 years we probably would need 25 percent fewer physicians, all other factors being equal," says Dr. Venditti. "Smoking actually interacts with other risk factors, multiplying them greatly. For instance, if you have one factor that increases risk for heart disease by five-fold, if you smoke, it becomes 25-fold. It's very difficult to stop smoking, but if you can, it has profound implications for your well-being."

Chronic Stress

Job stress has been identified as a risk factor for heart disease. Although upper management positions have traditionally been thought of as "high-stress" jobs, a recent British study presents another view. After tracking nearly 7,400 men and women in London civil-service jobs for an average of more than five years, researchers found people in low-grade positions with little control over their job responsibilities were at 50 percent higher risk of developing symptoms of coronary heart disease than those with higher-level jobs.

If you experience frequent stress, talk to your primary physician about stress reduction techniques.

For an appointment in the Section of Cardiovascular Medicine at Lahey Hitchcock Medical Center, call 781-744-3250. For an appointment at Lahey Hitchcock - Arlington, located at Symmes Hospital and Medical Center, call 781-641-0100.

And to All a Good Night!

Good "Sleep Hygiene"

Here is a partial list of lifestyle changes that may improve sleep.

- Lie down only when sleepy. If not asleep within 15-20 minutes, get up and do a sedating activity (does not include watching TV).
- Establish a consistent bedtime and wake time, even on weekends.
- Eliminate daytime naps.
- Do not use the bed for paper-work, watching TV, reading, eating, talking on the phone, etc.
- Take a 30- to 60-minute walk every day, but avoid evening exercise.
- Eliminate caffeine, nicotine and alcohol several hours before bedtime.

Sleep Apnea

Excessive daytime sleepiness may be a symptom of sleep apnea. "A patient with sleep apnea stops breathing periodically," says David Neumeyer, M.D., pulmonologist in the Sleep Disorders Center. "If they're in a deep stage of sleep, they may arouse to a light stage or wake up completely. Some awaken with the sensation of choking. A common result is that patients feel very tired in the morning even though they believe they slept through the night."

For diagnosis, an overnight polysomnogram is given. An electroencephalogram measures brain waves and evaluates stages of sleep. Heart rate and breathing are also monitored.

If untreated, sleep apnea can lead to heart attack, stroke, irregular heartbeat and high blood pressure. For mild cases, weight loss, smoking cessation and the use of nasal anti-inflammatory agents may offer partial relief. Moderate to severe cases may be treated with a special dental device worn at night, continuous positive airway pressure (pressurized air or oxygen is delivered through a mask) or surgery.

Narcolepsy

"With narcolepsy, the part of the brain that decides if you should be awake or asleep isn't working properly," says Dr. Gross. "The first symptom is sleepiness, but patients may also experience cataplexy, sleep paralysis and hypnagogic hallucinations."

Cataplexy is a sudden loss of muscle tone in response to emotions such as laughter, anger or surprise. The muscles of the face or in other parts of the body become very weak.

In sleep paralysis, the patient may be completely awake, but his or her body is paralyzed. "Everything is paralyzed—except for breathing and eye movement—during R.E.M. sleep," says Dr. Gross. "Sleep paralysis after waking may last from two to ten minutes and can be quite frightening."

A person with hypnagogic hallucinations escapes into dreams when still awake. These auditory or visual hallucinations may occur just when they're starting to go to sleep at night.

Narcolepsy can be treated with medications and behavioral modification. "Our Sleep Disorders Center is currently part of a national study of a drug called modafinil, the first new treatment for narcolepsy in many years," says Dr. Gross. "Modafinil is not yet available on a prescription basis, but is in application before the Food and Drug Administration."

Periodic Limb Movement Disorder

Some people move their legs or arms repeatedly during the night, which can cause sleep fragmentation. "Periodic limb movement disorder coexists with restless leg syndrome which can be associated with iron deficiency, nerve diseases, pregnancy or kidney failure," says Dr. Neumeyer. "We treat the underlying problem. However, if the cause is unknown, medication may help."

For an appointment in the Sleep Disorders Center at Lahey Hitchcock Medical Center or Lahey Hitchcock Northshore, call 781-744-3250.

Signs of Emergency

Medical advances have greatly improved a person's chances of surviving a heart attack with limited damage to heart muscle. But time counts; treatment must be administered as quickly as possible.

Symptoms of heart attack vary, but the following warning signs indicate an emergency:

- Uncomfortable pressure, fullness, squeezing or pain in the center of the chest lasting two minutes or more.
- Pain spreading to the shoulders, neck, jaw or back.
- Lightheadedness, fainting, sweating, nausea and/or shortness of breath.
- Instead of chest pain, women may experience pain in the pit of their stomach, shoulders, arms or back.

Help for Heartburn and Swallowing Problems

Disorders of the esophagus can cause discomfort, difficulty swallowing, malnutrition and lung problems from the inhalation of liquids, food particles or stomach acids.

It is estimated that 40 percent of the population have occasional heartburn and approximately five percent have daily discomfort. Difficulty with swallowing is less common and more complicated, but solutions to these problems often bridge more than one medical specialty.

A multidisciplinary group has been formed at Lahey Hitchcock Medical Center to diagnose and treat patients with heartburn or swallowing problems.

"The Heartburn and Swallowing Disorders

Center is staffed by the experts necessary to quickly diagnose and treat the full spectrum of heartburn and swallowing problems," says David Brams, M.D., general surgeon at Lahey Hitchcock Medical Center. "The Center includes specialists in speech pathology, otolaryngology, gastroenterology, radiology, surgery and oncology who work closely together to provide an integrated solution."

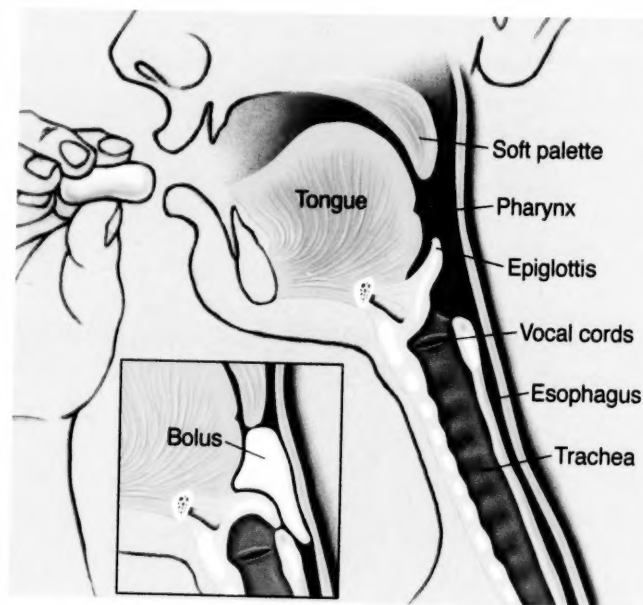
Anatomy of a Swallow

After we chew our food, mix it with saliva, and form it into a cohesive mass or "bolus," our tongue pushes it into the back of the mouth, triggering the swallowing reflex. During the swallowing sequence, the passages leading to the airway, vocal cords and nasal cavities close off to keep food from getting into the lungs, and muscles of the pharynx or the throat contract to move food toward the esophagus or "food tube." The muscles of the esophagus must work in a highly coordinated fashion to guide food into the stomach.

At the junction of the esophagus and the stomach is a muscle called the lower esophageal sphincter, which serves as a valve. It opens to allow food to pass into the stomach and closes to prevent food or stomach acids from coming back into the esophagus.

Swallowing Disorders

According to Rebecca Z. Shafir, M.A., C.C.C., speech pathologist at Lahey Hitchcock Medical Center, many neu-



During the swallowing sequence, the passages leading to the airway, vocal cords and nasal cavities close off to keep chewed food (bolus) from getting into the lungs.

rodegenerative diseases, such as stroke, Parkinson's disease, multiple sclerosis, Alzheimer's disease and amyotrophic lateral sclerosis (also called ALS or Lou Gehrig's disease) may affect the nerves involved in swallowing. Certain drugs, such as muscle relaxants and antidepressants, may affect swallowing as well. These factors can keep people from properly chewing food or moving it with the tongue, or most commonly, can interfere with the complex swallowing reflex itself. People may be at risk for aspirating (inhaling) food which can lead to a type of respiratory infection called aspiration pneumonia. In severe cases, patients may have to be fed through a tube. Difficulty swallow-

ing is a symptom that should be evaluated as soon as possible by a gastroenterologist.

Most swallowing disorders improve with treatment. Often, a speech pathologist can help the patient compensate by modifying head position, eating patterns, diet, or learning motor exercises to improve swallowing, sometimes with the help of biofeedback.

"Many patients who have had swallowing problems for months and years have never discussed it at length with their physician," says Ms. Shafir. "They may have assumed there is nothing that can be done."

Chronic Heartburn

The most common esophageal symptom is heartburn. Heartburn is usually due to an increased amount of stomach acid entering the esophagus (gastroesophageal reflux). This is often caused when the lower esophageal sphincter allows stomach acid to wash up into the esophagus. Chronic heartburn may also be due to difficulty with the esophagus clearing the normal amount of acid escaping from the stomach, or it may be due to much less common conditions such as inadequate saliva production, abnormal sensitivity of the esophagus, abnormal esophageal muscles, increased acid production, or difficulty with stomach emptying. Frequently, heartburn sufferers have a hiatal hernia, in which a small portion of the stomach pushes up in the chest cavity allowing stomach acid to wash up into the esophagus. Occasionally,

acid can escape up through the esophagus and cause hoarseness, daily cough or even recurrent pneumonias. In most cases, lifestyle changes, such as avoiding specific food, alcohol, tobacco and certain medications will control heartburn. For patients whose symptoms are not adequately controlled, or in younger patients who face lifelong daily medication, surgery can provide a long-term cure.

In the past, surgery to repair the stomach valve or a hiatal hernia has been a major undertaking requiring a large incision and four to eight weeks healing time. More recently, a minimally invasive "laparoscopic" procedure allows surgeons to make repairs through very small incisions. "Hospital stays for this type of surgery have been reduced to two days, and time out of work has been reduced to approximately five days," says Dr. Brams. "Laparoscopic surgery for heartburn has an approximately 95 percent success rate and this success is long lasting."

Esophageal Strictures

A swallowing problem caused by severe untreated reflux is narrowing of the esophagus, or esophageal stricture, most commonly from scar tissue caused by overexposure to stomach acid. "This can be treated by stretching the esophagus along with drugs that suppress production of stomach acid," says Michael E. Glick, M.D., gastroenterologist at Lahey Hitchcock Medical Center. "Occasionally, surgery is recommended."

Cancer of the Esophagus

Cancer of the esophagus traditionally has been thought to afflict heavy smokers and drinkers. Yet, according to Lahey Hitchcock Clinic thoracic and cardiovascular surgeon Warren E. Williamson, M.D., an increasingly prevalent risk factor is gastroesophageal reflux disease.

After many years of acid exposure, the tissue lining the esophagus may be replaced by abnormal tissue—a condition known as Barrett's esophagus, which puts people at 70 times greater risk of developing esophageal cancer. Approximately ten percent of patients who have endoscopy for reflux symptoms, such as heartburn, are found to have Barrett's esophagus. Individuals with Barrett's esophagus should be monitored regularly. This consists of viewing the esophageal lining with an endoscope and performing a biopsy in which a sample of tissue is removed for examination. Fortunately, monitoring Barrett's esophagus allows doctors to catch cancer of the esophagus early—when it is most treatable.

Esophageal cancer is usually treated by surgery to remove the affected portion of the esophagus. "More recently, a combination of chemotherapy and radiation therapy has been offered prior to surgery to attempt to improve our ability to cure this disease," says Dr. Williamson.

For an appointment in the Heartburn and Swallowing Disorders Center, Lahey Hitchcock Medical Center, call 781-744-3250.

Keeping Fit This Winter

Although it's tempting to hibernate in winter, the body needs exercise all year long. Aerobic exercise is ideal because it conditions the heart and lungs, and even a little exercise every week can help improve coordination and muscle tone, relieve tension and improve mood.

The key to continuing an exercise regimen is choosing enjoyable activities. Local community or senior centers can provide information about exercise classes and other popular activities, such as Tai Chi and Country/Western dancing. Other fun winter activities might include making snowmen, sledding, ice skating, bowling, indoor swimming or even tap dancing.

Looking for something different? Snowshoeing is becoming the sport of the '90s—modern aluminum snowshoes are light, fast and maneuverable and offer a vigorous cardiovascular workout.

With extra care, the elderly—even those with special health considerations—can also (and certainly should) exercise in winter. "Aerobic exercise as well as strength training is important," says Nancy Todd, N.P., who works with heart rehabilitation patients at Lahey Hitchcock Medical Center. "To strengthen muscles and improve balance, a routine can be as simple as doing arm curls and leg lifts with a pocket-book." Aerobic exercise could include climbing stairs, riding a stationary bike or walking—in the mall, along any long corridor, even around the house, as long as it's a safe environment free from ice and snow.

To help people keep in shape, Symmes Hospital and Medical Center sponsors a "Walk for Wellness" program at the Burlington Mall (781-272-8667). The program includes mall walking (8 to 10 a.m., Monday through Friday), free blood pressure checks on Tuesday (9 to 10 a.m.) and quarterly lectures. Mall walking programs are also offered at Square One Mall in Saugus (781-233-8787); Northshore Mall in Peabody (978-531-3440); Meadow Glen Mall in Medford (781-395-6710) and Liberty Tree Mall in Danvers (978-777-0794).

Note: If you're over 40 years of age, or have health concerns, be sure to consult your primary care physician before initiating an exercise program.

YOU ASKED

Question: What are the current treatments for kidney stones?

Answer: Kidney stones, calcified deposits of mineral salts, can be as small as a grain of sand or as large as your thumb. Treatment depends on their size, composition and location.

Many small stones can pass naturally out of the body, with or without pain.

"Of the kidney stones that require treatment, more than 95 percent can be eliminated with a shock-wave lithotripter," says William Bihrlé III, M.D., urologist at the Center for Renal Stone Disease at Lahey Hitchcock Medical Center. This device disintegrates stones inside the kidney with high energy waves. The patient is anesthetized and positioned in a water bath equipped with two fluoroscopic or x-

ray monitors that allow physicians to locate the kidney stones. Electrodes generate underwater acoustic shock waves, which reduce the stones to bits. This procedure is almost always done on an outpatient basis.

"Shock-wave lithotripsy is used for most types of kidney stones, except extraordinarily large stones and fairly rare stones made up of a composition called cystine," says Dr. Bihrlé.

For larger stones (that might result in too many fragments or require repeated lithotripsy treatments), percutaneous stone removal may be an option. Here, the surgeon makes a small incision in the back, then inserts an endoscope, or viewing tube, inside the kidney that can deliver ultrasound, laser or electrohydraulic energy to destroy the stone. Remaining stone fragments

can be removed through the incision.

Stones lodged in the lower portion of the ureter can be removed or reduced in size with a ureteroscope, an endoscope introduced through the bladder. A device attached to the ureteroscope can retrieve very small stones, and energy-producing probes delivered through the ureteroscope can fragment or vaporize larger stones.

"Open surgery is reserved for a minority of situations," says Dr. Bihrlé, "usually when stones are very large, complex and encompassing large areas of the kidney."

For an appointment in the Center for Renal Stone Disease, Lahey Hitchcock Medical Center, call 781-744-3250.

LAHEY HITCHCOCK CLINIC

Whether you need a primary care physician in your community or a specialist for complex problems from allergies to heart disease, Lahey Hitchcock Clinic has a doctor who's right for you.

Lahey Hitchcock offers the best of both worlds—a network that links more than 100 community-based internists, family practitioners and pediatricians throughout eastern Massachusetts with 300 doctors representing virtually every specialty and subspecialty of medicine at Lahey Hitchcock Medical Center in Burlington and Lahey Hitchcock Northshore in Peabody.

Anyone with a health concern can become a patient at Lahey Hitchcock Medical Center or Lahey Hitchcock Northshore by calling the Central Appointment Office. For those who don't have a specific doctor in mind, the Appointment Coordinators are skilled in matching patients with appropriate staff members. If you have a primary care physician and would like a referral to see a Lahey Hitchcock specialist, your physician can call the Physician Referral Office.

To be seen by a physician at a Lahey Hitchcock community practice, you should call the practice directly.

We accept all "traditional" insurance plans, HMO Blue and other Blue Cross and Blue Shield plans, the plans of Harvard Pilgrim Health Care, the Tufts Health Plans, as well as more than 35 other health insurance and managed care plans. Plan affiliations vary by location.

For a Directory of Sites or information about Lahey Hitchcock Clinic services, call 781-744-3413.

Or, see our Web Page at www.laheyhitchcock.org

To make an appointment with any physician at Lahey Hitchcock Medical Center or Lahey Hitchcock Northshore, call 781-744-3250.

For the address and number of Lahey Hitchcock Clinic community practices near you, call 1-800-524-3955.

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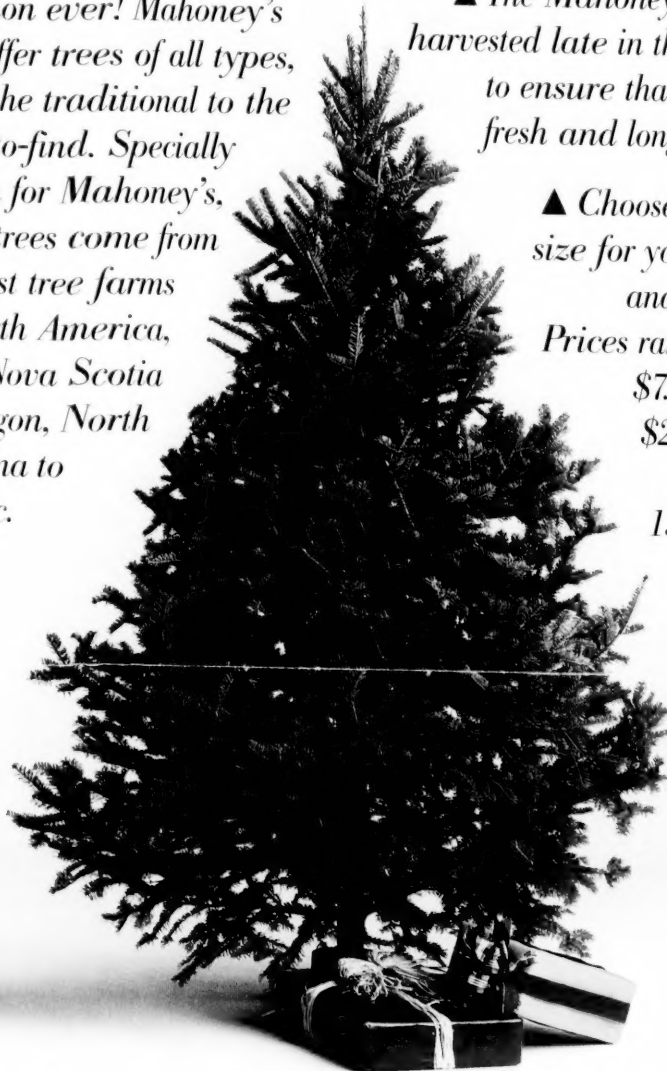
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